

JRC SCIENTIFIC INFORMATION SYSTEMS AND DATABASE REPORT

Help Seeker and Perpetrator Prevention Initiatives Child Sexual Abuse and Exploitation

*A mapping update, towards
a knowledge platform*

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2023



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ABSTRACT

Using case studies, this report illustrates how classification criteria and tags can support the knowledge around Child Sexual Abuse (CSA) help-seeker and perpetrator prevention initiatives by adopting a common taxonomy for several different stakeholders. The appendix presents an updated mapping of CSA prevention initiatives categorised by different targets.

This work provides the basis for steps towards developing a European Union (EU) knowledge platform on CSA prevention initiatives, which will support EU Member States and other stakeholders in designing and in implementing tailor-made prevention policies according to their respective cultural and societal environments and needs.

The outcomes of this report come from a long-lasting close cooperation between the European Commission's Joint Research Centre (JRC) and Directorate General Migration and Home Affairs (DG HOME), Europol, the EU Prevention Network, and interviewed practitioners and experts in combatting child sexual abuse, from prevention, detection and prosecution processes supporting the forthcoming legislation to effectively tackling child sexual abuse.

EXECUTIVE SUMMARY

Policy context

Preventing and combatting child sexual abuse and exploitation, (CSAE) is a priority for the European Union (EU). At policy level, the EU has several initiatives focusing on preventing and combatting child sexual abuse, exploitation and child pornography. Alongside identifying and prosecuting perpetrators, there is also a desire to prevent these crimes before they (re)occur.

This report focuses on the obligations set out by the Directive on combatting the sexual abuse and sexual exploitation of children and child pornography (2011/93/EU). The relevant provisions reflect Member States' obligations to invest in: (1) prevention programmes targeting people who fear they may offend, (2) people in prison, (3) and people coming out from prison to avoid any recidivism.

To support Member States with these obligations, the Joint Research Centre facilitates access, mapping and dissemination of help-seeker and perpetrator prevention initiatives, and supports the EU Prevention Network in gathering experts in this area.

Report content

The report demonstrates how classification criteria can be used to describe prevention initiatives in a structured way. The five case studies, using 14 agreed classification criteria and related keywords (tags), show how a common taxonomy fosters a comprehensive description of a specific initiative in a structured yet concise manner, thereby enhancing knowledge and comparison of prevention initiatives (Figure 1).

An updated mapping is included of existing help-seeker and perpetrator prevention initiatives gathered under four dimensions.

Presenting the updating mapping and case studies along with a common taxonomy, this work supports the formulation of prevention

policies, knowledge sharing and possible replication in different societal contexts. The taxonomy created also supports Member States and other stakeholders experiencing difficulties in implementing prevention programmes by providing a source of structured and reliable information. Furthermore, it supports the dissemination of research-based prevention work in different countries, facilitating the exchange of promising practices and enhancing the knowledge sharing, strengthening the EU's capacity to significantly reduce child sexual abuse online and offline.

Main findings

The complex coordination and necessary resources required to implement prevention initiatives have caused Member States to struggle with putting effective prevention initiatives in place, as required by the EU Directive. Moreover, exactly what Member States have achieved so far in this field remains unclear as there is no concrete framework to capture and catalogue these efforts. This hinders the possibilities of an EU-wide approach to prevention as well as the sharing of challenges, lessons learnt and possible related best practices.

Related and future JRC work

The JRC carried out a study on 'Fighting against child sexual abuse: prevention policies for offenders.' [1] followed by the 'Classification criteria for child sexual abuse and exploitation prevention programmes – Perpetration prevention initiatives' [2]. Afterwards, during 2020-2022, a series of bilateral interviews with experts were arranged to gather more detailed and in-depth knowledge on what actions EU Member States and international organisations have taken to prevent and combat this crime.

Interview findings suggested that knowledge around perpetrator prevention initiatives is neither clear, nor structured, and there was a need to work on classification criteria. Based on this

result, a working group with internationally recognised experts was established to identify and define classification criteria [2].

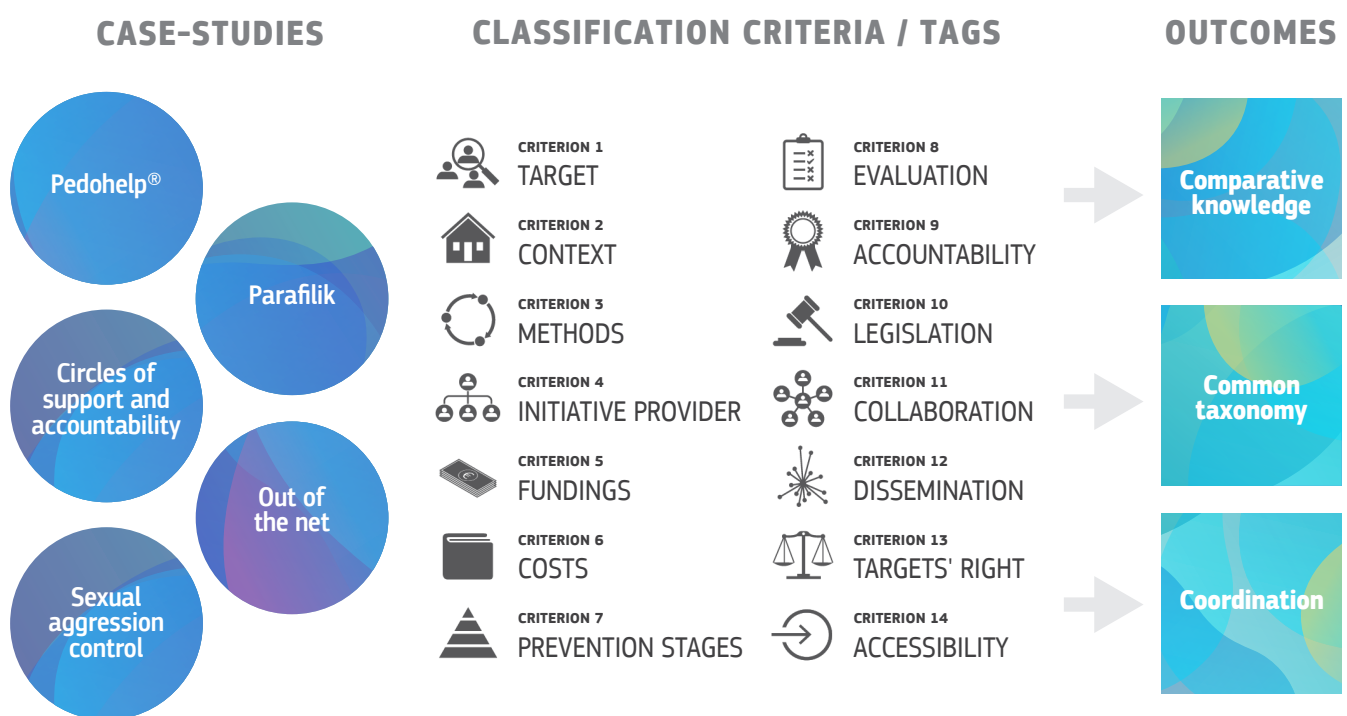
These works form the backbone of a forthcoming EU Prevention Platform to support EU Member States and other stakeholders experiencing difficulties in implementing perpetrator prevention programmes. The platform will serve as a database of national prevention initiatives, and will enhance knowledge dissemination and sharing of promising practices, including the above-mentioned case studies. This collaboration with relevant practitioners and researchers is encouraging further research on the topic. Furthermore, research on evaluation criteria is also part of the future work plan.

Stakeholders interested in taking part in these initiatives are warmly welcome to contact the report authors to find out more about the opportunity to be included in the EU Prevention Platform of classified help-seeker and perpetrator prevention initiative.

FIGURE 1

Scheme of case-studies, classification criteria and outcomes

Source: EC



1. ABOUT THIS REPORT

1.1. A three-fold perspective

This report builds upon an earlier study on mapping help-seeker and perpetrator prevention initiatives [1] and the need to access structured information that has arisen.

A response to the issue was extensively discussed in a second report presenting a pragmatic solution with classification criteria [2] and related tags. This report takes a three-fold perspective (Figure 2) based on European Union policy compliance, knowledge capacity building and research.

At policy level, the European Union has been making relevant effort towards more effectively preventing and combatting child sexual abuse, exploitation and child pornography.

Several initiatives support the issue, namely the:

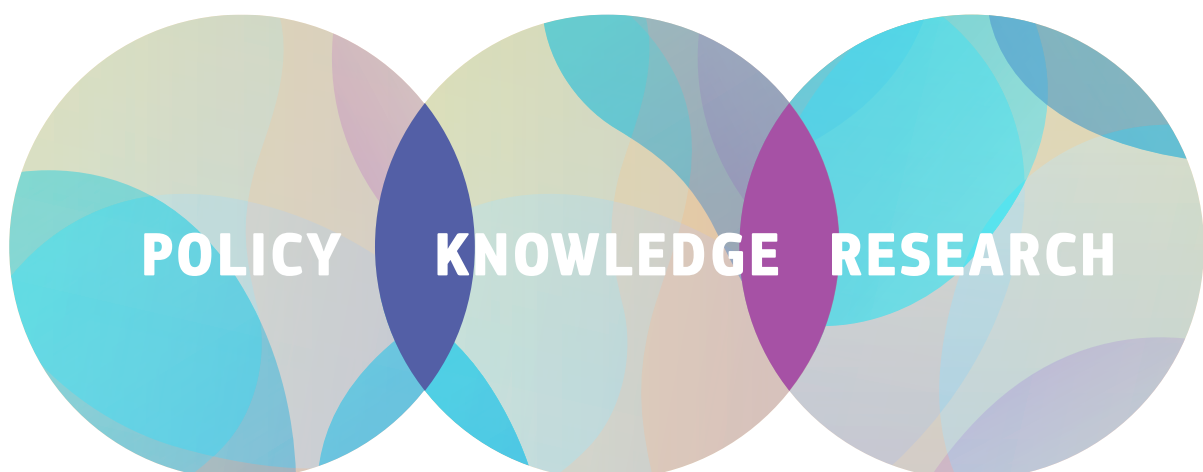
- Directive (2011/92/EU) on combatting the sexual abuse and sexual exploitation of children and child pornography [3]
- Report assessing the extent to which the MS have taken necessary measures in order to comply with Directive 2011/93/EU [4]

- Report assessing the implementation of the measures referred to in Article 25 of Directive 2011/93/EU [4]
- Council conclusions on combating the sexual abuse of children [5]
- European Parliament resolution on children's rights on the occasion of the 30th anniversary of the UN Convention on the Rights of the Child [6]
- EU Security Union Strategy [7]
- EU strategy for a more effective fight against child sexual abuse [8]
- Adoption of the ePrivacy derogation/short-term legislation [9]
- EU Strategy on the Rights of the Child [10];
- EU Strategy on victims' rights (2020-2025) [11]
- Proposal for a Regulation of the European Parliament and of the Council laying down rules to prevent and combat child sexual abuse COM/2022/209 final [12].

FIGURE 2

EU three-fold perspective to prevent and fight CSA more effectively

Source: EC



Within its mission, the Joint Research Centre coordinates knowledge management services that facilitates access, mapping and dissemination of scientific knowledge and fosters capacity building for communities. While considering the full policy framework, this report is focused on the obligations set out by the Directive (2011/93/EU) [4], requiring Member States to work towards development and implementation of intervention and treatment programmes in three areas: (potential) offenders before any abuse occurs; convicted offenders in prisons; and convicted offenders after they leave prison to fight against recidivism.

This European Commission work is aiming to support Member States' efforts in this area, facilitating the exchange of promising practices and lessons learned.

The Cyber and Digital Citizens' Security research team of the JRC is working in close cooperation with DG HOME and Europol in the fight against child sexual abuse with a series of research activities providing scientific support on prevention, detection and prosecution processes. The team has been strengthening the research activities around prevention in several ways.

The JRC carried out a study on 'Fighting against child sexual abuse: prevention policies for offenders.' [1] followed by the recent published work on 'Classification criteria for child sexual abuse and exploitation prevention programmes – Perpetration prevention initiatives' [2]. To initiate this last study and updated mapping, a preliminary literature review and desk research was conducted.

Afterwards, during 2020-2022, a series of bilateral interviews with experts were arranged to gather more detailed and in-depth knowledge on what actions EU Member States and international organisations have taken to prevent and combat this crime. Interview findings suggested that knowledge around perpetrator prevention initiatives is not clear, nor structured, and there was a need to work on classification criteria. Based on this result, a working group with internationally recognised experts was established to identify and define classification criteria [2].

These works formed the backbone of a forthcoming EU knowledge platform to be used by EU Member States and other stakeholders experiencing difficulties in implementing perpetrator prevention programmes. The EU prevention

platform would serve as a repository of national prevention initiatives, and would enhance knowledge dissemination and sharing of promising practices.

This collaboration with relevant practitioners and researchers – partly belonging to the EU Prevention Network – is encouraging further research on the topic. However, research on evaluation criteria is also part of the future work plan.

1.2. Update mapping highlights

This report focuses on showcasing how classification criteria can be applied to describe prevention initiatives in a structured way. The case studies will, on the one hand, serve as examples to those interested in illustrating their own initiative and in taking part in the prevention initiatives knowledge platform.

On the other hand, they will provide structured and classified knowledge to stakeholders interested in implementing promising prevention programmes in their own national context. Additionally, this harmonised approach will sustain and ease the comparison between criteria and, thus, programmes.

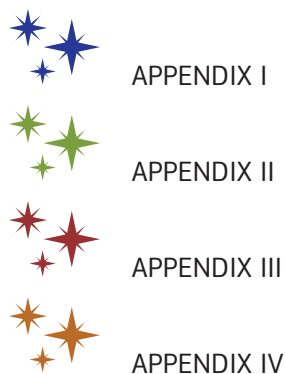
This work is complemented by an updated mapping of initiatives. This mapping presents the help-seeker and perpetrator prevention initiatives gathered under the four dimensions:

- (1) prevention programmes targeting people who fear they may offend,
- (2) people undergoing criminal proceedings or who are serving a prison sentence for crimes relating to sexual offences against children,
- (3) people coming out of prison to avoid any recidivism,
- (4) juveniles.
- The newly reported initiatives are labelled with the following icons in the Appendices, (Figure 3):

FIGURE 3

Icons labelling new initiatives in the Appendices

Source: EC



1.3. Structure of the report

This report is organised as follows:

- ▶ Section 1 provides background explanations about the study and the effort to better prevent and fight child sexual abuse and exploitation with a three-fold perspective;
- ▶ Section 2 summarises the efforts made to reach a common taxonomy with classification criteria and tags;
- ▶ Section 3 illustrates the case studies under the classification criteria;
- ▶ Section 4 presents the international landscape of other prevention initiatives mapping;
- ▶ Section 5 looks at next steps and the idea of developing an EU Knowledge Prevention Portal;
- ▶ Section 6 summarises the main conclusions;
- ▶ Section 7 presents the updated mapping of initiatives categorised by different targets.



2. CLASSIFICATION CRITERIA

On 11 May 2022, the European Commission published a proposal to prevent and combat child sexual abuse. The legislation puts a strong emphasis on prevention, and reiterates the importance of setting up and implementing effective prevention initiatives targeting: **1.** people who fear they may offend; **2.** people undergoing criminal proceedings or who are serving a prison sentence for crimes relating to sexual offences against children; **3.** people coming out of prison to avoid any recidivism

Although preventing and combatting child sexual abuse is a priority of the European Union, coming up with a common EU-wide approach has been hindered by the lack of a concrete framework to categorise what Member States have already accomplished. A plethora of different terminologies and taxonomies exists to describe prevention programmes, making the information about such initiatives limited, unclear and unstructured. Furthermore, several stakeholders made a significant effort to create mappings and databases on existing prevention initiatives worldwide (See Chapter 4). However, there were no criteria for classifying CSA perpetrator prevention programmes throughout the EU.

To address this issue, the JRC, DG HOME, members of the EU Prevention Network and interviewed practitioners and experts reached a common consensus on the idea that in order to raise awareness of existing perpetrator prevention programmes, it was deemed necessary to, firstly, categorise and, secondly, evaluate them. For this purpose, a dedicated working group was established and the output of this common effort are 14 classification criteria that will support EU Member States experiencing difficulties in implementing prevention programmes, by providing a source of structured and reliable information. This classification will also support the dissemination of research-based prevention work in different countries. The 14 agreed classification criteria and related keywords (tags) are described in the dedicated JRC technical report [2] and in annex I. Keywords are significant words used to describe a prevention programme and, when applied to a possible repository/database of initiatives, they enhance search and retrieval either for persons who are seeking help or anyone who wishes to know more about the specific programme/s described.



CRITERION 1
TARGET



CRITERION 2
CONTEXT



CRITERION 3
METHODS



CRITERION 4
INITIATIVE PROVIDER



CRITERION 5
FUNDINGS



CRITERION 6
COSTS



CRITERION 7
PREVENTION STAGES



CRITERION 8
EVALUATION



CRITERION 9
ACCOUNTABILITY



CRITERION 10
LEGISLATION



CRITERION 11
COLLABORATION



CRITERION 12
DISSEMINATION



CRITERION 13
TARGETS' RIGHTS



CRITERION 14
ACCESSIBILITY



3. CASE STUDIES USING CLASSIFICATION CRITERIA AND TAGS

Enlightened by the 14 agreed classification criteria and related keywords (tags), this section of the document provides five illustrative examples to show how the common taxonomy may be utilised to classify specific prevention programmes and initiatives.

The reader can acknowledge that many facets are covered by this classification, fostering a comprehensive description of the initiative in a structured yet concise manner. With regard to the following case studies, we also would like to illustrate the added value covered by the classification criteria in enhancing knowledge and comparison around prevention initiatives.

Aspects like funding, target costs, target rights, accessibility, accountability and evaluation are scarcely disclosed during the initiatives' promotion. Collaboration with interested entities is also reported, underlining the need for a coordinated and multi-cooperation approach, as set out by the EU strategy for a more effective fight against child sexual abuse [8]. Additionally, the reader, who would like to know more, is directed to more in-depth details through links and references to publications, where available.

In the next session we report on five case studies under the following categories:

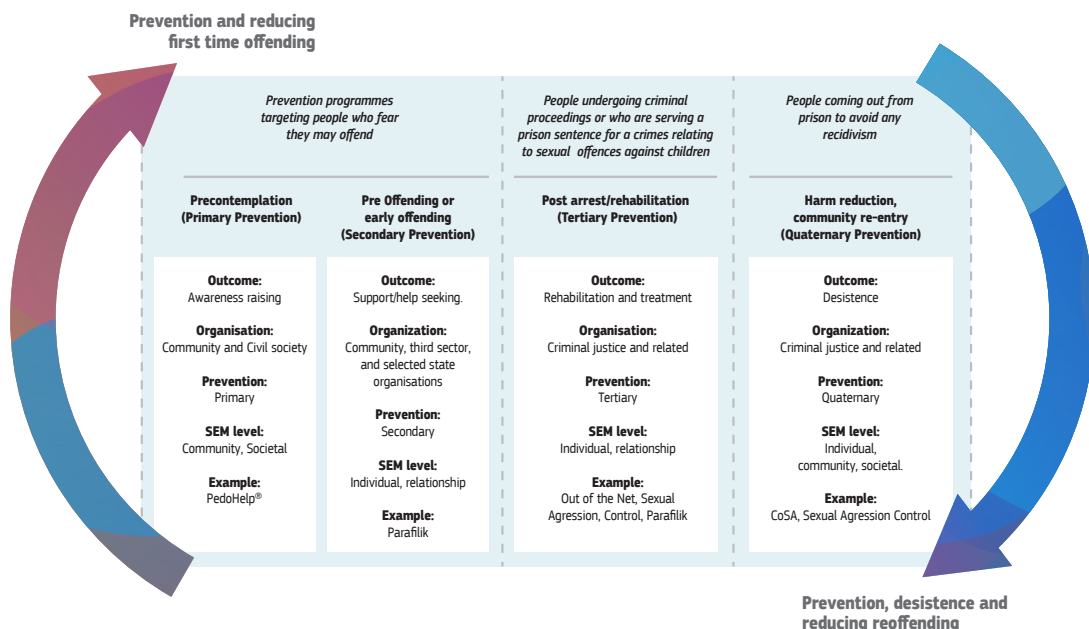
1. prevention programme providing information on paedophilia and sexual violence against children,
2. prevention programmes targeting people who fear they may offend,
3. people undergoing criminal proceedings or who are serving a prison sentence for crimes relating to sexual offences against children,
4. people coming out of prison to avoid any recidivism.

The case studies have been approved by the entities carrying out the prevention activities and by the European Commission. They serve to provide as much information as possible about the entity providing the prevention initiative so that the information can be generalised to many others. The illustration below (Figure 4) also frames the case studies within the prevention stages: primary, secondary, tertiary and quaternary.

FIGURE 4

Prevention initiatives within the Prevention stages

Source: Kieran McCartan, University of the West of England, Bristol, UK - EC (Redesign EC)



3.1. PedoHelp®

FRANCE



CRITERION 1 TARGET

Preventing child sexual abuse by:

- ▶ providing information on paedophilia and sexual violence against children;
- ▶ training professionals (Health, Justice, Childhood, Social, etc.);
- ▶ encouraging people who feel the need to ask for help;
- ▶ diverting the search for child pornography content.

[Tag/s: paedophilia, children, help, pornography, pre-offending behaviour]



CRITERION 2 CONTEXT

Online websites, downloadable resources and paper-based books in various languages. The website offers self-support with an FAQ session.

The PedoHelp® website provides a list of worldwide direct links (Africa, Middle East, India, Europe and Russia, Latin and North America) to entities involved in prevention programmes at national level.

[Tag/s: online, help/self-help website]



CRITERION 3 METHODS

The initiative provides **ready-for-use resources**.

Under the section 'Learn', users can 'Search, read, watch, learn & share'. <https://pedo.help/blog-en/>

The website offers **self-support** with an FAQ session. A charter is also available. By signing the charter, the signee makes a commitment to never abuse any child.

<https://pedo.help/#charter>

<https://pedo.help/blog-en/>

[Tag/s: online support and guidance, ready-for-use resources]



CRITERION 4 INITIATIVE PROVIDER

PedoHelp® – International project coordinated by Association Une Vie. PedoHelp® is an international, eco-friendly, free-of-charge, inclusive awareness project led by the French non-profit Association Une Vie. Association Une Vie® is an international charity committed to fighting child sexual abuse, aiming at spreading awareness all over the world, in more than 30 languages. The PedoHelp® project was developed from 2015 to 2019. It is now complete, but its awareness content is still available. Contacts: President Sébastien Brochot.

<https://1vie.org/contact/>

PedoHelp® works in strict collaboration with the French national helpline for people attracted to children, called 'Numéro STOP' (Service Téléphonique d'Orientation et de Prévention) (+33 (0)806 23 10 63), set up and managed by the FFCRIAVS (Fédération française des Centres Ressources pour les Intervenants auprès des Auteurs de Violences Sexuelles).

<http://dispositifstop.fr/>

[Tag/s: non-governmental organisation, charity, helpline]



CRITERION 5 FUNDING

A dedicated page for donations is available. The association does not pay any salaries and only works thanks to the commitment of volunteers and the help they receive. The budget report is freely accessible on our website.

<https://1vie.org/dl/ph/d/1v-ph-en.pdf>

[Tag/s: donation, volunteers, help]



CRITERION 6 COSTS

PedoHelp® is an international, eco-friendly, free-of-charge, inclusive awareness project led by the French non-profit Association Une Vie®.

[Tag/s: free of charge, non-profit]



CRITERION 7 PREVENTION STAGES

Even though the main slogans of the projects are directed at people who are sexually attracted towards children and fear they may offend, all levels of prevention can be considered to be tackled. Awareness-raising guides and videos for children, parents, professionals and others are available.

[Tag/s: all levels, primary, secondary, tertiary and quaternary, awareness raising]



CRITERION 8 EVALUATION

The assessment of the international project 'PedoHelp® – A global strategy to prevent child sexual abuse 2015–2019' is available at this link:

<https://1vie.org/dl/ph/d/1v-ph-en.pdf>

[Tag/s: assessment]



CRITERION 9 ACCOUNTABILITY

The PedoHelp® project was recognised as 'promising practice' by the Lanzarote Committee of the Council of Europe. The Lanzarote Committee (Committee of Parties to the Council of Europe Convention on the Protection of Children against Sexual Exploitation and Sexual Abuse) is the body established to ensure the effective implementation of the Lanzarote Convention by the Parties.

Composed of representatives of current and potential Parties to the Convention, the Committee assesses the situation regarding the protection of children from sexual violence at national level on the basis of information submitted by national authorities and various sources in response to the General Overview Questionnaire and the Thematic Questionnaire. In the Lanzarote Committee's second implementation report (page 55) available at:

<https://rm.coe.int/t-es-2017-12-fr-final-lanzarotecommitteereportcircleoftruststrategies/16807b8a61>

The project has developed many partnerships with renowned institutions, including the FF-CRIAVS, the ARTAAS, the AIUS, the SFSC and Saint-Maurice Hospitals.

[Tag/s: promising practice, implementation, questionnaire, committee, partnerships]



CRITERION 10 LEGISLATION

PedoHelp® is an international, eco-friendly, free-of-charge, inclusive awareness project led by the French non-profit Association Une Vie based in France. French national legislation applies.

[Tag/s: national legislation]



CRITERION 11

COLLABORATION

PedoHelp®'s partners within countries are listed here:

<https://pedo.help/about/>

Fédération Française des Centres Ressources pour les Intervenants auprès des Auteurs de Violences Sexuelles (FFCRIAIVS); Association pour la Recherche et le Traitement des Auteurs d'Aggressions Sexuelles (ARTAAS); Association Interdisciplinaire post Universitaire de Sexologie (AIUS); Société Française de Sexologie Clinique (SFSC); Syndicat National des Sexologues Cliniciens (SNSC); Association Par les mots... apaiser les maux; PrevenSi (Spain); Prostasia (USA); Associazione io-NO! (Switzerland); Centre Ressources pour Intervenants auprès d'Auteurs de Violences Sexuelles Île-de-France (CRIAIVS IdF).

[Tag/s: partners, within countries]



CRITERION 12

DISSEMINATION

PedoHelp® is an international charity committed to fighting against child sexual abuse, aiming at spreading awareness all over the world, in more than 30 languages. A dedicated page with links to articles, reports and other media coverage is available here:

<https://pedo.help/sources/>

There is a YouTube channel with several interviews and communications by experts in the field (in French with subtitles):

https://www.youtube.com/channel/UCagkV3o_qcd-IPuFuciy651g/videos?reload=9&app=desktop

[Tag/s: awareness, media coverage, YouTube channel, experts interviews]



CRITERION 13

TARGETS' RIGHTS

The information does not appear to be directly available online. To be checked with the initiative provider.

[Tag/s: n/a]



CRITERION 14

ACCESSIBILITY

Resources in 30 different languages. Videos and simple guides without jargon are available. There is a YouTube channel with several interviews and communications by experts in the field (in French with subtitles):

<https://www.youtube.com/@PedoHelpProject>

[Tag/s: translations in different languages, jargon, simple guides, with subtitles]

3.2. Paraflík

CZECH REPUBLIC



CRITERION 1 TARGET

Programme for:

- ▶ people who fear they may offend (adults with paraphilic preferences: paedophilia / hebephilia / other paraphilias / CSAM users with paraphilic preferences),
- ▶ convicted offenders (with diagnosed paraphilic preferences) after they leave prison / after inpatient treatment,
- ▶ persons close to people with paraphilic preferences (partners / family members).

[Tag/s: adults, pre-offending behaviour, paedophilia, hebephilia, paraphilia, consuming CSAM, partners/family members]



CRITERION 2 CONTEXT

The Paraflík prevention programme offers a complex system of interventions (see Criterion 3) in various contexts. The low threshold services include website (psychoeducation, information, destigmatisation) and online counselling (text responses with 5-day limit, allowing continuous individualised anonymous continuity of responses). The Paraflík Helpline can be accessed via telephone or online. It serves as a crisis line as well as offering limited (3-5 sessions) crisis counselling on request.

The contact service offers long-term contact psychotherapy in a group or individual setting, preferably on-site but online individual therapy is available (length between 6 months to 12 months). Additional partnership therapy is also offered to clients of the programme. All services are currently provided anonymously and free of

charge within the 2020-2023 period. Psychoeducation is an integrated part of all services. Therapeutic services (group, individual, couples) and psychoeducation modules are primarily offered in-person, but can be offered online.

[Tag/s: group therapy, (online) individual therapy, helpline, online counselling, help website, psychoeducation]



CRITERION 3 METHODS

The project is focused on the systematic stepped-care solution for the difficult situation of self-identifying paraphilics. The aim of the project is to initiate the development of a platform for available early therapeutic and supportive intervention. The aim is achieved with the active cooperation of a platform of scientists and key stakeholders in the field of crime prevention and sexology (see Criterion 11). This concept is innovative in the Czech Republic and there are ambitions to shift the focus of preventive measures against sexual violence towards early intervention directly aimed at risk groups in an effort to prevent future crimes.

The Paraflík project currently offers four methods of intervention (anonymous, free of charge), as follows.

Website – informational source for target population (see Criterion 1), but also general population:

<https://paraflik.cz/>

Online text counselling – professional advice online. Individuals can post a question (option to ask anonymously) regarding their problematic sexual interests (PSI) or PSI of their loved ones that are answered within 5 days. The questions are answered publicly or directly to the ques-

tioner, who can keep their personal ID for potential re-contact.

Paraphile helpline – for people with problematic sexual interests/preferences to alleviate the difficult situation of a caller by talking anonymously to an expert in the field of sexuality. Helpline is a short-term contact, limited to a maximum of three sessions of 45 minutes, by telephone or online via the Cisco Webex platform. If appropriate, the advisors encourage callers to undergo further treatment.

Therapeutic services – the goal of specialised, long-term therapy is to improve clients' well-being, social skills, management of sexual fantasies, impulses and behaviour by increasing protective factors (e.g. empathy, self-control) and by reducing risk factors (e.g. cognitive distortions, loneliness, isolation). Before therapy, clients have to complete (1) an initial telephone screening, (2) an anamnestic interview, (3) standardised assessment tools (Stable-2007, Acute-2007, SVR, SAPROF), (4) psychoeducation modules and (5) a motivational interview. Based on the information obtained, the client is assigned to either the high-priority (1x/week) or low-priority (1x/2 weeks).

Another option is individual therapy. If necessary, couples therapy is offered. For those who cannot access the on-site treatment, individual and couples therapy is also provided via online sessions. In addition to psychotherapy, medication can be prescribed, but the client cannot remain anonymous. After completion of the therapeutic programme (approx. 0.5–1.5 years), aftercare (maintenance therapy) is provided. The deterrence messaging has been implemented in 2022 in cooperation with porn-websites (e.g. pornhub), google ads and Czech hot-line cz.nic redirect people searching for problematic contents in the clearweb to the help-line.

[Tag/s: group therapy, (online) individual therapy, helpline, online counselling, help website, psychoeducation] online support and guidance, ready-for-use resources.]



CRITERION 4

INITIATIVE PROVIDER

Project Parafilik
Center for Sexual Health and Interventions
National Institute of Mental Health

Topolová 748
250 67 Klecany
Czech Republic
parafilik@nudz.cz

<https://parafilik.cz/> - page for clients
www.projektparafilik.cz/ - project page

Katerina Klapilova, Ph.D. (ECPS), Head of the
Center of Sexual Health and Intervention.

[Tag/s: medical institution, research institute]



CRITERION 5

FUNDINGS

The project is currently in the piloting stage. It has been granted a limited time period of 46 months (2019-2023; ESIF/OP Employment; CZ.03.3.X/0.0/0.0/15_018/001154 0). The funds are composed of an EU contribution (90.86%) operated by the Ministry of Labour and Social Affairs and the state budget contribution (9.14%). The sustainability of the contact services in the frame of the health care system has been negotiated

[Tag/s: government ministries]



CRITERION 6

COSTS

Provider costs: the clinical team consists of psychologists, sexologists and psychiatrists, but due to the innovative nature of the project in the Czech Republic, a substantial financial cost was allocated to expert education and the work of research part of the team, see Criterion 13.

User costs: four methods of intervention (web-site, online counselling, helpline, therapeutic services) are offered free of charge for clients for the period granted. The project will suggest means of sustainability for each intervention method. Medication optional (health insurance).

[Tag/s: free of charge]

**CRITERION 7****PREVENTION STAGES**

Secondary (individual, targeted and offence-specific messaging; awareness raising, advertising campaign), tertiary (treatment and rehabilitation).

[Tag/s: secondary, tertiary]

**CRITERION 8****EVALUATION**

The team has internal evaluation experts and regularly consults the progress with the external evaluator. Three evaluation reports will be produced from the project (1 per year of implementation) and will be available on the project pages at:

www.projektparafilik.cz/

The evaluation structure has two main parts – process and impact evaluation. Each intervention method has its own evaluation strategy.

The counterfactual evaluation design is suggested (combined with several qualitative additional methods, e.g. the most significant change) to test the impact of the long-term therapeutic intervention method. The data related to the treated clients will be compared to the data for the untreated control group (paraphiles from communities; outpatient treatment as usual). For this part of the project, cost-effectiveness analyses are also planned. The results should be completed in 2023.

As for data management, the pre-post design is being used, which includes standard risk-assessment tools and a battery of self-assessment questionnaires (mental health, well-being, suicidality) completed by clients.

[Tag/s: internal evaluation]

**CRITERION 9****ACCOUNTABILITY**

An International/National Advisory Board and an Advisory Clinical Platform were established on launching the project, which have regular

meetings and assess and provide feedback on the project's progress (see Criterion 11).

An evaluation plan was prepared in the first year of project implementation. The plan includes annual monitoring of the progress at project level and at impact level.

The funding of the project is being certified within a 6-month period.

Standard risk-assessment tools were translated and are being used (innovative step in the Czech Republic, where standardised risk-assessment tools were not implemented).

Research part of the project Parafilik is approved by the Ethical Committee at the National Institute of Mental Health.

Press releases are issued regularly through the National Institute of Mental Health (5 in total).

[Tag/s: Ethical board, Advisory Board]

**CRITERION 10****LEGISLATION**

Project follows national legislation. Experts are bound by confidentiality (Health Services Act, 371/2011 Sb., § 51) and are not obliged to report information about sexual offences committed in the past, such as rape or consumption and possession of CSAM (Section 367, Act No. 40/2009). The exceptions for breaching confidentiality for past crimes involve murder, torture or child sexual exploitation for CSAM (Section 367, Act No. 40/2009 of the Criminal Code of the CR).

On the other hand, experts are obliged to intervene should they find out about a planned or ongoing sexual offence (rape, child sexual exploitation for production of CSAM).

The age of consent in the Czech Republic is 15 years old. Clients are informed about Czech legislation and reporting obligations when they enter the project via any method of intervention.

[Tag/s: national legislation]



CRITERION 11

COLLABORATION

The National Advisory Board meets 2x/year to discuss the progress of the project and consists of:

- ▶ Ministry of Labour and Social Affairs
- ▶ Ministry of Health
- ▶ Ministry of Interior (Department of Crime Prevention)
- ▶ Institute of Criminology and Social Prevention
- ▶ Peers from the Czech paedophile community (ČEPEK)
- ▶ Czech Police Presidium (Department of Crime Prevention)
- ▶ Czech Society of Sexology (SS ČLS JEP)
- ▶ Czech Psychiatric Society (PS ČLS JEP)

The goal of the International Advisory Board is to provide 'good examples' of project implementation, training for therapists and continuous feedback on progress. The full board meets online or on-site 1x/year. Separate meetings with international experts on various areas are also organised:

- ▶ Kein Täter Werden, Charité, Berlin, Germany
- ▶ I Can Change, Hannover, Germany
- ▶ Stop It Now! UK and Ireland
- ▶ LFF, UK
- ▶ Sexual Behaviors Clinic, Canada
- ▶ StopSO, UK
- ▶ PrevenTell/ANOVA, Sweden
- ▶ ANOVA, Sweden
- ▶ Moore Centre for the Prevention of Child Sexual Abuse, USA
- ▶ Institute for Sex Research, Sexual Medicine and Forensic Psychiatry, Hamburg, Germany
- ▶ Colm Gagnon, pathfinderlabs.nz.

Additionally, the Paraflilik project cooperates with other local organisations that deal with sexual abuse/violence from different perspectives (e.g. victims of sexual violence, probation services, police).

[Tag/s: ministries, law enforcement agencies, prisons and probation services, national level]



CRITERION 12

DISSEMINATION

Distinct dissemination activities are tailored to a different audience, as follows.

To target groups – the aim is to inform and recruit to the project. These groups are targeted through various recruitment strategies: 1) a client-oriented website, social networks (Facebook), targeted/deterrence messaging (Google ads, cooperation with MindGeek), public media campaigns (interviews, press releases, TV adverts) and leaflets in hospitals and sexologist's offices (can be found here):

<https://paraflilik.cz/pro-odborniky>

Original TV adverts, created for the purpose of the project, were:

<https://www.youtube.com/watch?v=nG1lwp-RcCM>

<https://www.youtube.com/watch?v=Q71JLseHF54>:

<https://www.youtube.com/watch?v=MXxeBYF5xTs>.

To scientific audiences – as a part of the project, many surveys have been conducted in communities, expert populations and the general public, the Czech situational analyses of current state of the art of the system of prevention against sexual violence have been published in the form of on-line report and the impact of all interventions measured. Scientific results are presented in the national and the international societies in the field (CSSM – Czech Society for Sexual Medicine, ESSM – European Society for Sexual Medicine, ATSA – Association for the Treatment of Sexual Abusers, IATSO – International Association for the Treatment of Sexual Offenders.) and several papers were published in scientific journals.

To date, the scientific results have been awarded the Hynie's prize for the best publication

in the field of sexology in the Czech Republic (2021) for the paper Bártová, K., Androvičová, R., Krejčová, L., Weiss, P. & Klapilová, K. (2021), 'The prevalence of paraphilic interests in the Czech population: Preference, arousal, the use of pornography, fantasy, and behavior', The Journal of Sex Research, Vol. 58(1), pp. 86-96.

To professionals in the field of healthcare working with the target group – addressed through websites, professional conferences. Two training courses for healthcare specialists are piloted within the scope of the project and are planned to be accredited in the Czech Republic. To professionals of the crime prevention – addressed through website, professional conferences. The team Parafilik has developed and is delivering long-term professional training courses and supervision for health care specialists to build the network of certified specialist across all Czech regions. Short term courses are delivered to police, probation officers and social workers across country. All education activities are evaluated.

To the wider public – the aim is to provide information about the project and the destigmatisation of people with paraphilia. The Parafilik project is regularly highlighted in the Czech media. Here you can find links for press releases and main media outcomes:

<https://parafilik.cz/media/napsali-o-nas/>

[Tag/s: awareness, media coverage, expert interviews]



CRITERION 13

TARGETS' RIGHTS

Anonymity is ensured for target groups 1 (people with paraphilia, who fear they may offend) and 2 (those close to paraphiles; see Criterion 1). Each client has a unique PIN code, generated upon entering the project. Documentation is stored under the unique PIN code. Target group 2 (convicted offenders after they leave prison / inpatient treatment to fight against recidivism) is not anonymous. The therapist is in contact with a doctor (after signed agreement by the client), who has the client in court-ordered outpatient care and therapeutic progress is discussed.

Information about the reporting law is communicated during initial contact. Users of on-line counselling are informed on the main page, callers to the helpline during initial contact, (potential) clients using therapeutic services during initial screening. Clients using therapeutic services also need to sign an informed consent about the therapeutic programme, research part of the programme and information about the mandatory reporting law in CR. Furthermore, all clients sign the General Data Protection Regulation (GDPR) documentation. Once the client starts the therapy process they also sign a therapeutic contract. Lawyer specialised for sexology area is contracted to provide continuous consulting of cases. The website is run according to Regulation (EU) 2016/679 on the GDPR.

The expert team consists of psychologists, sexologists and psychiatrists. Team members received appropriate professional training provided by national as well as international leading experts in the field of therapeutic and crisis intervention focused on the specific target groups, e.g. The Berlin Dissexuality Therapy; Therapeutic Practice with Sex Offenders, StopSO; Good Lives Model (D. Prescott); ESSM School of Sexual Medicine. The whole team was trained to use several risk assessment tools by licensed trainers (HCR, SVR-20, SAPROF, Static-99R, Stable-2007, Static-2007). Advisors managing the helpline were trained by Stop It Now! UK and Ireland.

[Tag/s: informed consent, anonymity, data protection]



CRITERION 14

ACCESSIBILITY

At the moment, services are offered only in Czech. Some clients are, however, Slovak citizens.

[Tag/s: N.A.]

3.3. Out of the Net

SPAIN



CRITERION 1 TARGET

Programme for convicted persons of an internet sex offence.

It is mostly applied to offenders serving a suspended sentence (the programme is mandatory for the suspension of the prison sentence) but it may also be applied for offenders in prison (voluntary treatment).

[Tag/s : convicted, adults, juveniles, CSAM consumption]



CRITERION 2 CONTEXT

The programme is mostly applied in-person but it can also be applied in a mixed format (offline and online).

[Tag/s: individual/group therapy, in person, mixed format (online/offline)]



CRITERION 3 METHODS

The programme is a cognitive behavioural intervention that is delivered individually or as a group therapy, depending on the number of offenders currently awaiting intervention and on the individual needs of each case.

[Tag/s: CBT, cognitive behavioural therapy]



CRITERION 4 INITIATIVE PROVIDER

The programme is provided by probation psychologists, prison psychologists and professionals of NGOs, specialised in working with sex offenders. The programme is delivered nationwide. The prison and probation psychologists are public employees of the Secretariat General of Penitentiary Institutions.

NGOs are diverse: H-Amikeco, Psicología sin Fronteras, Psicofundación, Nueva Vida y Cruz Roja, among others.

[Tag/s: probation service, prison, NGOs]



CRITERION 5 FUNDING

Funding is public. In the event that the programme is delivered by public employees (probation and prison psychologists), this is one of their daily tasks. In the event that the programme is delivered by NGOs, they are usually funded by annual state public grants. These grants are handled by the Ministry of Social Affairs, with the positive report of the Secretariat General of Penitentiary Institutions (Ministry of Interior).

[Tag/s: public, government annual grant, Ministry of Social Affairs, Ministry of Interior]



CRITERION 6 COSTS

Provider costs: fixed, variable, operational, staff, administrative costs.

User costs: free of charge.

[Tag/s: free of charge]



CRITERION 7

PREVENTION STAGES

This programme is mainly delivered to offenders who are serving a suspended sentence. They are primary offenders who are first sentenced to a prison sentence of up to 2 years, and then the prison sentence is suspended for a period of time (2 to 5 years). During the probation period, the offender has to undergo this treatment programme. If the offender does not participate in the programme, abandon it or displays negative behaviour, they are reported to the judge and could be sent to prison. Considering this information, the prevention stage is quaternary.

[Tag/s: supported harm reduction, community integration, suspended sentence]



CRITERION 8

EVALUATION

No evaluation carried out so far.

[Tag/s: n/a]



CRITERION 9

ACCOUNTABILITY

The programme's manual was published in 2015 and is available for all providers (probation psychologists and NGOs). The manual is divided into modules and sessions. All of the activities to be carried out are explained in detail. In some probation offices, there are 'probation supervisors' that control whether the programmes are implemented as they are supposed to be.

There are written agreements between the Secretariat General of Penitentiary Institutions and the NGOs on programme delivery. These agreements include information on the duties of every stakeholder, human resources, potential costs, coordination, confidentiality and data protection, among other aspects.

The National Probation Service and staff from the most representative NGOs form a board that meets three times per year to discuss programme implementation, evaluations, dissemination, good practices, etc.

[Tag/s: manual, probation supervisors, programme monitoring, intersectoral collaboration]



CRITERION 10

LEGISLATION

According to the Spanish Criminal Code, one of the mandatory rules that judges may consider when suspending a prison sentence is the participation of the offender in a treatment programme linked to the offence. (Art. 83, Criminal Code). For internet sex offences (consumption of sexual abuse imagery), the penalty is between 4 months and 1 year of imprisonment, according to the Criminal Code. In addition, according to national legislation, the suspension of the prison sentence is for cases of up to 2 years of imprisonment. For this reason, most internet sex offenders get a penalty of 1 year of imprisonment that is suspended under the obligation to participate in the Out of the Net programme.

[Tag/s: consumption of sexual abuse images, internet sex offence]



CRITERION 11

COLLABORATION

There is a board, formed of staff from the National Probation Service and staff from the most representative NGOs, which meets three times per year to discuss programme implementation, evaluations, dissemination, good practices, etc.

[Tag/s: intersectoral collaboration, public-private, national level]



CRITERION 12

DISSEMINATION

Manual sharing within probation services at national level. Professional working groups with

probation psychologists and NGOs, reputable members

[Tag/s: manual, conferences, stakeholders' meeting, government, university, public health institution]



CRITERION 13

TARGETS' RIGHTS

In terms of data protection, we have the highest security standards in data processing. All our files are registered with the State Agency for Data Protection and are adapted to the procedures established by them. All rights of the convicts are guaranteed with the application of current legislation on data protection. The studies and investigations are also carried out with the strictest compliance with the legislation, and our internal procedures are based on it.

Data access, rectification and deletion procedures are collected on our website. The Service Charter provides for a complaints and suggestion procedure supervised by the Prison Inspection, which also includes data protection.

[Tag/s: data protection, security standards, rules on safety and anonymity]



CRITERION 14

ACCESSIBILITY

For the hearing-impaired, the Spanish prison and probation services have a collaboration with the National Confederation for Deaf People so treatment programmes are delivered by psychologists who know sign language.

[Tag/s: impairment]

3.4. Sexual Aggression Control

SPAIN



CRITERION 1 TARGET

Programme for convicted persons of a sex offence. It is applied in two different contexts: offenders serving a prison sentence (voluntary treatment) and offenders under probation. For probationers, there are two options: offenders with suspended sentences (the programme is a condition for the suspension) and offenders serving community service (the Spanish legislation allows community service to be served by the offender participating in treatment programmes).

[Tag/s: convicted, sex offence, prison, probation]



CRITERION 2 CONTEXT

The programme is mostly applied in-person but it can also be applied in a mixed format (offline and online).

[Tag/s: individual/group therapy, in person, mixed format (online/offline)]



CRITERION 3 METHODS

The programme is a cognitive behavioural intervention that is delivered individually or as a group therapy, depending on the number of offenders currently awaiting intervention and on the individual needs of each case.

[Tag/s: cognitive behavioural therapy (CBT)]



CRITERION 4 INITIATIVE PROVIDER

The programme is provided by prison and probation psychologists, and professionals of NGOs, specialised in working with sex offenders. The programme is delivered nationwide. The prison and probation psychologists are public employees of the Secretariat General of Penitentiary Institutions. NGOs are diverse: H-Amikeco, Psicología sin Fronteras, Psicofundación, Nueva Vida y Cruz Roja, among others.

[Tag/s: prison service, probation, NGOs]



CRITERION 5 FUNDING

Funding is public. In the event that the programme is delivered by public employees (prison and probation psychologists), this is one of their daily tasks. In the event that the programme is delivered by NGOs, they are usually funded by annual state public grants. These grants are handled by the Ministry of Social Affairs, with the positive report of the Secretariat General of Penitentiary Institutions (Ministry of Interior).

[Tag/s: public, government annual grant, Ministry of Social Affairs, Ministry of Interior]



CRITERION 6 COSTS

Provider costs: fixed, variable, operational, staff, administrative costs. User costs: free of charge.

[Tag/s: free of charge]



CRITERION 7

PREVENTION STAGES

This programme is mainly delivered to offenders who are serving a prison sentence and their participation is voluntary. The programme may also be applied to offenders with a suspended sentence. They are primary offenders who are first sentenced to a prison sentence of up to 2 years, and afterwards the prison sentence is suspended for a period of time (2 to 5 years). During the probation period, the offender has to undergo this treatment programme. If the offender does not participate in the programme, abandons it or displays negative behaviour, they are reported to the judge and could be sent to prison. Considering this information, the prevention stage is tertiary and quaternary.

[Tag/s: tertiary prevention, quaternary prevention, community integration, suspended sentence]



CRITERION 8

EVALUATION

1. Psychological treatment and therapeutic change in incarcerated rapists.

https://www.researchgate.net/publication/311623622_Psychological_treatment_and_therapeutic_change_in_incarcerated_rapists

2. Eficacia terapéutica del programa de control de la agresión sexual (PCAS) aplicado en los centros españoles.

http://www.ub.edu/geav/wp-content/uploads/2017/06/redondo-Mart%C3%ADn-Luque-2015_Eficacia-terap%C3%A9utica-tto-agr-sexuales.pdf

3. Etiología, prevención y tratamiento de la delincuencia sexual

<https://www.sciencedirect.com/science/article/pii/S113307401630006X>

4. A Dynamic Risk Factors–Based Typology of Sexual Offenders

www.ub.edu/geav/wp-content/uploads/2017/06/2016_Martinez-Catena-Redondo-Frerich-Beech.pdf

[Tag/s: effects on recidivism, psychological impact, cluster analysis]



CRITERION 9

ACCOUNTABILITY

The programme's manual was published in 2006 and is available for all providers (prison and probation psychologists and NGOs). The manual is divided into modules and sessions. All of the activities to be carried out are explained in detail. There are written agreements between the Secretariat General of Penitentiary Institutions and the NGOs on programme delivery. These agreements include information on the duties of every stakeholder, human resources, potential costs, coordination, confidentiality and data protection, among other aspects. The National Probation Service and staff from the most representative NGOs form a board that meets three times per year to discuss programme implementation, evaluations, dissemination, good practices, etc.

[Tag/s: manual, probation supervisors, programme monitoring, intersectoral collaboration]



CRITERION 10

LEGISLATION

According to Spanish prison regulations, treatment in prison is voluntary and should be individual and tailored to inmates' needs. An individualised treatment programme is planned for every inmate, where all of the identified needs and the appropriate activities and programmes are included. This plan is reviewed at least every 6 months. Prison staff motivate inmates to take part in treatment programmes and their progress is taking into account when considering temporary leave or other penitentiary decisions.

Regarding probation, according to the Spanish Criminal Code, one of the mandatory rules that judges may consider when suspending a prison sentence is the offender's participation in a treatment programme linked to the offence. (Art. 83, Criminal Code).

Although most sex offenders go to prison, some of them get their prison sentence suspended (if the sentence is up to 2 years, it is the first of-

fence, etc.). For those cases, the probation psychologists deliver the Sexual Aggression Control programme. In addition, the offenders who are sentenced to community service can serve the sentence via their participation in a treatment programme (Art. 49 Criminal Code). Those with more than 90 days of community service could also be eligible to participate in the Sexual Aggression Control programme.

[Tag/s: prison sentence, suspended sentence, community service]



CRITERION 11

COLLABORATION

There is a board, formed of staff from the National Prison and Probation Service and staff from the most representative NGOs, which meets three times per year to discuss programme implementation, evaluations, dissemination, good practices, etc.

[Tag/s: intersectoral collaboration public-private, national level]



CRITERION 12

DISSEMINATION

Manual sharing within probation services at national level:

https://www.institucionpenitenciaria.es/docu-ments/20126/72836/Doc.Penitenciario_3_completo.pdf

Initial and ongoing training of prison and probation psychologists at national level. Professional working groups with prison and probation psychologists and NGOs reputable members. Participation in conferences and seminars to ease dissemination among relevant stakeholders: universities, lawyers, judges, community organisations, public administration.

[Tag/s: manual, conference, stakeholders' meetings, government, university, public health institution]



CRITERION 13

TARGETS' RIGHTS

In terms of data protection we have the highest security standards in data processing. All of our files are registered with the State Agency for Data Protection and are adapted to the procedures established by them. All rights of the convicts are guaranteed with the application of current legislation on data protection. The studies and investigations are also carried out with the strictest compliance with the legislation, and our internal procedures are based on it.

Data access, rectification and deletion procedures are collected on our website. The Service Charter provides for a complaints and suggestion procedure supervised by the Prison Inspection, which also includes data protection.

[Tag/s: data protection, rules on safety and anonymity]



CRITERION 14

ACCESSIBILITY

For the hearing-impaired, the Spanish prison and probation services have a collaboration with the National Confederation for Deaf People so treatment programmes are delivered by psychologists who know sign language.

[Tag/s: impairment]

3.5. Circles of Support and Accountability (CoSA)



CANADA-EUROPEAN UNION-UNITED KINGDOM



CRITERION 1 TARGET

Sex offenders after release

[Tag/s: sex offenders]



CRITERION 2 CONTEXT

Community level

[Tag/s: community]



CRITERION 3 METHODS

Circles Of Support and Accountability (CoSA, or Circles) is a unique and innovative community justice initiative for post-release monitoring of medium- and high-risk sex offenders in and around the community.

Founded on the principles of restorative justice in Canada in 1994, the method entails that after release, a sex offender (the core member) is regularly visited by three to six volunteers (the inner circle), preferably from the local community. The inner circle assists the core member in resettling within the community by stimulating pro-social behaviour and by providing support and practical help. However, the inner circles volunteers are also trained to recognise behaviour indicating increased risk for the core member.

In such a case, they will alert members of the 'outer circle' – which consists of professionals, such as probation officers, therapists or police officers – who can take whatever steps are necessary to prevent further offending. Evaluations

showed that the recidivism rate of Circles participants was considerably less than expected for the level of risk they presented.

[Tag/s: community support, CoSA, probation, therapy]



CRITERION 4 INITIATIVE PROVIDER

Support & Accountability (CoSA, or Circles). CoSA was first introduced in Europe, in the United Kingdom, in 2002. Since then, CoSA has been further implemented in the Netherlands, Belgium, Catalonia, Latvia, Bulgaria, Ireland and Italy.

CirclesEurope Association. The launch of CirclesEurope (November 2018) The CirclesEurope Association was officially launched at the CEP conference on sex offender management. The objective of the association is the support, development and promotion of Circles of Support and Accountability services across Europe according to the commonly agreed Circles model and with the intention of assisting similar developments elsewhere. Here you will find our CirclesEurope Application form to fill in and send to: info@circleseurope.eu, Riana Taylor, Chair of the Board.

<https://www.circleseurope.eu/>

[Tag/s: community, across countries, circles model]



CRITERION 5 FUNDING

While the CoSA model looks simple and logical, its implementation is not cheap, nor a quick fix. CoSA is effective because of its high quality

standards, which demand an intensive cooperation between professionals and volunteers and close supervision of circles by the circle coordinator. Projects have very different financing schemes. Circles may be funded through a commissioning scheme (e.g. in Ireland, the probation service commissions a number of circles per year in cooperation with PACE, an NGO; in Catalonia, the Prison Directorate commissions Circles to FSYC, also an NGO). Other projects work through a procurement model (e.g. in some UK projects, Circles is contracted by the probation services or a consortium of police and probation).

Some projects are embedded in professional or semi-government organisations and structurally funded through the organisation (e.g. in the Netherlands, the Dutch probation service runs a CoSA project and employs circle coordinators and volunteers). Other projects are run by NGO's who offer circles as part of their services, with diverse (and often insecure) funding schemes.

[Tag/s: semi-government/mixed, professional]



CRITERION 6 COSTS

The information does not appear to be directly available online. To be checked with the initiative provider.

[Tag/s: n/a]



CRITERION 7 PREVENTION STAGES

Quaternary. The inner circle assists the core member in resettling within the community by stimulating pro-social behaviour and by providing support and practical help. If necessary, probation officers, therapists or police officers can take whatever steps are necessary to prevent further offending.

[Tag/s: quaternary, community integration, assistance, support, supported harm reduction, prevent further offending]



CRITERION 8 EVALUATION

CoSA efficacy (research summary) evaluations show that the recidivism rate of Circles participants is considerably less than when compared to those who have not received a circle. Provided below is a link to the Circles UK summary of some of the key research regarding the efficacy of Circles of Support and Accountability (CoSA), in both England and Wales and internationally.

CirclesUK research website:

<https://circles-uk.org.uk/resources/research-and-journal-articles/>

[Tag/s: effect on recidivism]



CRITERION 9 ACCOUNTABILITY

CoSA has been developed as a practice-based approach out of a strong belief in ethical and practical principles and was derived less from theoretical insights into sex offender relapse prevention. The call for 'evidence-based practice', however, is growing in social intervention policies and funding, which means that interventions have to increasingly provide proof that money has been well spent and goals are being met. An initial step is to provide a rationale for the CoSA method. Articles and other publications explaining the method and providing a rationale for Circles can be found at this link:

<https://www.circleseurope.eu/resources/>

<https://jimdo-storage.global.ssl.fastly.net/file/5157e322-a3a3-4079-bbfc-f8636e1d-7ecf/FAQs%20about%20COSA%20.pdf>

[Tag/s: ethical & practical principles, evidence-based]



CRITERION 10 LEGISLATION

National law applies.



CRITERION 11
COLLABORATION

See board of experts under Criterion 9.



CRITERION 12
DISSEMINATION

<https://www.circleseurope.eu/contact>
<https://www.circleseurope.eu/resources/>

[Tag/s: website]



CRITERION 13
TARGETS' RIGHTS

The information does not appear to be directly available online. To be checked with the initiative provider.

[Tag/s: data protection, rules on safety and anonymity]



CRITERION 14
ACCESSIBILITY

Resources are available in English.

4. LANDSCAPE ANALYSIS OF INTERNATIONAL PREVENTION MAPPING INITIATIVES

The analysis of the international landscape of prevention initiatives mapping has clearly shown a growing interest in structuring information and knowledge on the subject. This section presents and discusses a selection of existing mapping for prevention initiatives comprising initiatives addressed to perpetrators and other possible targets (i.e. victims, relatives, partners, etc.).

The existing mappings are presented either as a report (n=2) or website (n=2) (a); the targets may primarily be perpetrators (n=4) or others (victims, relatives, etc.) (n=2) (b); to the best of our knowledge, the analysed mappings do not represent classification criteria (d) (n=0).

INHOPE is the global network combatting on-line Child Sexual Abuse Material (CSAM). The network consists of 50 hotlines in 46 countries (as of December 2021) that provide the public with a way to anonymously report illegal content online with a focus on CSAM. The INHOPE prevention initiatives mapping¹ is based on a report providing an overview of existing prevention initiatives and opportunities for collaboration with INHOPE hotlines. In a second section, the report offers some evaluative comments obtained through a survey completed by the network members. Interestingly, the majority of them reported having little involvement in existing initiatives, with many initiatives entirely unknown to them.

Amongst those members who were aware of the existing initiatives, concerns were expressed regarding their lack of funding and public support. Despite this, and given their clearly com-

4.1 The INHOPE Prevention Initiatives Report

TABLE 1.
Existing mapping for CSAE prevention initiatives
Source: EC

Organisation	Modality (a)	Target (b)		Tools to retrieve information	Classification criteria (d)
		Perpetrators	Other (victims, relatives, etc)		
INHOPE	Report	Yes	Yes	Yes	No
ECSA	Website	Yes	No	Yes	No
PedoHelp	Website	Yes	No	Yes	No
HelpLinks	Website	Yes	No	Yes	No
Unicef	Report	Yes	Yes	No	No

NOTES

¹ https://inhope.org/media/pages/prevention/background/33353716511599040836/preventionreport_inhope_02.09.2020.pdf

plementary goals, many expressed enthusiasm at the prospect of collaborating in some way. The aim of this report is to better understand whether hotlines collaborating with any such prevention initiatives may be beneficial and, by looking at existing initiatives, to lay some groundwork for some of our hotlines to learn from those already engaged in and researching prevention initiatives. Additionally, the appendix details some prevention initiatives known at the time of writing, categorised by country, name and direct online link to the initiative, description of general services, description of CSA-specific services, level, contact details and additional information where available.

4.2 Eradicating Child Sexual Abuse (ECSA)

Eradicating Child Sexual Abuse (ECSA) provided by the Lucy Faithfull Foundation is a website comprising a free international prevention toolkit for practitioners and policy makers committed to tackling child sexual abuse. It may be used by a nation, area or region to develop a strategy considered credible and culturally-appropriate for the prevention of child sexual abuse. The toolkit provides guidance through the process of creating a child sexual abuse prevention strategy and building a plan to prevent child sexual abuse based on a specific understanding of the social and cultural context.

The database² presents more than 200 interventions from across the globe to help prevent child sexual abuse. These are based on published research or documentation from the relevant organisations, with evaluative data included where available. Searches can be performed using filters, namely by prevention target, age, gender, miscellaneous, rating, country, language, delivery mode and additional resources.

Interestingly, the interventions database includes a colour-coded rating system for each intervention based on the UNICEF INSPIRE indicator guidance (World Health Organization), organising the initiatives as (1) Effective; (2)

Promising; (3) Prudent; (4) Pioneering; (5) Low evidence/harmful, etc..

4.3 The PedoHelp®

PedoHelp® is an international, eco-friendly, free-of-charge, inclusion-awareness project led by the French non-profit [7] Association Une Vie® recognised as 'promising practice' by the Lanzarote Committee of the Council of Europe. Resources are available online via the website and downloadable as paper-based books in various languages. The website offers self-support with an FAQ session. As per the mapping³, the website provides a list of worldwide direct links (Africa, Middle East, India, Europe and Russia, Latin and North America) to entities involved in prevention programmes at national level for people who are sexually interested in children.

4.4 Helplinks

Within the Europol website – as part of the Police2Peer project – a domain called Helplinks⁴ has been set up, with links to help and assistance resources in a number of European countries, and offers a starting point for those realising that they have a problematic sexual interest in children and are looking for help. By clicking on the country flags, those interested can check whether help is available in their country. Europol stresses that the prevention initiatives listed in this domain do not have any affiliation neither with Europol nor with national law enforcement entities and are provided 'as they are' with the aim to offer a 'starting point' to those that are seeking help in their own national context.

The quality of the information listed may vary from country to country, and some countries lacking low-level help and information sites for people that have a sexual interest in children or no resources are yet to be identified in some countries. The list is continuously updated. The disclaimer 'No information from this page will ever become part of any criminal investigation' is displayed.

NOTES

² <https://ecsa.lucyfaithfull.org/interventions>

³ <https://pedo.help/help/>

⁴ <https://helplinks.eu/>

4.5 The UNICEF promising programmes to prevent Child Sexual Abuse and Exploitation (CSAE)

The report titled 'Promising programmes to prevent and respond to child sexual abuse and exploitation' (2015)⁵ was commissioned by UNICEF to meet an identified need for a consolidated global document outlining promising programme responses to prevent and respond to child sexual abuse and exploitation. It brings together recommendations from a wide range of existing guidance, draws on research and evaluates evidence on prevention and responses, highlighting case studies on promising practices. The document is intended to be a resource for people working within UNICEF at country and regional level and in headquarters offices.

It can also support partners in other human rights and violence prevention organisations, governments, services and non-governmental organisations (NGOs) working in development contexts, including in humanitarian crisis situations. It is also intended to be relevant to potential funders of development projects.

It provides a practical compendium to inform system-level responses on:

1. preventing child sexual abuse and exploitation happening in the first place ('primary prevention');
2. identifying children who are vulnerable and most at risk;
3. identifying and taking action to protect children;
4. working with perpetrators and taking action to prevent further harm to children;
5. taking action to promote the recovery, re-integration and well-being of children who have been sexually abused and/or exploited;
6. monitoring change, impact and progress.

NOTES

⁵ <https://www.unicef.org/media/66741/file/Promising-programme-responses.pdf>



5. NEXT STEPS

As described in the introductory part of the report, this study on help-seeker and perpetrator prevention initiatives has been evolving following a pathway with stages (Figure 5) representing the building blocks in the development of an EU Prevention Knowledge Platform to be accessible to EU Member States and interested stakeholders.

It started with the mapping of perpetrator initiatives, followed by the classification criteria and tags, and consolidates the updated mapping and classification criteria case studies. Furthermore, at present, a JRC pilot database and platform gathering the five case studies is under development to proof the concept around the agreed common taxonomy.

This JRC pilot will be tested and evaluated by interested stakeholders (Member States, NGOs, prevention organisations, etc.) and the final output would be the result of a multi-stakeholder effort to co-construct an EU Prevention Knowledge Platform on help-seeker and perpetrator prevention initiatives.

The JRC pilot database and platform will gather the case studies presented in the report, plus some additional ones. It is worth noting that the information gathered for the case studies has already been approved by the initiative provider. Indeed, to deliver a trustworthy knowledge sharing tool, the information around prevention initiatives that will be included in the EU Prevention Knowledge Platform will need comprehensive approval by prevention providers and the European Commission/Eu Prevention Network. In this sense, we foresee two possible approval workflows (Figure 6):

1. in the event that the European Commission would like to introduce within the platform those initiatives that are part of the mapping, classified content should be approved by the entity running the prevention initiative;
2. in the event that a prevention initiative provider would like to be part of the knowledge portal, their contribution should be submitted for approval to the European Commission according to the classification criteria.

FIGURE 5

Building blocks in the development of an EU Knowledge platform

Source: EC

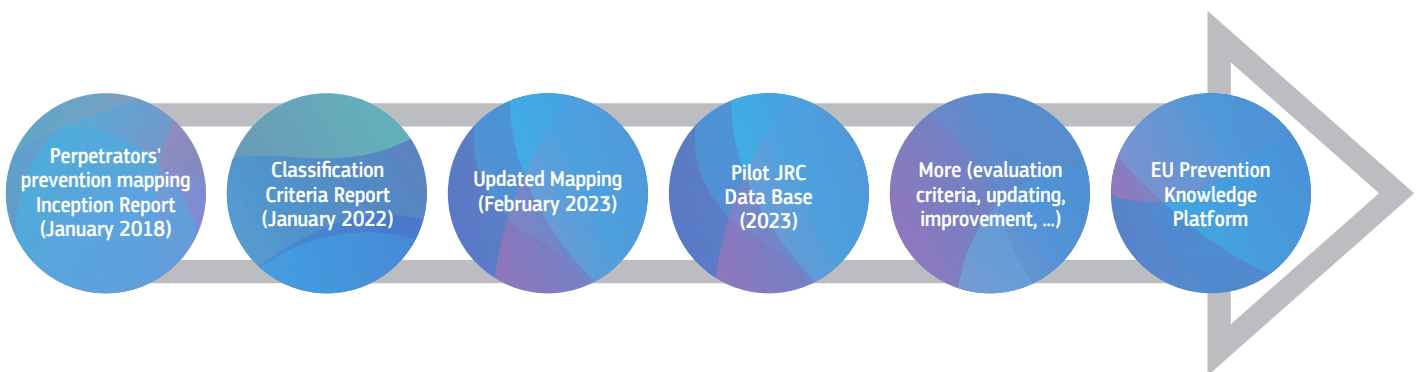
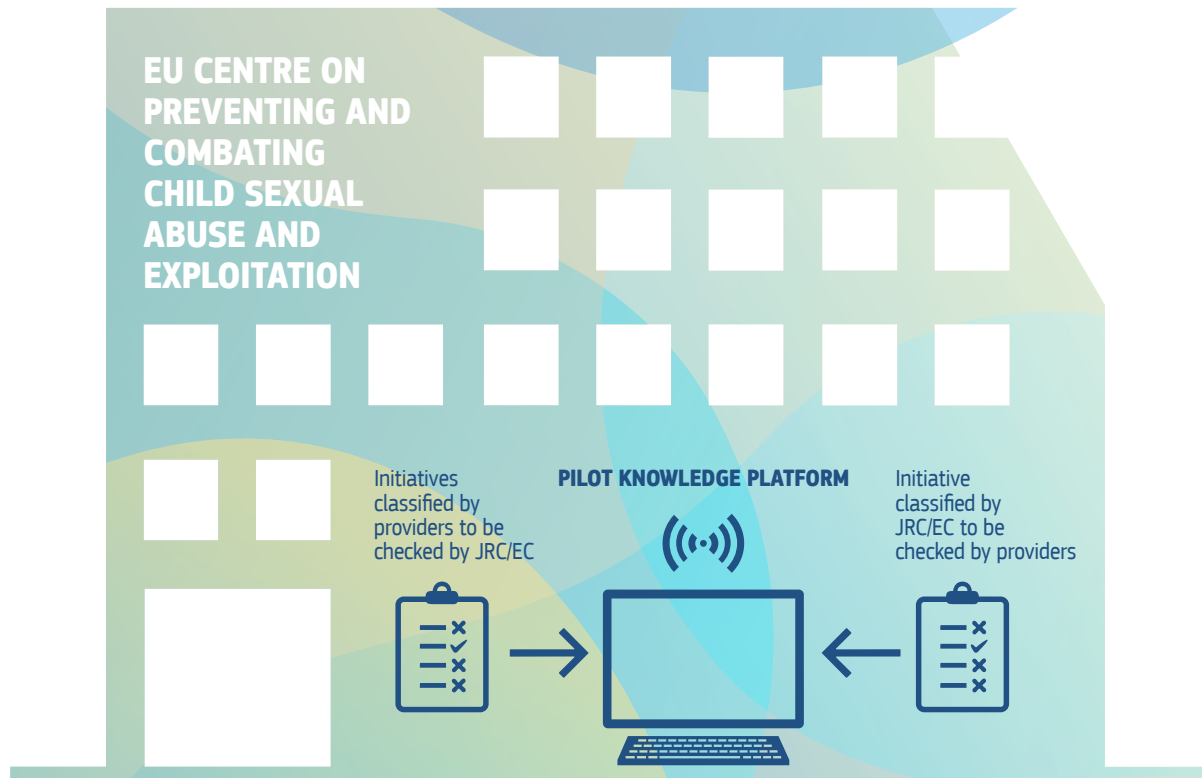


FIGURE 6

Workflow to feed the knowledge portal

Source: EC



6. CONCLUSIONS

The European Commission recently published a proposal [9] to update the Legislation to effectively tackle Child Sexual Abuse. This proposal introduces obligations on internet service providers to detect, report and remove child sexual abuse from their platforms and services and envisages the setting up of an EU Centre, to prevent and combat child sexual abuse.

The legislation puts a strong emphasis on prevention and reiterates the need for Member States to invest in programmes aimed at people who fear they may offend, those undergoing criminal proceedings or who are serving a prison sentence for related crimes, and previous offenders coming out of prison.

The EU Centre will facilitate and support implementation of this regulation and will contribute to preventative activities and victim support.

Preventing and combatting child sexual abuse is a priority of the European Union as prevention plays a key role in eradicating these crimes and stopping children from becoming victims in the first place. The complex coordination and resources required to implement prevention initiative have caused Member States to struggle with putting in place effective prevention initiatives, as obliged by the EU Directive on combatting child sexual abuse.

Moreover, the accomplishments Member States have made in this space remain unclear as there is no concrete framework to capture and catalogue these efforts. This hinders the possibilities of EU-wide approaches to prevention as well as the sharing of challenges, lessons learnt and good practices in this space.

This publication provides an overview of perpetrators' prevention initiatives present worldwide by presenting the classified case studies section to identify and to describe along with a common taxonomy the promising practices in the field. This classification is supporting the formulation of those prevention policies, the knowledge sharing and the replication in different societal contexts. The created taxonomy will also support Member States and other stakeholders (such as prevention networks, researchers,

NGOs, probation officers, prison psychologists, etc.) experiencing difficulties in implementing prevention programmes, by providing a source of structured and reliable information. It will support the dissemination of research-based prevention work in different countries, facilitate the exchange of promising practices and enhancing the sharing of knowledge strengthening the EU's capacity to decrease child sexual abuse online and offline.



APPENDIX I

PREVENTIVE INITIATIVES FOR PEOPLE WHO FEAR THEY MAY OFFEND

Albania | CLMB Counseling Line for Men and Boys

The initiative

The main activities of the Counseling Line for Men and Boys are as follows:

- ▶ Offering counseling sessions for men and boys
- ▶ Trainings with young people, group formation
- ▶ Trainings in schools and youth centers
- ▶ Public campaigns in visual and auditory media
- ▶ Information and advocacy for young people
- ▶ Reducing domestic violence
- ▶ Awareness of domestic violence issues from a perspective where the focus is on the perpetrator
- ▶ Educated young people with an approach against domestic violence and beyond
- ▶ Advocacy and lobbying activities for the prevention of violence
- ▶ Research on the issue of violence with a focus on the perpetrator
- ▶ The individual to understand the origin and source of violence
- ▶ The individual should be aware of the action he has committed
- ▶ The individual assumes responsibility for his action

Please see also conference paper "Workshop 3, Bledar Zeneli & Iris Luarasi (CLMB, Albania) organised by the Work With Perpetrators Network: Journey towards our collaboration with courts, prisons, probation service and other stakeholders in Albania"

<https://www.dropbox.com/s/kiupx1y3g691on9/WWP-EN%20FINAL%20Programme.pdf?dl=0>

Target

Counseling Line for Men and Boys.

Contacts:

On the phone number (04) 2363712

Rr "Vllazë Huta" Feb 1, Floor 8, Apt 39 (palace next to the People's Advocate)

Our staff consists of psychologists, lawyers and social workers.

prof IRIS LUARASI - Executive Director

MA BLEDAR ZENELI - Office Coordinator / Advisor

bledar.zeneli@clmb.al

<http://www.clmb.al/>

Austria | Courage Beratung

The initiative

Courage is an advice centre for individuals and partners as well as families. It is not specifically conceived for child sexual abuse prevention and the counseling topics are:

- ▶ sexuality / relationships
- ▶ same sex ways of life
- ▶ transgender and transidentity issues
- ▶ intersexuality
- ▶ violence and sexual harassment

Courage is the first professional advice center, officially recognized by the Austrian Family Ministry, for lesbian, gay, bisexual, transgender and intersexed people, as well as their families. Courage offers individuals, couples, families and groups anonymous counseling. The sessions are free of

charge. The basic concept of the advice center contains principles like: discretion, interculturalism, as well as an inter-religious and a non-partisan attitude towards the clients.

Target

People who fear they may offend.

Contacts

Courage Wien
Windmühlgasse 15/1/7
A - 1060 Wien Tel.: 01 / 585 69 66
E-Mail: info@courage-beratung.at
Johannes Wahala
www.wahala.at

Austria | Nicht Täter werden – Don't become a perpetrator project

The initiative

The project Don't become a perpetrator – Nicht Täter werden has been initiated by the Men's Counselling Centre of Vienna and is based on a similar German project ('Kein Täter werden'). The Austrian project like the German one supports potential offenders that were seeking psychological help to prevent them from the commission of child abuse offences. The project however unlike the German one, which has branches in all over Germany, is only based in Vienna. The initiative and projects that have been outlined above sufficiently ensure that potential perpetrators in Austria that fear that they might commit child abuse or exploitation offences have adequate access to prevention measures.

Target

For men and numerous family counselling centres, where help-seeking men receive free and anonymous counselling on sexuality questions and sexual violence issues.

Contacts

Standort Erlachgasse 95/5, 1100 Wien
<http://www.nicht-taeter-werden.at/Hintergrund.html>

Belgium | I.T.E.R. – Outpatient clinic

The initiative

I.T.E.R is an outpatient clinic where offenders of sexual abuse can find help. "Iter" is a Latin word (as in "itinerary") and means "the way ahead" or "an expedition". The letters of the word I.T.E.R. represent the purposes of the therapy: I-mpuls control, T-ackling re-offending, E-mpathy awareness, R-esponsibility acceptance.

I.T.E.R. is a working partnership linking CAW Archipel-Groot Eiland vzw, CCCZ Ahaseverus VZW, and Teaching Projects. The three organisations have pooled their resources to form one single team of the area Brussels/Halle/Vilvoorde. In this way the provisions drawn up between the Flemish Authority and the national Ministry of Justice regarding conformity in the treatment of sexual offenders have been fulfilled at local level. In addition, Archipel-Groot Eiland is authorised to supervise the welfare of patients in the district of Leuven.

By means of this co-operation I.T.E.R. can give a clear picture of the help it offers to all those interested. There is now just one Flemish-speaking reporting centre in the whole area for the therapy and counselling of sexual offenders. As well as this, the partnership allows I.T.E.R. to evaluate patients' files inter-disciplinarily. In the interest of accessibility and because of the anonymity offered by a large city, Brussels was chosen as location. This was made possible through the support of the Flemish General Assembly.

Target

The services of I.T.E.R. are at present limited to the needs of offenders of sexual abuse. The therapy is based on tackling re offending and boosting motivation; individual therapy sessions; group sessions; psychiatric and audio logistic consultations; behaviours guidance therapy; system directed psychotherapy; bonding and sexual relationships; special skills training (e.g. Stress and rage management) social skills.

Contacts

Gaucheretstraat 164

1030 Brussel

Telefoon: 02/512.62.43

Fax: 02/512.80.53

<http://www.iter-hulp.be/index.html>

<http://www.iter-hulp.be/index.php?n=15&id=15&taal=E&mnav=A>

Belgium | SéOS Specialised Listening and Guidance Service

The initiative

SéOS , Service d'Écoute et d'Orientation Spécialisé, is a prevention system for people with deviant sexual fantasies , those around them and professionals working in this field. It offers a free , anonymous and confidential helpline and contact email address.

SéOS, through its listening line and email address, aims to offer a reception and listening space, anonymous, without judgement, in order to help the caller break out of isolation, to offer a first assessment of his needs and to identify with him the means to improve his situation.

SéOS also aims to provide reliable, up-to-date information relating to various fields relating to deviant sexual fantasies (sexological, psychological, ethical, medical, legal aspects, etc.). On request, the telephone service directs towards teams, associations, therapists, psychiatrists likely to meet the needs of the caller.

Due to the diversity of its missions, the service is aimed as much at the person concerned, as at his entourage or even at professionals in question or in difficulty with this problem. The listening team is made up of trained professionals, experienced in the field of dealing with perpetrators of sexual offences. Where appropriate, reorientation towards professionals capable of ensuring follow-up free from moral positioning and stigmatization is also the subject of particular attention, so as not to create a demand for care which would be doomed to fall back into silence again.

Target

People who fear they may offend. Adults, adolescents, relatives and professionals.

Contact

The projet SéOS is managed by the UPPL

www.uppl.be

<https://seos.be/contact/>

Belgium | UPPL – Unité de Psychopathologie Légale

The initiative

Since October 8, 1998, the UPPL has been designated as the Walloon Support Center by the Federal Minister of Justice and the Walloon regional Minister responsible for Health.

The Support Centre performs several essential missions:

- ▶ Consultancy. The Support Center offers guidance and supervision in individual cases at the request of clinicians, specialized psycho-social teams, specialized health teams, legal assistants from the Ministry of Justice, etc.
- ▶ Training. The Support Center organizes training for professionals.
- ▶ Information. The Support Center offers a specialized documentation center responsible for the dissemination of recent news useful to professionals. Referencing and providing access to documentation.
- ▶ Research. The Support Center ensures the collection and recording of statistical data. Initiation, support and participation in basic and experimental research. The development of diagnostic instruments and specific assessments. The Specialized Assessment Service
- ▶ The Specialized Health Team. Program named "Triangle" Supported by the FPS Justice, this program is training in the context of alternative judicial measures: penal mediation, alternative to preventive detention and probation. Its overall purpose lies in the prevention of criminal sexual behavior.
- ▶ Paradox. Programs for juvenile in Mons

Target

People who fear they may offend.

Contacts

Tournai: Unité de Psychopathologie Légale (asbl) – Service d'évaluations spécialisées Rue Despars 92, 7500 Tel : +32(0)69 888 333 Fax: +32(0)69 888 334 Email: centredappui@uppl.be

Namur: +32 (0)81 226 638 Rue de Gembloux 314, 5002 Saint-Servais

Reference person: Julien Lagneaux, Director, UPPL.

www.uppl.be

Canada | Ça suffit

The initiative

Inspired by the "Stop It Now!" helpline established in 2002 in the United Kingdom, Ça suffit is its Quebec adaptation. Stop It Now! UK was founded thanks to the Lucy Faithfull Foundation, a child protection charity dedicated to preventing child sexual abuse. The Ça suffit team worked with Stop It Now! UK to provide a French version of their content. Ça suffit is for people who are suffering from sexual fantasies towards minors. Our mission is to provide support services to reduce the emotional distress experienced by these individuals and to prevent sexual offences. The values adopted by Ça suffit are the guidelines for the work of each and every volunteer, but are also the skills with which we help our clients.

CONFIDENTIALITY. Ça suffit is there to listen in complete confidentiality, respecting professional secrecy. OPEN-MINDEDNESS. Ça suffit is there to be empathetic and non-judgmental in what callers have to say. RESPECT. Ça suffit is committed to giving the callers all the consideration they deserve in order to help them deal with their sexual problems, whatever they may be. INTEGRITY AND RIGOUR. Rigour and integrity enable us to help callers with accuracy, honesty and impartiality.

Target

People who fear they may offend

Contact

casuffit.info@gmail.com

Call the helpline at 1-844-654-3111

Opening hours of the helpline: Monday to Thursday from 9 AM to 6 PM.

<https://casuffit.info/>

Croatia | Klinici za psihijatriju Vrapče

The initiative

The the European Structural and Investment Fund allocated funds to develop the Center for Forensic Psychiatry of the Clinic for Psychiatry Vrapče. Objectives and expected results of the project:

- ▶ Construction and equipping of a new facility of the Institute for Forensic Psychiatry, reconstruction of existing premises where the Institute operates, improving the quality of work with forensic patients and improving their dignity, enabling more effective rehabilitation, organizing permanent education and training programs for early diagnosis, improving working conditions in the forensic psychiatry department.
- ▶ The purpose of the project is to increase the availability of quality treatment at the Institute for Forensic Psychiatry by increasing space capacity, improving existing and developing new ways of protecting forensic psychiatric patients, reducing the duration of hospitalization, increasing the efficiency of rehabilitation, and enabling further social inclusion of forensic psychiatric patients.
- ▶ Upon completion of the project, the Center will have a capacity of 70 beds and 15 chairs of the day hospital, and patients will be provided with various therapeutic and recreational facilities indoors and outdoors in a protected area around the Center.

Target

People who fear they may offend.

Contact

The Ambulance doesn't have it's own webpage but can be contacted through the main University Hospital webpage or by phone:

Bolnička cesta 32,

10090 Zagreb, Republic of Croatia

(+385 1) 3780 666

(+385 1) 3483 660

bolnica@bolnica-vrapce.hr

<https://bolnica-vrapce.hr/>

Czech Republic | ČEPEK Czech Pedophile Community

The initiative

ČEPEK Association - Czech and Slovak Pedophile Community

Who Are We: we are a group of people who share one thing – an erotic attraction to children. Each of us is a completely different person; each of us has different hobbies, different opinions and different character. We are mostly pedophiles and our group is called Czech and Slovak Pedophile Community = ČEPEK. Our group was founded for a purpose which is explained in the section „What Do We Want“ later in this article. Anyone can become our member simply by registering at our forum. Our members are not necessarily all pedophiles, we welcome anyone who wants to support us or communicate with us. Our members can drop their membership at any time and for any reason.

Who Are We Not: we are certainly not a group of criminals. There may be individuals in our group who have abused a child in the past, who have consumed or presently consume child pornography or who have violated any other laws; we have no means of finding out whether everyone who joins us is „clean“. ČEPEK, however, is not a criminal organisation and we do not approve of nor help our members commit any criminal acts. Our mission is the opposite. We are not responsible for an individual behavior of our members. A clean criminal record is not a requirement for joining us; however, if someone misuses ČEPEK for illegal activities, he or she will be denied access to all means of communication on our website and his or her membership will be suspended. We do not tolerate illegal activities here; in the case of some user clearly violating legal standards, after consideration of the circumstances, we are prepared to inform the Police of the Czech Republic. (In the past it has already been done several times).

What Do We Want: our primary mission is to provide information about pedophilia to young people at the beginning of puberty, who have just found out that they are sexually attracted to children or adolescents. We want to help these people cope with their sexuality and adapt to society standards in order to live a happy and full life without violating any social standards or laws. We share our personal stories and experience, thus giving them a proof that it is possible to live a happy life without hurting anyone as well as warnings about what happens when they fail to suppress their sexuality. In urgent cases we can help these people arrange a visit to a sexologist. Through Advisory Centre for Czech and Slovak Pedophiles it is also possible to make an anonymous inquiry to selected Czech sexologists.

Our secondary mission is to inform the public about what pedophilia is and what does it mean to be a pedophile. These terms are in fact still being confused with sexual abuse of children or other crimes. We are trying to spread out the correct meaning of the term pedophilia, reflecting its original meaning.

What Do We Not Want: our mission IS NOT to legalise sexual activities with children, to lower the age of consent, to introduce registered partnership with children, to justify child sex offenders or to cover any such acts. We do not want our members to ask for or offer child pornography or instructions to find it. We perceive laws and social standards as given and we want to fully adapt to them, obey them and possibly help others to do the same.

In order to better meet the above goals, we founded Spolek ČEPEK (the ČEPEK Association) – a non-profit organization – on 1 May 2020.

Target

People who fear they may offend

Contact

The questions in the counseling center are answered by:

MUDr. Antonín Brzek , sexologist, Institute of Sexology, Prague
 Mgr. Katerina Klapilova, Ph.D. (ECPS), Head of the Laboratory of Evolutionary
 Sexology and Psychopathology, National Institute of Mental Health, Klecany

The doctor's answer can be accompanied by the answer of selected non-criminal pedophiles, the purpose of which is to supplement the doctor's professional answer with the view and knowledge gained from their own experience with experiencing a different sexual orientation. Non-criminal pedophiles who respond in the counseling center:

Petr Kasz , heterosexual pedophile
 Kuba Mouse , homosexual pedophile
 Marco Freeman , homosexual pedophile
<https://pedofilie-info.cz/rubrika/poradna/>
<https://pedofilie-info.cz/vlozit-dotaz-do-poradny/>

Czech Republic | Parafilik prevention program

The initiative

Parafilik - Prevention Project Paraphile offers complex system of interventions in various contexts. The low threshold services include website (psychoeducation, information, destigmatisation) and online counselling (text responses with 5 days limit, allowing continuous individualized anonymous continuity of responses).

Helpline Paraphile can be accessed via telephone or online, it serves as a crisis line as well as offers limited (3-5 sessions) crisis counselling on demand. The contact service offers long-term contact psychotherapy in group or individual setting, preferably on-site but on-line individual therapy is available (length between 6m – 12 month). Partnership therapy is offered as additional to the clients of the program, can't be delivered independently.

The project is focused on the systematic step care solution of the difficult situation of self-identifying paraphilics. Parafilik project currently offers four intervention modes (anonymous, free of charge):

Website – informational source for target population (see Criterion 1), but also general population
<https://parafilik.cz/>

Online text counselling – professional advice online. Individuals can post a question (option to ask anonymously) regarding their problematic sexual interests (PSI) or PSI of their loved ones that are answered in the interval of 5 days. The questions are answered publicly or directly to the questioner, who can keep his personal ID for potential re-contact.

Helpline Paraphile – for people with problematic sexual interests/preferences to alleviate difficult situation of a caller by talking anonymously to an expert in the field of sexuality. Helpline is a short-term contact, limited to maximum of three sessions of 45 minutes, by telephone or online via Cisco Webex platform. If appropriate, our advisors encourage callers to undergo further treatment.

Therapeutic services – the goal of specialized, long-term therapy is to improve client's well-being, social skills, management of sexual fantasies, impulses, and behaviour by increasing protective factors (e.g. empathy, self-control) and by reducing risk factors (e.g. cognitive distortions, loneliness, isolation). Before therapy, clients have to complete (1) initial telephone screening, (2) anamnestic interview, (3) standardized tools (Stable-2007, Acute-2007, SVR, SAPROF), (4) psycho-education

modules, and (5) motivational interview. Based on the obtained information, the client is assigned to either high priority (1x week) or low priority (1x in 2 weeks) group at the Bohnice Psychiatric Hospital in Prague. Another option is individual therapy. If necessary, couples therapy is offered. For those who cannot access the onsite treatment, individual and couple therapy is also provided via online sessions. In addition to psychotherapy, medication can be prescribed, but the client has to step out of anonymity. After completion of therapeutic program (approx. 0.5 – 1.5 years), aftercare (maintenance therapy) is provided.

Target

Program for:

- ▶ People who fear they may offend (adults with paraphilic preferences: paedophilia/hebephilia/other paraphilias/CSAM users with paraphilic preferences)
- ▶ Convicted offenders (with diagnosed paraphilic preference) after they leave the prison/after in-patient treatment
- ▶ Close persons of people with paraphilic preferences (partners/family members)

Contact

Project Paraphile - Center for Sexual Health and Interventions
National Institute of Mental Health - Topolová 748 - 250 67 Klecany
parafilik@nudz.cz

Reference person: Katerina Klapilova, Ph.D. (ECPS), Head of the Center of Sexual Health and Intervention.

<https://parafilik.cz/> - page for clients

www.projektparafilik.cz/ - project pages

Denmark | Bryd Cirklen

The initiative

Bryd Cirklen. The Sexology Clinic has anonymous telephone counseling especially for adults with sexual thoughts about children. The number is 65909909. Anonymity: Individuals can choose to remain anonymous - The adviser has a duty of confidentiality and is there to help you and does not ask for your name.

What happens if I call? You will talk to a counselor who understands your situation. The counselor will ask you about your problems and you can even ask about things that are on your mind. You do not have to fear any dismissive reaction. In return, you can expect to get help to change your situation. If you need it, you can get free treatment that suits your need. It takes time, but it can mean a huge change.

Who are advisors? The counseling includes trained sexologists who have experience helping adults who have sexual thoughts and fantasies about children. The consultant is a specially trained psychologist or doctor working on Sexology Clinic. This means that he or she work everyday to help people with, for example, pornography addiction and sexual thoughts about children.

Target

Adults with sexual thoughts about children.

Contact

Phone number and opening hours:

The telephone counseling is open on Tuesdays at 16 - 18 and Thursdays at 10 - 12 on telephone 65 909 909. The telephone counseling is part of the Sexology Clinic under the Capital Region of Denmark's Psychiatry

Sexological Clinic Blegdamsvej 9 2100 Kbh Ø

Phone: 3864 7150 E-mail: psykiatri@regionh.dk

<https://www.psykiatri-regionh.dk/bryd-cirklen/Sider/default.aspx>

Denmark | Stopdigitaleovergreb & Save the Children

The initiative

The Danish national police launched the campaign Stopdigitaleovergreb to prevent people from downloading images and video with child sexual abuse.

The campaign works this way: the police upload videos to p2p networks with names suggesting that the content is child sexual abuse material. Instead of abusive content, the videos show a police officer who warns people of the consequences of downloading this kind of content. Some of the wording from the video sounds like this: "You have downloaded this file from a police computer, and we have information that we may use to identify you".

The videos also refer to the national helpline for people with sexual thoughts and fantasies about children. According to Save the Children Denmark, this element is important: not all people are aware that the helpline exists, and if we want to stop child sexual abuse, we need to tell people with sexual fantasies of children that it is possible to control it.

Save The Children Denmark's child pornography reporting service is co-financed by the European Commission and is part of INHOPE, a global network of hotlines fighting material of child sexual abuse on the Internet.

Target

People who fear they may offend. Campaign to prevent downloading of child sexual abuse material and to provide national helpline for people with with sexual thoughts and fantasies about children.

Contact

The site is not available anymore and the campaign is transferred to the "Children's phone" <https://bornetelefonen.dk/henvisninger/stop-digitale-overgreb-nu-red-barnet/>

The same kind of campaign is being rolled out in other European countries.

<https://www.psykiatri-regionh.dk/bryd-cirklen/Sider/default.aspx>

More info at the national TV-news about the campaign.

<http://www.dr.dk/nyheder/indland/aktion-mod-boerneporno-politiet-dukke-op-paa-paedo-files-skaerme#%21/00:05>

Go to the helpline "Break the Circle".

<https://www.psykiatri-regionh.dk/bryd-cirklen/Sider/default.aspx>

Estonia | Eestl Seksuaaltervice Liit

The initiative

The Seksuaaltervis.ee, Estonian Association for Sexual Health platform is managed by the Estonian Sexual Health Association, which is the new name of amoree.ee. Their aim is to provide evidence-based information on sexual health and sexuality. They also offer free advice from experts online.

Target

People who fear they may offend.

Contact

<https://seksuaaltervis.ee/>

Estonia | STOPP

The initiative

Estonia has informed that as of 12 June 2015 the help hotline STOPP was opened.

The overall objective of the hotline is to decrease the spread of sexual violence in Estonia, achieved through improving access to relevant counselling services and increasing the capability and capacity of organisations operating actively in the field. At the time of the conclusion of this assessment, there is not information about whether there are additional specific programs for the persons who contact the hotline. Based on the initial news report, the aim of the STOPP helpline is not to provide treatment for the persons who call the hotline. The aim of the hotline is to allow persons to discuss their concerns regarding their sexuality. The consultants of the hotline will aim at finding where to refer to the person. Yet there is no obligation or guarantee that the person will be provided assistance after the phone call.

Target

People who fear they may offend.

The hotline is designed for persons who believe that they may commit a sexual offence. They can call the hotline and receive free counselling. The hotline operates only on workdays between 18:00-22:00.

Contact

<https://www.just.ee/en/treatment-sexual-offenders>

Finland | Otanvastuun

The initiative

Save the Children Finland, a national organisation founded in 1922, which by its own definition 'fights for children's rights in order to immediately and permanently improve children's lives in Finland and all over the world' has opened at the beginning of 2015 a website called otanvastuun.fi (lit. I take responsibility) aimed at people who feel interest at sexual material depicting children or at contacting children through the net. The site is established with the help from Criminal Sanctions Agency, Criminal Sanctions Training Centre, Sexpo foundation and Väestöliitto, the Family Federation of Finland. Åbo Akademi university's faculty of psychology's research group has suggested bringing German Dunkelfeld-model to Finland aimed at pre-empting sexual offences directed at children. The size of the project would be around 15 volunteers per year. The project appears to be currently lacking funding. (source: Haaste magazine, 1/2013). The program engages potential abusers to consider the consequences of sexual activities directed at children and provides tools for controlling their own harmful behaviour. The program also encourages users to reflect on their own lives and how to pursue things that matter to them in non-harmful ways.

The program consists of three parts:

- ▶ What does it mean to have sexual interest in children?
- ▶ How can I control my behaviour if I have sexual interest in children?
- ▶ The way forward: How to maintain adapted behavioral and cognitive changes and where to find more help.

The background for this program is in Cognitive Behavioral Theory (CBT). The program challenges misbeliefs and thoughts regarding sexual action towards children. It also offers exercises to change these beliefs and provides information on where to seek help.

Target

Otanvastuun.fi self-help program is primarily intended for people who are worried about their sexual interest, thoughts, feelings or actions concerning children. The program benefits people who acknowledge that he or she has a primary sexual interest in children.

Contact

<https://www.pelastakaalapset.fi/en/our-work-in-finland/children-and-digital-media/otanvastuun/>

Finland | ReDirection

The initiative

The aim of Protect Children's ReDirection project is to produce new research and information on online crimes of sexual violence against children and to develop the ReDirection Self-Help Program for individuals who search for, view, and distribute images and footage that depict sexual violence against children (child sexual abuse material, CSAM).

Protect Children's ReDirection Project has been extended and will continue for an extra year until September 2023. During this extension, we aim to develop the ReDirection Self-Help Program for reducing CSAM use, and continue research on the dataset collected from surveys of CSAM users in the dark web. The new information gathered will help to inform future child protection efforts and strengthen offender-focused prevention of crimes of sexual violence against children.

ReDirection Survey Report

<https://www.suojellaanlapsia.fi/en/post/online-crimes-of-sexual-violence-against-children-in-finland-statistics-on-crimes-and-perpetrators>

Target

For individuals who search for, view, and distribute images and footage that depict sexual violence against children (child sexual abuse material, CSAM).

Contact

Nina Vaaranen-Valkonen, Executive Director, Senior Specialist, Psychotherapist +358 40 747 8829
nina.vaaranen-vaalkonen@suojellaanlapsia.fi

Nina Vaaranen-Valkonen is the Executive Director of Protect Children. She also works as Senior Specialist and Psychotherapist, and has 15 years of professional experience protecting children from sexual violence.

<https://www.suojellaanlapsia.fi/en/redirection>

Finland | Serita

The initiative

Serita - The goals of the SERITA are:

- ▶ prevent and reduce sexual offenses in the Oulu region;
- ▶ develop work with sex offenders;
- ▶ create working methods that help people develop sexuality that respects themselves and others and supports their well-being;
- ▶ produce research material and collaborate with various researchers;
- ▶ increase the awareness of professionals about the perpetrators of sexual offenses.

Serita's work is based on customer orientation, volunteerism, impartiality, confidentiality and security. Client work is mainly carried out through therapeutic individual discussions between the client and an expert in sexual violence work. It is also possible to hold customer meetings via a remote network connection. Therapeutic change conversations are open, dialogical, and narrative entities that support the client in building a new kind of story and identity. Serial work uses an eclectic approach, which means choosing the best techniques from different sources, styles, and therapy orientations to best support the client's assistance needs.

For partners: the latest information on helping perpetrators of sexual offenses; co-operation training; presentation of work and activities; consultations; networking. What and how: chat service; individual meeting; group activities; network meetings; information. Working methods: strengthening awareness skills; therapeutic discussions; use of sexual anamnesis. To the customer: finding new ways of working; respect for one's own and others' borders; carrying out your sexuality safely

They offer telephone counseling and face-to-face meetings, as well as the opportunity to continue working in the New Orientation individual rehabilitation. Contacts and visits to Serita work can take place anonymously. Serita work provides confidential, therapeutic discussion assistance in clarifying your situation and living a crime-free life. To whom: those who need support in setting and supporting sexual boundaries; those who are worried about your own sexual behavior; relatives of sex offenders

The background work is based on the lack of service provision for people with a sexual background in the Oulu region. In 2014, the Seri network was established, which includes actors from Oulu who

encounter clients with sexual offenses at work, such as Oulu Prison, Kestilä Prison, Oulu Community Sanctions Office, Police, City of Oulu Mental Health Services, OYS Settlement ry. The aim of the Seri network is to co-develop services for people with a background in sexual offenses.

SERITA pilot project 2015

The SERITA pilot project, managed by Vuolle Settlementtiry and funded by the Crime Prevention Council, was implemented in 2015. The aim of the pilot project was to map the need for the service and existing service providers and to create an organization-based help model for sex offenders. The results of the SERITA pilot project showed that the Oulu region needs a permanent, organization-oriented service for people with a background in sexual offenses.

Target

People who fear they may offend.

Contact

Email: info@seritatyö.fi - - 040 517 7100

Tue - Thu 13 - 15 (call price according to your operator's fee)

Ulla, Sexual Violence Work Expert, Serial Work Officer 040 524 5100

Minja is an expert in sexual violence work 044 7861637

Seritatyö is looking for partners from various research, training and development expert organizations.

Join the Seri network to develop work with sex offenders in the Oulu region.

Email: info@seritatyö.fi

<https://www.seritahanke.fi/asiakkaalle/>

Finland | Sexo Ry

The initiative

The private organisation Sexpo Ry with his partners has set up a prevention programme for people who are afraid that they might commit sex offences. Sexpo is a foundation that was set up in 1969 and whose aim is to foster sexual well-being by offering varied services such as counselling, therapy, consultation and sex and relationship education. Their activities include projects, research and development, and voluntary work. Sexpo Foundation provides counselling, therapy, consultation and education in matters of sexuality and relationships

Save the Children Finland, a national organisation founded in 1922, which by its own definition 'fights for children's rights in order to immediately and permanently improve children's lives in Finland and all over the world' has opened at the beginning of 2015 a website called otantavastuun.fi (lit. I take responsibility) aimed at people who feel interest at sexual material depicting children or at contacting children through the net.

The site is established with the help from Criminal Sanctions Agency, Criminal Sanctions Training Centre, Sexpo foundation and Väestöliitto, the Family Federation of Finland. Åbo Akademi university's faculty of psychology's research group has suggested bringing German Dunkelfeld-model to Finland aimed at pre-empting sexual offences directed at children. The size of the project would be around 15 volunteers per year. The project appears to be currently lacking funding. (source: Haaste magazine, 1/2013).

Target

Any person fearing that they might commit offences directed at children can seek help.

Contact

<https://www.sexpo.fi/>

Finland | Uusi Suunta New Direction

The initiative

The Uusi Suunta/New Direction programme is an individual rehabilitation programme offered by the Care about! unit and developed at the Criminal Sanctions Training Center (RISE). RISE contributes to social security by maintaining a legal and secure system of enforcement of sanctions, and to contribute to the reduction of recidivism and the disruption of the development of exclusion that perpetuates crime. The New Direction programme takes the Good Lives Model approach to rehabilitation. The program is comprised of a series of individual meetings. These consist of identifying individual life situations and find ways to increase participant well-being without violating the boundaries or sexual rights of others through their sexual activity. All conversations are confidential, and visits are free. You can also contact the programme anonymously

Target

For those considered a factor in sexual abuse crimes and those that are worried about harmful sexual activity or fantasies. Additionally, also aimed at individuals suspected or guilty of a sexual offence.

Contact

nina.nurminen@om.fi

<https://ecsa.lucyfaithfull.org/uusi-suunta-%E2%80%93-new-direction>

Finland | Vältä! Contact for support

The initiative

Vältä! – Contact for support provides low-threshold discussion assistance if you are suspected of having committed / have committed a sexual offense or are only concerned about your own sexual thoughts or actions. Relatives of such persons may also contact.

You can discuss your situation and its impact on your life with a professional over the phone, remotely or face to face. In the discussions, we can also talk about what would help to cope and prevent similar situations in the future.

We can offer face-to-face meetings up to 5 times, after which you have the opportunity to continue working as a New Orientation individual rehabilitation. For more information on the New Direction Program, click [here](#). For young people aged 15-29, we can offer longer-term support with a project grant from the Ministry of Justice at least until spring 2022. If necessary, we will also help you find other help and further support. You can also contact us anonymously. The conversations are confidential, and our services are free.

Target

People who fear they may offend.

Contact

p. +35845 279 8090 / valita-yksikko@settlementitampere.fi
 Tehty Yhdistysavaimella | Tietosuojaseloste
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 Nalkalankatu 12 G (2.krs), 33200 Tampere

Satu Hintikka, yksikönjohtaja, p. 050 523 7313
 Mervi Talvitie, kriisityöntekijä, p. 045 802 4814
 Jukka Aho, kriisityöntekijä, p. 050 448 1792
 Kristiina Hannila, kriisityöntekijä, p. 045 802 4804
 Anne Saarinen, projektikoordinaattori, p. 050 344 9749 (Seri-tekijätyön kehittämishanke)
 sähköpostit muotoa: etunimi.sukunimi@settlementti
<https://www.seksuaalivakivalta.fi/englanti/>
<https://www.seksuaalivakivalta.fi/hae-apua/jos-olet-tekija/>

France | L'Ange Bleu

The initiative

L'Ange Bleu holds group sessions between both victims and paedophiles after close character analysis. The President of the Association, Latiffa Bennari between 6 and 14, was herself the victim of a child-attracted person and offender. At a certain time of her life she started developing a kind of sensitivity towards children and youngsters that were abused and also started to approach them and encourage them to inform parents and at the same time discuss the matter with their persecutors. From her sad experience she developed a resilient behavior and founded the Ange Bleu Association, in France and additionally she developed this Latifa's innovative methods to approach Pedophilia.

How is it about? After an accurate profiles studies, she proposes dialogue groups where victims and pedophiles with all kinds of different profiles can meet in a convivial, respectful atmosphere and an absence of judgement. She has experienced thousands of these groups for 30 years on the field, seeing the reparation that these dialogues could bring to the victims and the preventative effect on the pedophiles. This methodology is now replicated in Spain, Morocco, Canada and an Italian branch is under study. Academic and PHD students are studying this informal methodology to see whether it can be assessed and validated.

Target

Both victims and paedophiles

Contact

Latiffa Bennari
<http://ange-bleu.com/fr/accueil>
<http://inceste-viol-protegeons-les-enfants.psychologies.com/avez-pulsions-pedophiles-trouver-de-laide/>
 Appeler la Hotline de l'association l'Ange bleu au 0033 (0) 684977239
contact@ange-bleu.com
latifa@ange-bleu.com

France | Association Une Vie®

The initiative

The Association Une Vie® was born from a need for sharing and a desire to promote respect between people. Based on an objective, the courage of benevolence, we carry out concrete actions based on three main themes: child protection, citizenship and the duty to remember. Apolitical and religious, the Une Vie® Association is a French nonprofit association of general interest (law 1901) founded in 2017 by its current president Sébastien Brochot and its treasurer Brigitte Sion, with the purpose of promoting respect between people and the development of the individual and the collective. The association does not pay any salary and only works thanks to the commitment of our volunteers and the help we receive. Our budget report is freely accessible on our website.

The statutes of the association, the internal regulations and the minutes of the meetings of the board of directors are freely available on request. Our prevention project benefited from the support and accompaniment of recognized institutional and associative partners: -The French Federation of Resource Centres for Sexual Violence Workers (FFCRIAIVS) which works under the auspices of the French Ministry of Health and Social Services; -The Association for the Research and Treatment of Authors of Sexual Assault (ARTAAS), whose work has contributed to the drafting of a French law establishing the Health and Justice articulation, in the complementarity and differentiation of health and judicial missions; -The Post-Graduate Interdisciplinary Association of Sexology (AIUS) which delivers the only university degrees of national value recognized in France for the practice of Sexology for doctors and non-physicians. -The French Society of Clinical Sexology (SFSC), partner in the creation of the UNESCO Chair on sexual health and human rights. -The National Union of Clinical Sexologists (SNSC), the one and only organization in France that brings together clinical sexologists in an interdisciplinary collaborative approach; -The Pedopsylia project (Barcelona, Spain), which offers an adapted care offer; -The Resource Centers for workers intervening with perpetrators of sexual violence (CRIAIVS) in Ile-de-France, a department of Saint Maurice Hospitals, a public health establishment.

Target

People who fear they may offend.

Contact

Association loi 1901 is registered under the number W751237833 with the Police Prefecture of Paris. Publication in the Official Journal 149/8 of 25/02/2017 under number 1232. SIREN number 829 344 902 (INSEE). Association Une Vie® is a trademark of INPI under the number 174335395. Reference person: Sébastien Brochot sebastien@brochot.eu
<https://1vie.org/en/>

France | CRIAIVS

The initiative

CRIAIVS – Resource Centers for workers intervening with perpetrators of sexual violence. The CRIAIVS is a federation with several branches in French Regions. CRIAIVS Ile-de-France has been selected as reference site, where information is available in different languages (FR/EN/ES/DE/IT) CRIAIVS Ile-de-

France is a place of support and recourse for the various professionals working with perpetrators of sexual violence. Its objective is to improve the care of perpetrators of sexual violence by establishing coordinated actions for the various actors among this group, promoting networking, disseminating knowledge, providing support and advice to the those involved while also optimizing everyone's skills.

CRIAVS Ile-de-France welcomes professionals to its premises or sets up a mobile team to assist in the resolution of complex situations.

CRIAVS Ile-de-France is intended above all for professionals, whether they work in the public, private or voluntary sector, whatever their field of expertise (health, justice, prisons, social, medico-social, public security, etc).

CRIAVS Ile-de-France is a department of Saint Maurice Hospitals, a public health establishment, and its activities are organized around six main areas: networking; Clinical Support and Recourse, Training, Information and documentation, awareness and prevention, research.

Target

People who fear they may offend.

Contact

Fédération Française des CRIAVS

Tél : +33 5 61 14 90 10

CRIAVS Midi-Pyrénées - 7 rue du Colonel Driant, appt 9 - 31400 TOULOUSE

e-mail : contact@ffcriavs.org

Mathieu Lacambre Secrétariat Centre Ressource pour les Intervenants auprès des Auteurs de Violences Sexuelles (CRIAVS-LR) m-lacambre@chu-montpellier.fr Present President of the French Federation of the CRIAVS (FFCRIAVS),

<https://www.ffcriavs.org/nos-actions/numero-unique/>

Dr Anne-Hélène Moncany anne-helene.moncany@ch-marchant.fr +33 6 78 93 08 21

https://www.ffcriavs.org/nous_contacter/votre-criavs/

Germany | Dunkelfeld Prevention Project

The initiative

A prevention project called Dunkelfeld (Do you like children in ways you shouldn't?) began in Germany in 2005 to provide clinical and support services to individuals who are sexually attracted to children and want help controlling their sexual urges, but are otherwise unknown to the legal authorities.

Dunkelfeld Prevention Project is a research and therapy project set up by the Institute of Sexology and Sexual Medicine at the Charité University Clinic in Berlin, whose aim is to offer therapeutic measures to those who feel sexually attracted to children and/or teenagers and to thus prevent them from committing an offence. The patients learn to control their impulses. The therapy entails two to three hours' treatment per week over a period of one year. The work sessions, which generally take place in groups of five to eight patients, focus on specific themes: sexual fantasies, sexual self-regulation, cognitive distortion (a problem which involves attributing to a people intention that they do not have), and empathy for the victim.

The group is encouraged to develop strategies to deal with risk situations. The project builds on two assets to help pedophiles feel at ease and talk about anything that comes to mind in small group sessions: absolute trust in the therapists and an approach that lifts the burden of guilt. It is explained to them that pedophilia is a mental disorder that cannot be treated and whose causes are unknown.

Although it is difficult to make a statistical evaluation of the success of this initiative, it is interesting to note that it is very popular with pedophiles (440 patients have been treated over the past ten years and some come especially from other European countries) and to see the political support it receives.

Target

Persons who feel sexually attracted to children and/or teenagers and to thus prevent them from committing an offence

Contact

<https://www.dont-offend.org/>

<https://www.dont-offend.org/app/kontakt/message>

Germany | I can change! ✨

The initiative

The prevention project 'I Can Change' was launched in 2017 in the Department of Clinical Psychology and Sexual Medicine at the MHH. The aim here is to help people who suffer from sexual impulses and are looking for help because they fear that they can no longer control them. In addition to the excessive consumption of pornography, this also includes sexual violence fantasies and sexual assaults. Under the motto 'criminal prevention is the best protection for victims', the project offers anonymous and free therapeutic help with confidentiality and aims to prevent sexual assaults in the future and in the long term, because prevention means stopping actions before they happen.

The common goal

Step 1: The participants should be given opportunities to express their (sexual) needs appropriately

Step 2: You should be able to use functional behavioral strategies to achieve personal goals without restricting the freedom of others.

Step 3: Through medical and psychological support, competencies are to be expanded and a responsible approach to sexuality is to be taught.

Due to the broad competence of the project, medical support is also possible in serious cases

Target

Persons who feel sexually attracted to children and/or teenagers and to thus prevent them from committing an offence

Contact

Telephone: 0511-5326746

Instagram: [icanchange_projekt](#)

Facebook: Sexual Violence Prevention Project
(@preventionsexualviolenceMHH)

YouTube: I Can Change - Prevention of Sexualised Violence

<https://www.praevention-sexueller-gewalt.de/>

<https://www.mhh.de/sexualmedizin/i-can-change>

Germany | Nicht Täter werden - Don't become a perpetrator project

The initiative

Preventive intervention programmes and measures for persons that fear that they might commit offences have been put in place in Germany. The project has by now been expanded to the nationwide prevention network Don't become a perpetrator. Currently the Don't become a perpetrator project has 11 contact points all over Germany via which persons that fear that they might commit child offences can get in contact with specifically trained personal free of charge. In 2005 the Institute of Sexology and Sexual Medicine at the University Hospital of the Charité Berlin has launched the government-sponsored 'Prevention Project Dunkelfeld'.

The patients learn to control their impulses. The therapy entails two to three hours' treatment per week over a period of one year. The work sessions, which generally take place in groups of five to eight patients, focus on specific themes: sexual fantasies, sexual self-regulation, cognitive distortion (a problem which involves attributing to people intentions that they do not have), and empathy for the victim. The group is encouraged to develop strategies to deal with risk situations. The project builds on two assets to help pedophiles feel at ease and talk about anything that comes to mind in small group sessions: absolute trust in the therapists and an approach that lifts the burden of guilt. It is explained to them that pedophilia is a mental disorder that cannot be treated and whose causes are unknown. Although it is difficult to make a statistical evaluation of the success of this initiative, it is interesting to note that it is very popular with pedophiles (440 patients have been treated over the past ten years and some come especially from other European countries) and to see the political support it receives.

Target

Persons that fear that they might commit offences.

Potential offenders that were seeking psychological help to prevent them from the commission of child abuse offences.

Contact

<https://www.kein-taeter-werden.de/>

<https://www.dont-offend.org/app/kontakt/message>

Germany | Troubled Desire

The initiative

Troubled desire is an internet-assisted self-management tool for people who feel attracted to children and early adolescents. The goal is ultimately to prevent child sexual abuse and the use of child abuse images and to alleviate the distress experienced by those with pedophilic inclinations.

The online-program not only aims at making information, assessment and treatment available online, but also at providing contact to healthcare professionals who provide preventive treatment on site in that particular country. In Germany preventive treatment for pedophiles and hebephiles can be done through personal counselling because the law allows those with pedo- and/or hebephilic inclinations, even those who have already offended, to obtain treatment without legal consequences (doctor-patient confidentiality). In many other countries, such as India, Canada or the United States, there are mandatory reporting laws which make it difficult to work with patients in a live setting on a personal basis.

As the sexual preference for children and child sexual abuse are internationally relevant phenomena, Troubled desire project is supporting the establishment of a supply system by building an international network of treatment providers with each national network operating in accordance to its national mandatory reporting law (for example, reported previous use of child sexual abuse images does not need to be reported according to American mandatory reporting laws).

Target

People who feel attracted to children and early adolescents and don't have the chance to get in real contact with therapists. Contacts to therapists will be arranged if possible. The self-management tool as well as real contacts to therapists are assured to be confidential and anonymous.

Contact

Institute of Sexology and Sexual Medicine
Zentrum für Human- und Gesundheitswissenschaften
Universitätsklinikum Charité Campus Mitte
Freie und Humboldt-Universität zu Berlin
Luisenstraße 57
D-10117 Berlin-Mitte
Spokesperson: Prof. Klaus M. Beier, MD PhD
Mail: klaus.beier@charite.de
<https://www.troubled-desire.com/en/>

Ireland | One in four – The Phoenix programme

The initiative

The Phoenix Programme is seen at One in Four as a core child protection strategy. We work with the sex offenders, their families and the statutory services to help offenders confront the harm that they have caused and to support them in living lives that are free from sexually harmful behaviour. The programme is underpinned by the Good lives Model and risk management principles to reduce recidivism.

The programme is delivered from a Good Lives, Risk Needs (RNM) Relapse Prevention and Systemic theoretical pathways model. The individual will only begin the Pathways Model following their meeting with a Social Worker from TUSLA. Once the individual has engaged with TUSLA this begins the Multi Agency Risk Management meetings. Multi Agency Risk Management meetings will take place throughout the duration of the individual and family (if available) engagement with the programmes.

The risk needs will be gathered initially in the one to one screening meetings which will include the SAO7 (STATIC and STABLE 2007) the MATRIX 2000 and the Armadillo 2013, the SCJT (Structured Clinical Judgement Gathering Tool) gathering tools which will inform in the risk management case formulation.

There are also specific gathering tools to deal with Child Sexual Abuse material (C.S.A.M) The case plan is used to understand the motivation and pathways that led to the individual offending and to inform treatment. One in Four does not undertake risk assessments.

The treatment programme is delivered over 18 months in a group setting. Three modules focus on early life history, offence specific details and relapse prevention. Tusla child protection services and the Gardaí are informed when an offender engages with the Phoenix Programme.

One in Four staff psychotherapists take part in multi-agency meetings on a regular basis, with a view to managing the offenders in the community. Following treatment the offender attends an intervention maintenance group which supports and reinforces relapse prevention.

Target

- Sex offender intervention : it is one of the very few programmes available for non-convicted offenders in Ireland.
- Family support: child abuse often happens within the family unit, and the majority of offenders are not convicted. A family finding out a relative has offended can have a devastating impact. The Phoenix Programme is there to support the family come to terms with what has occurred, and empowers them to help prevent a recurrence.

Contact

For more information about any of our services, or to have a no-obligation chat to one of our staff members, please feel free to call us on 01 66 24070, or email info@oneinfour.ie;

<https://www.oneinfour.ie>

<https://www.oneinfour.ie/therapy>

Luxembourg | Hotline gegen Gewalt

The initiative

Hotline against violence.

Target

As a perpetrator, abuse in a sexualized way , violent towards partner or children – and at same time a loving father, partner, husband .

Contact

<https://www.euline.eu/>

Norway | Dinutvei National guide against violence and abuse

The initiative

Dinutvei.no is operated by the National Knowledge Center on Violence and Traumatic Stress (NKVTS) on behalf of the Ministry of Justice and Emergency Preparedness. National guide to violence in close relationships, rape and other sexual abuse.

Target

People who fear they may offend

Contact

<https://dinutvei.no/>

Address: Gullhaugveien 1-3, 0484 Oslo.

Tel: 22 59 55 00 (NKVTS switchboard)

e-mail: kontakt@dinutvei.no

www.nkvts.no

Slovakia | Linka Dôvery

The initiative

Linka Dôvery is an anonymous 24/7 helpline which provides psychological assistance to persons calling. It includes assistance also for persons who fear that they may abuse children.

Target

Persons who fear that they might commit any of the offences referred to in Articles 3 to 7 of Directive may seek appropriate assistance, for example free consultancy via anonymous helpline 'Linka Dôvery'.

Contact

Linka Dôvery is operated by II . Organised by: Department of Psychiatry of the University Hospital of L. Pasteur. The phone number is 055/ 622 2323.

<https://www.dusevnezdravie.sk/linky-pomoci/>

<http://en.dusevnezdravie.sk/>

Spain | Angel Blau ✨

The initiative

The Angel Blau is an informal and pioneering method in Europe that they developed in France has become a world reference in view of its effectiveness. Sexual attraction to minors, known to the general public as pedophilia, is one of the most difficult issues to address in our society. Sexual predator, pedophile, or sex offender are used interchangeably in many professional approaches and colloquial conversations as a synonym for pedophile. On the contrary, in our opinion, these qualifiers are used in a wrong way, since pedophilia is not a crime and all these words (sexual predator, pedophile or sexual aggressor) assume in their meaning to have committed a criminal act against freedom and indemnity of a minor. Generally, our society emphasizes the dangerousness of the criminal pedophile and forgets the abstinent pedophile, the one who will never act. Although both phenomena may be subject to a certain degree of relationship, they should not overlap: the history of pedophilia cannot be reduced to the history of child sexual abuse and pedophilia.

Methodology: The Word Group for pedophiles

Profile study and personalised evaluation of control while in presence of children. Organisation of dialogue groups where victims and pedophiles with all kinds of different profiles (always chosen following compatibility criterias on a group by group basis) can meet in a convivial, respectful atmosphere and an absence of judgement. Participating in the "Word Group" offers the opportunity to relive disabling pain and fear that, in a context of trust and security, become more manageable. However, the support of ÁngelBlau does not replace the role of the therapist, and those cases that

require it, are referred to professionals specialized in psychological care for pedophiles, and victims of sexual abuse.

Target

Abstinent pedophiles, who made a conscious and willing choice to never have sexual relationships with children. Passive pedophiles, who refrain from acting out not by choice but because of external factors they have no control over (relational inhibitions, fear of prison or of social rejection, etc).

Contact

Patricia Bosch
<https://angelblau.com/>

Spain | Prevensi

The initiative

PrevenSI is a new specialized resource for the prevention of child sexual abuse. An innovative project was born from the union between the INSTITUTE OF FORENSIC PSYCHOLOGY, the INTRESS INSTITUTE and the IRES FOUNDATION, and because of a long period of analysis of the problem and the possible strategies to be able to intervene. The driving professionals state that the prevention of child sexual abuse is "a collective responsibility, which demands the active involvement of the entire society."

Target

PrevenSI will offer orientation and preventive tools to people who are concerned and/or know about cases of CSA. It will also offer care and referral to pedophiles, users of sexually abusive images (child pornography) or people who have engaged in CSA or similar behaviors. In addition, it will provide support and training for the prevention of CSA to professionals who work or care for children and/or adolescents.

Contact

info@prevensi.es
<https://prevensi.es/>

Sweden | Centre of Andrology and Sexual Medicine in Stockholm

The initiative

Sweden does have a Centre for Andrology and Sexual Medicine at the University Hospital Karolinska in Stockholm. This centre is described as the specific measure that Sweden has taken to assist persons who are in the risk zone for committing sexual crimes. However, there is no clear information on the website regarding the fact that the Centre has this function. The Government proposed the introduction of as so called stop phone where persons who fear that they will commit sexual crimes can call to get help. It has not been possible to identify where information regarding this stop phone is to be found and whether it is now in place.

Target

This Centre deals with all types of sexuality problems including persons who believe that they are in the risk zone for committing the types of crimes referred to child sexual abuse.

Contact

<http://www.karolinska.se/for-vardgivare/kliniker-och-enheter-a-o/kliniker-och-enheter-a-o/centrum-for-andrologi-och-sexualmedicin/>

Sweden | Forte – The Swedish Research Council for Health

The initiative

Forte, the Swedish Research Council for Health, Working Life and Welfare, is mandated by the Government to fund, communicate and evaluate research, in order to set research priorities and identify knowledge gaps. Forte also has a national responsibility to coordinate research within several specific areas, including children and adolescents. Prevention of sexual offences against children is therefore a highly relevant field of research within Forte's mandate. With respect to adults and adolescents who have not committed sexual abuse against children, but are at increased risk of doing so, there is a lack of evidence about the effectiveness of preventive methods.

Target

To determine the current state of knowledge in this research field, Forte was directed by the Swedish Government to evaluate interventions for adults who have committed, or are at risk of committing sexual abuse against children, as well as methods for assessing the risk of an adult (re)offending sexually against children.

Contact

Professor Niklas Långström appraised the scientific literature and authored the report and an external referencegroup reviewed a draft report and provided feedback.

The referenced report summarizes the scientific evidence in support of preventive medical and psychological interventions for offenders and adults at risk of committing child sexual abuse, and assessment of sexual recidivism risk. It also highlights scientific uncertainties and research priorities, and list suggestions for policy and practice.

<http://forte.se/app/uploads/sites/2/2016/02/preventing-sexual-offending-against-children-en.pdf>

Sweden | PREVENTELL

The initiative

Sweden does have a Centre for Andrology and Sexual Medicine at the University Hospital Karolinska in Stockholm. This centre is described as the specific measure that Sweden has taken to assist persons who are in the risk zone for committing sexual crimes. However, there is no clear information on the website regarding the fact that the Centre has this function. The Government proposed the introduction of as so called stop phone where persons who fear that they will commit sexual crimes can call to get help. It has not been possible to identify where information regarding this stop phone is to be found and whether it is now in place.

Target

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Contact

<http://www.karolinska.se/for-vardgivare/kliniker-och-enheter-a-o/kliniker-och-enheter-a-o/centrum-for-andrologi-och-sexualmedicin/>

Switzerland / DE | Beforemore

The initiative

The goal of Beforemore is reflected in the name: Beforemore wants to help free of charge and anonymously before something or before more happens, i.e. before there is a (repeated) sexual assault on children or the (repeated) consumption of images of abuse on the Internet. Beforemore is also the contact for those indirectly affected, such as partners, acquaintances or relatives. Specialists such as teachers, legal and therapeutic specialists or media professionals can also get professional advice or information here.

Our offer is currently under construction. We can already be reached via anonymous contact for those affected. From July 1, 2022, we will also offer free first aid and advice over the phone.

Target

The Beforemore specialist and prevention center addresses people who feel sexually attracted to children or young people or who have sexual fantasies with children, which often leads to personal difficulties and suffering.

Contact

Since July 1, 2022 you can reach us free of charge on 0800 222 333 as follows:

Tuesday: 5:00 p.m. – 7:00 p.m.

Friday: 9:00 a.m. – 11:00 a.m

<https://beforemore.ch/>

Switzerland / FR | Association Dis-no!

The initiative

Dis-no! offers you:

- ▶ Active listening to help you take stock of your situation, clarifying your needs and expectations
- ▶ Refer to a therapist sensitive to this problem ready to support you.
- ▶ Resources are available in Italian.
- ▶ Anonymity.

Target

Dis-no! is aimed at people, adults or adolescents, men and women, who have never committed a sexual act on a child, but who feel they are attracted to them and have sexual impulses towards them. Dis-no! accompanies people who wish to find support/help to stop using child pornography.

Contact

<https://www.disno.ch/>

Switzerland / IT | Associazione Io-No!

The initiative

Io-no! offers you:

- ▶ Active listening to help you take stock of your situation, clarifying your needs and expectations
- ▶ Refer to a therapist sensitive to this problem ready to support you.
- ▶ Resources are available in Italian.
- ▶ Anonymity.

Target

Io-no! is aimed at people, adults or adolescents, men and women, who have never committed a sexual act on a child, but who feel they are attracted to them and have sexual impulses towards them. Io-no! accompanies people who wish to find support/help to stop using child pornography.

Contact

<https://www.io-no.ch/>

Switzerland | Keinmissbrauch Project Forensic Institute Eastern

The initiative

According to scientific studies, up to one percent of all men between the ages of 18 and 75 have sexual fantasies directed towards children (source: kein-taeter-werden.de), which would mean around 20,000 men in Switzerland. Many do not succeed in permanently controlling their inclinations. They commit sexual assault on children or use misuse pictures on the Internet, so-called child pornography. Others have so far been able to suppress the sexual impulses directed at children, but fear losing control and committing a crime.

Some of those affected have a problem awareness and are open to professional help. However, until some time ago, specific therapy offers were missing in Switzerland. Since 2009, the Forensic Institute Eastern Switzerland has offered a corresponding range of counselling and therapy in individual and group settings. The aim of these offers is on the one hand the control of sexual impulses and thus the protection of children against sexual assaults. On the other hand, men with pedophile tendencies who do not want to commit abuses should be strengthened in their preventive engagement. Among other things, the offers refer to the successful programs of the Institute for Sexual Medicine of the Charité in Berlin. The group therapies are carried out with up to 6 participants in a discrete setting in an anonymous location. They are run by two psychotherapists, a woman and a man.

Target

This Centre deals with all types of sexuality problems including persons who believe that they are in the risk zone for committing the types of crimes referred to child sexual abuse.

Contact

Ihre Ansprechpartnerin für Anmeldungen und Auskünfte: M. Sc. Stefan Matt, Psychologe FSP, Rechtspsychologe SGRPlic. phil. Matthias Maguhn, Psychologe FSP Rechtspsychologe SGRP

keinmissbrauch@forio.ch

www.keinmissbrauch.ch [accessed on 17/07/2018]

Forensisches Institut Ostschweiz Zürcherstrasse 149 CH-8500 Frauenfeld

Telefon +41 52 723 30 00 Fax +41 52 723 30 05

info@forio.ch

www.forio.ch

UK | Eradicating Child Sexual Abuse (ECSA) Project & toolkit Lucy Faithfull Foundation

The initiative

The Eradicating Child Sexual Abuse Project is led by the Lucy Faithfull Foundation and funded by the Oak Foundation. It aims to develop a child sexual abuse prevention toolkit to be used internationally. that can be used by a nation, area or region to develop a considered and credible strategy for the prevention of child sexual abuse. The toolkit aims to guide users through the process of creating a child sexual abuse prevention strategy and build a plan to prevent child sexual abuse based on their understanding of the place they are in and the particular problems children face. The biggest part of the toolkit is made up of example programmes and interventions from around the world, some 180 example interventions, which users can browse.

Target

People who fear that may offend among others.

Contacts

http://www.lucyfaithfull.org.uk/oak_foundation_international_toolkit.htm

The Lucy Faithfull Foundation

Bordesley Hall

The Holloway Alvechurch

Birmingham B48 7QA

Tel: 01527 591922 Fax: 01527 591924

Email: contact@lucyfaithfull.org.uk

For all Lucy Faithfull Foundation media enquiries please contact:

Media and Communications Manager, Matt Whitticase

01372 847160 / 07515 788456

mwhitticase@lucyfaithfull.org.uk

UK | NOTA

The initiative

NOTA is the National Organisation for the Treatment of Abuse. It changed its name and registration in 2019 to reflect its focus upon prevention. Previously it was the National Organisation for the Treatment of Abusers. NOTA is a registered charity. Inaugurated as a National Organisation in 1991, NOTA grew from a regional network in the North West of England.

Target

Membership is open to any professional whose work concerns intervention with sexually aggressive individuals regardless of their age, race, gender or sexual preference. With a growing multi-disciplinary membership comprised of practitioners, managers and policy makers from the public, private and voluntary sectors, NOTA is able to bring a wide variety of perspectives to intervention with sexual aggressors.

Contact

<https://www.nota.co.uk/>

<https://www.nota.co.uk/online-training/>

UK | NSPCC

The initiative

The NSPCC is a charity specialising in child protection and the prevention of cruelty to children. The charity has a free anonymous 24/7 helpline that provides help, advice and support to adults worried about a child.

Target

Primary Prevention – general deterrence (bystander intervention; public education campaigns)
Secondary Prevention – working with “at risk populations” (Stop It Now helpline; troubled families working; therapy for self-identified pedophiles).

Contact

The NSPCC

Weston House, 42 Curtain Road, London EC2A 3NH. Leading children's charity, incorporated by Royal Charter

Registered charity number 216401. NSPCC, charity registered in Scotland, charity number SC037717. Jersey registered charity number AJC179.

Helpline: 0808 800 5000

Text: 88858

Email: help@nspcc.org.uk

www.nspcc.org.uk [accessed on 16/07/2018]

<https://www.nspcc.org.uk/globalassets/documents/conferences/how-safe-2016-presentation-working-with-perpetrators-child-sexual-abuse-kieran-mccartan.pdf>

UK | re-Think by Internet Watch Foundation

The initiative

Innovative new chatbot to intervene and stop people looking at child sexual abuse imagery online before they've committed a crime. The chatbot will engage them in a friendly and supportive conversation, make them realise that their online behaviour is damaging to children and at the right time, signpost and refer them to our partner organisation, the Lucy Faithfull Foundation, which could help them change and control their behaviour. The aim is for our chatbot to target these users at that moment before they actually commit a criminal offence. The chatbot is planned to be fully working and rolled out by the end of 2022.

Target

The chatbot will disrupt people trying to access online child sexual abuse material, engage with them, alert them that their behaviour may be criminal and signpost them to counselling and intervention support offered by the Lucy Faithfull Foundation, to help them control their inappropriate sexual thoughts and behaviour.

Contact

<https://www.iwf.org.uk/our-technology/chatbot/>

UK | Securus Offender Monitoring

The initiative

Securus Offender Monitoring is an E-safety software, which examines personal computers for specific inappropriate words, phrases and images regarding child pornography.

Target

Arrested and convicted Internet sex offenders in the UK. Securus is suitable for adolescent and adult offenders. Securus is e-Safety software, which examines personal home computers for specific inappropriate words and phrases and images, using a library, which enables the recognition of such items. Results are monitored remotely by riskmanagement staff.

Contacts

Securus is available through the child protection charity, The Lucy Faithfull Foundation, UK. Various police forces within the UK and USA are also using the software.

LAN2LAN House
 Brook Way
 Leatherhead
 Surrey
 KT22 7NA
 United Kingdom
enquiries@securus-software.com
 +44 (0)330 124 1750
<https://ecsa.lucyfaithfull.org/securus-offender-monitoring>

UK and US | SAA Sex Addicts Anonymous

The initiative

A twelve step peer support group made up of men and women who share their experience, strength and hope through weekly meetings to help each other stop addictive sexual behaviour.

Target

The target population for Sex Addicts Anonymous (SAA) is adults who have a desire to stop their addictive sexual behaviour. Although many will want to recover from sexual behaviour which does not involve children or images of children, some will have been convicted of, committed, or for other reasons feel at risk of committing, child sexual abuse

Contact

SAA UK Outreach Servant

Email: outreach@saa-recovery.org.uk

<https://saa-recovery.org/>

<https://saa-recovery.org/literature/sex-addicts-anonymous-green-book-saas-basic-text/>

International (US, UK, IE, NL) | Stop It Now!

The initiative

The concept of Stop It Now! originates from the US. Since 1992, the organisation has been providing information and resources to support adults, families and communities to protect children from sexual abuse. Prevention and guidance tools are available both for children and adults. They collaborate with the the Global Institute of Forensic Research, Inc. (GIFR) specialising in providing cutting-edge research, training, and software solutions to mental health, correctional, and legal professionals working in both general care and forensic settings around the world. Dedicated to innovation, international experts develop services and programming to promote evidence-based best practices and improve both compliance and outcomes in assessment, treatment, and monitoring

<https://www.gifrinc.com/>

The Stop It Now! US has inspired the Stop It Now! Initiative in Europe.

Target

A dedicated section is available for sex offenders seeking for help with a “Tip Sheet: Twelve Questions About Your Behaviour Only You Can Answer” at this link <http://www.stopitnow.org/> [accessed on 16/07/2018]

The tip sheets are licensed under the Creative Commons, which allows interested stakeholders to reproduce them according to available guidelines. Online Help Center is also available for information and guidance.

Contacts

<http://www.stopitnow.org/>

Mailing address: 351 Pleasant Street, Suite B-319, Northampton, MA 01060, US

Tel: 413.587.3500

Helpline: 1.888.PREVENT or email the Helpline through the website

Dedicated links to contact Stop It Now! staff in the US are available on the website for:

- ▶ Sign up for updates
- ▶ Help with a concern about possible child sexual abuse
- ▶ Permissions to use materials or link to us
- ▶ Training interest
- ▶ Media and publicity inquiry
- ▶ General inquiry

Sister organisations:

UK & Ireland:

Stop It Now! UK and Ireland works to protect children and prevent child sexual abuse. Their helplines offer confidential advice, information and support to anyone with concerns about child sexual abuse and helps callers take the action that is in the best interests of children. The helpline is available to any adult who has concerns relating to child sexual abuse. This includes those who are concerned that an adult or child they know is sexually abusing a child, or is at risk of doing so; is concerned about their own thoughts or behaviour towards children, including an interest in child pornography; or is a parent or carer of a child whose sexual behaviour or interests they find worrying.

Freephone Helpline: 0808 1000 900

Email: help@stopitnow.org.uk (emails received are anonymised to preserve confidentiality and they aim to respond within 3-5 days)

www.stopitnow.org.uk

Specialist Treatment Organisation for the Prevention of Sexual Offending

StopSO UK is an organisation that also aims to prevent sexual offending through therapy (fees apply). Anyone who is concerned about their thoughts or behaviour can ask for help from StopSO UK. <https://www.stopso.org.uk/mandatory-reporting/>

Netherlands:

The Stop It Now! Netherlands helpline was launched in March 2012, sponsored by the Internet Hotline (Netherlands) and der Waag, a center for outpatient forensic psychiatry - and with the help of Stop It Now! UK & Ireland.

<https://dewaagnederland.nl/en/>

<https://www.meldpunt-kinderporno.nl/en/>

International - European project | Daphne Funding Programme

The initiative

Preventing Child Sexual Abuse: Evaluating and implementing a European model of Stop It Now! (Reference Number JUST/2011/DAP/AG/3031) This project is funded by the Daphne Funding Programme, whose main aim was the development of an evidence-based toolkit providing guidance for the successful implementation of Stop It Now! services across Europe, and the promotion of existing services to aid their expansion.

The project provided an evidence-based model for use in setting up prevention services across Europe, based on the public health approach. The Stop It Now! approach is innovative because it is accessible to those at risk of offending, as well as other users such as parents and family members

who do not pose a risk to children. The overarching aim is to prevent child sexual abuse. The project evaluated the only two Stop It Now! services operating in Europe – in the UK and the Netherlands.

The research with users of the service found that, via the Helpline, potential offenders were able to better understand that their behaviour was problematic/illegal; how to identify triggers; how to manage their behaviour (for example, reduce online access); that they should speak to other people who could support them reduce their risk; it also helped them to put in place protective factors that could reduce their risk of offending. Users of the service reported that they do think Stop It Now! helps prevent child sexual abuse. Moreover, the following deliverables were issued:

- ▶ A toolkit
- ▶ Helpline (nl) use study report
- ▶ Report Study of the use and effects

The project was led by NatCen Social Research in the UK and de Waag in the Netherlands. The Lucy Faithfull Foundation which manages Stop it Now! UK and Ireland also contributed, along with project partners Save the Children, Finland, which runs the Nettivihje hotline tackling online child abuse images, and the Prevention Project Dunkelfeld, Germany. These two partners assessed development of the toolkit to inform its relevance to different nations.

Target

Individuals at risk of offending.

Contacts

<https://ec.europa.eu/justice/grants/results/daphne-toolkit/en/content/preventing-child-sexual-abuse-evaluating-and-implementing-european-model-stop-it-now>

International (EN, DE, FI, ES, RU) | The shadows project

The initiative

The Shadows Project is addressed to people who experience sexual attractions – some exclusively, some non-exclusively – to children, and who willingly decided not to act on these urges – and make this same decision again and again, every day of their life.

This Website does in no way excuse or condone child abuse in any shape or form. It is instead about people who experience sexual attraction to children and DO NOT OFFEND! The site is designed to inform interested readers what kind of support is wanted at the moment.

Project goals:

- ▶ Show, that the word "pedophile" is not synonymous with "sex offender" because there are many pedophiles, who don't offend
- ▶ Show, that we suffer severe generalized discrimination
- ▶ Show, that nobody can be judged based only on his/her sexual (or other!) inclinations and only our BEHAVIOR defines WHO WE ARE
- ▶ Break the silence when it comes to pedophilia and providing a possibility for non-offending pedophiles to express themselves and their troubles coping with their problems, fantasies and impulses
- ▶ Encourage other pedophiles not to offend
- ▶ Show, that our sexual preference neither makes us monsters nor insane ticking timebombs
- ▶ Show, that we are normal human beings with a life and family, job, friends, ideas, dreams and fears, fantasy, art and poetry

- Show, that we positively are RESPONSIBLE and MOTIVATED enough not to act on our sexuality when it comes to children

Target

Individuals at risk of offending. People who experience sexual attractions - some exclusively, some non-exclusively - to children, and who willingly decided not to act on these urges.

Contacts

<http://www.shadowsproject.net/>

mail@shadowsproject.net

International | Virtuous Pedophiles

The initiative

The Virtuous pedophiles support group operates for pedophiles who are committed to avoiding having sexual contact with children. More than 2,000 pedophiles have signed up for the group.

The website is intended to reduce the stigma attached to pedophilia by letting people know that a substantial number of pedophiles DO NOT molest children, and to provide peer support and information about available resources to help virtuous pedophiles remain law-abiding, and lead happy, productive lives. Under "Who we are"/"First words" section there are the messages of 71 pedophiles who wrote to the group in its first year of existence, after the site went live in June of 2012. Similar emails continue to arrive every day.

"Letters to self" are letters of two of the group members wrote that they would want their younger selves to read when they first realised their attraction to children.

"Reflections" are thoughtful pieces from three of the group members.

"Founders" has the bios of the site's co-founders Ethan Edwards and Nick Devin.

Target

Individuals at risk of offending, as well as other users such as parents and family members who do not pose a risk to children.

Contacts

<https://www.virped.org/>

You can also write to virpeds@gmail.com



APPENDIX II

PREVENTIVE INITIATIVES IN THE COURSE OF CRIMINAL PROCEEDINGS

Austria | BEST programme

The initiative

Austria has established a system – BEST – in which all sex offenders when commencing serving their sentence are assessed. After the two-week screening by BEST each sex offender will be provided with an indication on the necessity to follow treatment programmes. Thus, the BEST screening can be regarded as an assessment of the danger that they present and the possible risks of repetition of sexual offenders.

Target

Sex offenders serving their sentence.

Contact and references

<https://www.justiz.gv.at/home/justiz/aktuelles/2019/projekt-justiz-3-0-mit-promoting-the-best-award-ausgezeichnet.261.de.html?highlight=true>

Austria | Männerberatung

The initiative

Männerberatung, the social therapeutic work with perpetrators WSPS (Viennese social therapeutic program for sex offenders) of the men's counseling Vienna and the Institute for Forensic Therapy is aimed at men who have committed sexual assault on minors. When working with clients, the focus is on how the perpetrator deals with the offense and serves to protect the victims. It uses psycho-therapeutic, psychological-diagnostic and social work knowledge to sensitize clients and their social environment to the perception of abuse dynamics.

At the beginning of the work in the Viennese social therapy program for sex offenders there is an agreement with the client, which should guarantee an intensive and serious therapeutic cooperation. If necessary, it should also enable cooperation with victim protection organizations and relatives, and contains grounds for exclusion in the event that the man sabotages the goals of the treatment program. In the therapy program, the therapists use cognitive-behavior-modifying, systemic, group-dynamic, psychodramatic and psychodynamic therapy elements, employ psycho-educational methods, but are also involved in safeguards for victim protection, hold helper conferences and prepare confrontation or apology sessions.

In all cases, clients must continuously participate in group or individual work. The client can demonstrate his self-motivation by changing his problematic behavior by working intensively in the group, revealing his difficulties, but also by paying for his travel expenses (when traveling a long way) or by contributing to the therapy costs. The remaining costs will be charged to the referring courts, prisons or health insurance companies.

Duration of care: 2 to 3 years

Target

The WSPS includes inpatient and outpatient individual and group treatment and is aimed at men who are assigned from prisons or by the court, but also at clients who are encouraged to undergo therapy by youth welfare offices or employers or who want to undergo treatment “voluntarily”.

Contact and references

Dr. Jonni Brem, Clinical Health Psychologist, psychoterapist. Dr. Alex Seppelt, Psychotherapist. Dr. Raul Biltgen, Psychotherapist. Contact us (also anonymously), e.g. for a personal conversation:

info@maenner.at or +43 1 603 28 28. /Men's counseling Vienna

Telephone: +43 1 603 28 28 - Fax: +43 1 603 28 28 11

E-Mail: info@maenner

<https://www.maenner.at>

Belgium | EPCP Evaluation et Prise en Charge des Paraphilies ✨

The initiative

EPCP is a specialised health team recognized by the Justice / Health Cooperation Agreements concerning the guidance and treatment of perpetrators of Sexual Offenses of October 8, 1998. Support is outpatient; in the form of day hospitalization; in the form of full hospitalization. The care is integrative: the person is taken care of as a whole.

The approaches are diverse: medical, systemic, transactionalist, person-centered, psychoanalytic and cognitive-behavioral. After telephone contact with the secretary, a first meeting will be made with one of the team's workers, at the V. Van Gogh Hospital. Following this first contact, the person will begin a psychological evaluation. This assessment takes place over several weeks and consists of taking tests and questionnaires and exploring the personality and life history. Therapeutic possibilities are then considered and work objectives are established.

The assessment can include couple or family interviews. Along with the evaluation, the patient will join the reception group which takes place on Tuesday. Thereafter, the patient is referred to a group that lasts for a day at the V. Van Gogh Hospital. This day includes a social skills training session, sex education classes and work focused on the issue of abuse. Hospitalization can sometimes serve as a transition between incarceration and return to society. Hospitalization will only be possible if the person already has accommodation. The specific therapeutic follow-up starts from the start of hospitalization.

Target

Sex offenders serving their sentence.

Contact and references

Responsible: Dr Yves DEPAUW, Psychiatrist.

Psychologists:

Dr Pierre COLLART, Doctor in psychological sciences and psychotherapist

Mrs Bettina DELMOITIEZ, psychologist and psychotherapist

Mrs Kelly GOFFAUX, psychologist

Mr. Olivier SANTERRE, psychologist and psychotherapist

Mr. Fabrizio SERGI, psychologist

Secretaries: Ms. Fortunata CASCIO and Ms. Laurence LEMA

Equipe EPCP – Evaluation et Prise en Charge des Paraphilies – Téléphone : 071/92.05.87

<https://www.isppc.be/chu-de-charleroi/nos-services-et-disciplines-medicales/psychiatrie/evaluation-et-prise-en-charge-des-paraphilies/>

Kolor @ do: Therapeutic group for adolescents who have committed crimes of a sexual nature
<https://www.cpascharleroi.be/fr/bottin-social/sante-mentale/evaluation-et-prise-en-charge-des-paraphilies>
 Kolorado.EPCP@chu-charleroi.be

Croatia | PRIKIP Program Prevention of Recidivism and Impulsive Behaviour Control

The initiative

PRIKIP programme (Programme Prevention of Recidivism and Impulsive Behaviour Control), organised by employees of special treatment programs under the Prison Administration of the Croatian Ministry of Justice.

It is a form of psychosocial group therapy for male sex offenders. Each PRIKIP group is managed by two qualified therapists who specialise in working with sex offenders. The results of the evaluation show that the programme is highly effective and justify its implementation. In addition, a convicted person may be subject to a series of security measures designed to prevent or eliminate the circumstances conducive to the commission of sex offences, such as mandatory psychiatric treatment, mandatory drug addiction treatment or mandatory psychosocial treatment. All prisoners sentenced to a term of more than six months and all prisoners for whom the mandatory psychiatric treatment security measure has been ordered, regardless of the length of the sentence, begin their sentences at the Diagnostic Centre in Zagreb. During the prisoner's detention, experts in different fields assess the person (psychological, pedagogic, social, criminological and medical analysis) so they may propose an individual programme for the execution of the prison sentence.

Target

Prisoners and minors' perpetrators of crimes involving sexual nature, perpetrators of crimes committed against children and those associated with adult and child pornography.

Contact and references

<https://rm.coe.int/presentation-martina-baric-22nd-cdpps/168072aa93>

Finland | STOP programme

The initiative

Core Programme STOP which is aimed at persons convicted of sex offenses. The sessions are kept 2-3 times a week, inside the prison. Prisoners can participate in the Sex Offender programme. An inmate who has at least eight months left in his or her prison term can apply to the program. Core Programme STOP run at Riihimäki prison, where 149 prisoners had completed the programme by January 2009. 129 of them were released and four had been convicted of new sex offenses

Target

Inmates only are eligible to take part in the STOP program, whereas the Directive provision sets out a requirement for such programmes to be accessible at any time during the criminal proceedings.

Contact

Riihimäki Prison
Kaunolanraitti 311310 Riihimäki, Finland PB 100
11311 Riihimäki, Finland

Tel. +358 29 56 81200 Fax +358 29 56 81276
Director Pasi Oksa, tel. +358 29 56 81211
Assistant Director Susanna Schugk-Laulumaa, tel. +358 29 56 81314
Assistant Director Jukka Lievonen, tel. +358 29 56 81322
Email: firstname.lastname@om.fi

Ireland | BBL - Building Better Lives programme**The initiative**

In 2009 the Sex Offender Management Policy Reducing Re-offending, Enhancing Public Safety was published. The policy is aimed at bringing about changes in offenders' lives that reduce the risk of re-offending and enhance public protection. It forms an integral part of the wider range of interventions by criminal justice and community-based agencies.

The Building Better Lives (BBL) sex offender programme commenced in 2009. It uses a strengths-based psychology approach and comprises three components:

- ▶ the Exploring Better Lives (EBL) programme,
- ▶ the Practicing Better Lives (PPL) programme and
- ▶ the Maintaining Better Lives (MBL) programme.

The EBL group aims to develop motivation and confidence about positive change. The PBL group focuses on obtaining a more detailed understanding of past offending and developing positive offence-free self management plans for the future. The MBL group aims to support ongoing progress and development for men who are serving longer sentences in prison and to ensure a through-care plan from prison to community-based supports. The programme is delivered in Arbour Hill by a team of psychologists, including clinical and counselling psychologists, who have developed specific expertise in clinical practice including assessment and therapeutic work with men convicted of sexual offences. Prison-based therapeutic interventions with convicted sex offenders also include one-to-one interventions, interventions by approved in-reach services and interventions available to prisoners generally.

The target

All sex offenders commencing serving their sentence.

Contacts

<https://www.irishprisons.ie/index.php/prisoner-services/treatment-of-sex-offenders/>

The Irish Prison Service is administered centrally with its headquarters located at: IDA Business Park, Ballinalee Road, Longford, Co. Longford
Fax: +353 43 33 35100 Fax: +353 43 33 35371
Email: info@irishprisons.ie

Italy | CIPM Centro Italiano per la Promozione della Mediazione

The initiative

A new pilot project, planned and managed by CIPM - Centro Italiano per la Promozione della Mediazione's private social practitioners, started in September 2005. This project can be seen as the first attempt to treat and deal with offenders in the Italian penitentiary scene, envisaged the establishment of a Intensified Treatment Unit (ex art.115, 4th cpv DPR n.230 / 00) within the 2nd House of Recruitment of Milan - Bollate.

This solution has been thought of as a valid alternative to detention in protected areas, physical and emotional solitude, isolation that sometimes allow a vicious circle where discomfort, grudges, physical and verbal violence contribute to aggravate problem situations that often they hesitate in real pathologies. Treatment is conceived as offering to the individual the ability to raise awareness, redefine and then modify the significance so far given to their existence, and as an opportunity to rework their offense and understand the dynamics and consequences. The team consists of several professional figures, such as criminologists, psychologists, educators, psychologists and an instructor. Treatment interventions for perpetrators of sexual offenses made in the penitentiary sector are a form of territorial prevention oriented primarily to reducing relapse and improving the quality of life of the individual. Over the years, the Units of Treatment have proven to be a place for care and transformation as well as a space for convicted persons to acquire and experience new ways of meeting and relationship, as well as the ability for the team to carry on a continuous observation and review work, which has allowed to constantly update and modify the program itself.

Target

For convicted offenders in prison. Access modes: direct access to prisoners from all Italian prisons can be made by reports from the educational area, attorneys and territorial social and health figures.

Contact and references

Written communication addressed directly to Prof. Paolo Giulini at Cipm's headquarters in Via Coreggio, 1 in Milan or at C.R. of Milan Bollate.

Prof. Paolo Giulini - Centro Italiano per la Promozione della Mediazione, Via Correggio, 1 Milano
Tel: 800.66.77.33 Fax: 02 88.44.63.44

Email: info@cipm.it

<http://www.cipm.it/cosa-facciamo/circoli-di-sostegno-e-responsabilita/>

<https://www.vice.com/it/article/wnkbdm/sex-offender-reati-sessuali-programma-paolo-giulini-bollate>

Italy | RELIVE – Relazioni Libere dalle Violenze

The initiative

Relive (Relazioni Libere dalle Violenze)⁶ is a formalised National Network founded by 9 of most important organisations working with perpetrators. Membership has been growing and there are now 24 member organisations. Relive was founded as a formal network organization in 2009. The Network is an open, democratic network of Italian organisations, that have been working with perpetrators for at least 3 years, whose primary aim is to improve women's and children's safety from domestic violence (DV) by promoting accountable and coordinated work with perpetrators fulfilling internationally accepted quality standards and adopting a gender sensitive perspective. Relive is member of Work With Perpetrators (WWP-EN) and wishes to set Italian guidelines in line with European standards. To reach its main goal, and in line with the

Council of Europe's Convention on preventing and combating violence against women and domestic violence (Istanbul Convention) which requires all member states to implement programmes aimed at teaching perpetrators of domestic violence to adopt non-violent behavior in interpersonal relationships (article 16), the National network is deeply committed to fostering best practices and being engaged in the development of Standards to support the Government in the elaboration and implementation. Relive is also engaged in being instrumental in that the government implements the National Plan against violence and also the application of Law 119 passed in 2013. In this law there are indications as to preventively get abusive men into programmes that is not being applied throughout the country. Relive also is involved in developing.

To support both the development of existing programmes and the implementation of new ones. To reach this the following goals are being developed: fostering the knowledge of perpetrator programmes and the importance of women's safety and men's responsibility and accountability; creating guidelines and Standards to develop Perpetrator programmes; helping "newcomers" reach baseline standard and support them through practice exchange and training; awareness raising about the importance of the work with perpetrators within a comprehensive and coordinated approach against domestic violence; Promoting collaboration and coordinate work with specialized support services; Providing legal grounding for the application of Law 119/2013.

Target

Perpetrators of domestic violence willing to change their harmful behaviours by participating in a programme. The most important indirect beneficiaries, however, will be their partners and children who are victims/survivors of domestic violence. Network members, "newcomers" (new organisations, who have started a programme for perpetrators), researchers, practitioners and experts on work with perpetrators and domestic violence.

Contact and references

Relive - Associazione Relive Relazioni libere dalle Violenze - Via E. il Navigatore, 17 - 50135 Firenze
 associazionerelive@gmail.com -
 associazione.relive@pec.it
 Alessandra Pauncz, President of Relive
<https://www.associazionerelive.it/>

⁶ This text is retrieved from the perpetrator program's Shadow Report. In Italy work with perpetrators has a very recent history. The first programme was set up in 2009 (CAM –Centro di Ascolto Uomini Maltrattanti) on the basis of the European's Network of the Work with Perpetrator's Guidelines and since then, the sector has been growing constantly. Following the ratification of the Istanbul Convention in 2013 Italy passed a new law that recognizes the need for perpetrator work and appointed the government to implement Standards for the development of perpetrator work. In 2013 the Equal Opportunity Ministry invited the most important perpetrator programs to create a National network to become a consultant to the creation of Standards

Lithuania | SeNat Sex Offender Therapy Program

The initiative

The SeNat program is designed to provide therapeutic and psychological assistance to individuals, sexually and otherwise exhausted children, within the Prison Department, in collaboration with foreign scientists, who developed a special therapy program SeNAT - Sex Offender Therapy Program for Lithuanian Corrections.

It should be noted that to provide complex measures aimed at eradicating all forms of violence against children, the National Program for Prevention of Violence against Children and for Assistance to Children for 2008–2010 was adopted.

Target

Individuals who have committed sexual offenses against children, although a flexible program structure and the versatility methodologies based on cognitive-behavioural, therapeutic paradigm, allow to apply the program also to adults who have committed sexual offenses.

Contact and references

<https://www.dadinternational.org/images/VulnerableLithuania.pdf>
https://marisluste.files.wordpress.com/2010/11/2_20_vilmante_gintaraite2.ppt

Malta | Voluntary Program at the Corradino Corretional facility

The initiative

The Maltese authorities have highlighted that sex offenders are within the prison placed in a separate division which nevertheless still allows them to make contact with other inmates. Moreover, the SOP-3 (Standard Operating Procedures: Measures) includes provisions which ensure that sex offenders are provided with adequate access to voluntary intervention programmes and measures. It follows from Article 1 SOP-3 that intervention measures and programmes should be offered to sexual offenders inside and outside of prison as well as during the criminal proceedings. Imprisoned offenders are provided with the possibility to access voluntary programmes and measures within the Corradino Correctional Facility while offenders outside the prison system and persons subject to criminal proceedings fall under the responsibility of the Probation and Parole Services.

The measures and programmes are determined by means of an individual assessment which takes into consideration the risk and needs of the sexual offender. They are provided individually to each offender by the Psychology Unit in the Department of Probation and Parole. Additionally, the SOP-3 makes provision to ensure that from a psychological point of view sex offenders are provided with individual therapy should they request it. It should be noted that there are not examples of intervention programmes provided for in the SOP-3 as this measures is of general applicability.

Target

Sexual offenders inside and outside of prison as well as during the criminal proceedings.

Contact

<https://homeaffairs.gov.mt/en/MHAS-Departments/Correctional-Division/Pages/CCF.aspx>

New Zealand | Child Sex Offender Treatment

The initiative

In New Zealand, treatment options for child sex offenders fall into three main groups: prison-based sex offender treatment units (such as Kia Marama at Rolleston Prison and Te Piriti at Auckland Prison), community provider programmes, and individual intervention through a psychologist.

The prison-based programmes have consistently evaluated well, with a 2002 Canadian review 1 of sex offender programmes putting Kia Marama alongside the most effective treatment programmes available internationally, on the basis of Kia Marama's evaluation document, And There Was Light.

Target

To convicted persons during incarceration.

Contact and references

<https://www.corrections.govt.nz/resources/research/child-sex-offender-treatment>

New Zealand | Kia Marama Treatment Program for Sex Offenders ✨

The initiative

The Kia Marama was established in 1989 as New Zealand's first specialist prison treatment programme for men convicted of sexually motivated offences against children. The programme was based on the Rockwood Psychological Services programme in Canada, and was designed with the input of Dr William Marshall.

Target

The Kia Marama Special Treatment Unit houses adult males who have been convicted of sexual offences against children.

Contact and references

Email: alexandra.green@corrections.govt.nz

<https://ecsa.lucyfaithfull.org/kia-marama-special-treatment-unit-child-sexual-offending-treatment-programme>

https://www.corrections.govt.nz/_data/assets/pdf_file/0018/10647/kiamarama.pdf

<https://psycnet.apa.org/record/1998-07923-002>

https://link.springer.com/chapter/10.1007/978-1-4899-1916-8_2

Portugal | ADEB - Associação de Apoio aos Doentes Depressivos e Bipolares

The initiative

The Ministry of Justice, the Directorate-General for Social Rehabilitation and Prison Services has implemented an Intervention Program. The program aims at the rehabilitation of sexual offenders serving an imprisonment sentence and uses a group intervention methodology based on the cognitive-behavioural approach to beliefs, attitudes, emotions and deviant perceptions. The programme seeks in fact to identify the cognitive and emotional dysfunctions leading to the criminal action and addresses them in order to induce changes.

The general objectives of the program are the prevention of crime and recidivism as well as the protection of victims and of the general public. The programme is composed of 44 sessions, 14 of which part of a motivational component opened to non-differentiated groups. The remaining 30 sessions are included in the central intervention component, opened to different groups of offenders.

Furthermore, one of the measures of the National Mental Health Plan 2007-2016 consists in the prevention of domestic violence and child abuse.

Target

The program aims at the rehabilitation of Target: sexual offenders serving an imprisonment sentence

Contacts

Sede Nacional (Lisboa)

Tel.: 21 854 07 40/8

Tlm: 96 898 21 50

Fax: 21 854 07 49

Email: adeb@adeb.pt

<https://www.adeb.pt/forms/contactos>

Spain | Dirección general de instituciones penitenciarias

The initiative

Organised by the General Directorate of the Penitentiary System (Dirección general de instituciones penitenciarias) of the Ministry of Interior (2006) and by Psychologists occasionally accompanied by other prison professionals (teachers or social workers). Organic Law 1/1979 on the Penitentiary System contains a set of provisions striving for the consecution of rehabilitation and social reintegration of sex offenders.

Target

Sex offenders in prison. It is foreseen individualised voluntary treatment for minor offenders (not in prison but in specialised centres).

Contact

<http://www.institucionpenitenciaria.es/web/portal/Reeducacion/ProgramasEspecificos/agresoresSexuales.html>

<http://www.institucionpenitenciaria.es/web/portal/Reeducacion>

More details are available in Spanish at this link:

http://www.institucionpenitenciaria.es/web/export/sites/default/datos/descargables/publicaciones/Doc.Penitenciario_3_completo.pdf

Spain | Out of the net

The initiative

Out of the net. The programme is a cognitive- behavioral intervention that is delivered individually or as a group therapy, depending on the number of offenders currently awaiting for intervention and on the individual needs of each case. The programme is provided by probation psychologists, prison psychologists and professionals of NGOs, specialized in the working with sex offenders. The programme is delivered nation-wide. The prison and probation psychologists are public employees of the Secretariat General of Penitentiary Institutions.

Target

Programme for convicted persons for of an internet sex offence. It is mostly applied to offenders serving a suspended sentence (the programme is mandatory for the suspension of the prison sentence) but it may also be applied for offenders in prison (voluntary treatment).

Contact

NGOs are diverse: H-Amikeco, Psicología sin Fronteras, Psicofundación, Nueva Vida y Cruz Roja, among others.

Spain | Sexual Aggression Control

The initiative

Sexual Aggression Control. The programme is a cognitive- behavioural intervention that is delivered individually or as a group therapy, depending on the number of offenders currently pending for awaiting intervention and on the individual needs of each case.

Target

Programme for convicted persons for of a sex offence. It is applied in two different contexts: offenders serving a prison sentence (voluntary treatment) and offenders under probation. For probationers, there are two options: offenders with suspended sentences (the programme is a condition for the suspension) and offenders serving community service (the Spanish legislation allows that community service is to be served by the participation of the offender participating in treatment programmes).

Contact

The programme is provided by prison and probation psychologists, and professionals of NGOs, specialized in the working with sex offenders. The programme is delivered nation-wide. The prison and probation psychologists are public employees of the Secretariat General of Penitentiary Institutions. NGOs are diverse: H-Amikeco, Psicología sin Fronteras, Psicofundación, Nueva Vida y Cruz Roja, among others.

Sweden | ROS Relations and coexistence programme

The initiative

Sweden has developed a special programme called the ROS programme - Relations and coexistence programme. This programme is based on group and individual therapy sessions that are meant to increase the perpetrators ability to feel empathy and their understanding of how to handle emotions and relationships. It is also meant to help the perpetrator understand how to change the situation.

This programme is available in five closed prisons and in a great number of facilities for open care of criminals.

Target

Persons who are convicted of a sexual crime against children.

Contact

<https://www.kriminalvarden.se/behandling-ochvard/behandlingsprogram/sexualbrott/ros>

US | Minnesota Department of Correction

The initiative

The mission of the Minnesota Department of Correction department is to reduce recidivism by promoting offender change through proven strategies during safe and secure incarceration and effective community supervision. Innovative Programming: Since 95 percent of all offenders will eventually be released back into the community, the Minnesota Department of Corrections does all it can to help offenders transition back into the community as productive citizens. Chemical dependency treatment, education, vocational training and classes in cognitive thinking form the foundation of a programming regimen that is designed to keep offenders from committing new crimes after release.

Target

To convicted persons during incarceration.

Contact and references

Minnesota Department of Corrections
1450 Energy Park Drive
Suite 200
St. Paul, Minnesota 55108-5219

<http://www.doc.state.mn.us/PAGES/index.php/employment-opportunities/volunteer-opportunities/>

US | Federal Bureau of Prisons

The initiative

The Bureau offers sex offender treatment to offenders with a history of sexual offending and who volunteer for treatment. The Bureau provides two levels of treatment intensity: residential and non-residential. Eligibility for participation in a treatment program depends on an offender's evaluated risk of future sexual offending. Institutions offering this treatment often have a higher proportion of sex offenders in their offender population. This higher concentration of sex offenders within an institution helps offenders feel more comfortable acknowledging their concerns and seeking treatment.

Voluntary Treatment

Offenders interested in sex offender treatment may request additional information from their institution's Psychology Services Department. Psychology staff can further explain the programs and assist volunteers in requesting treatment. Offenders typically participate in sex offender treatment in the final three years of their incarceration.

Target

To convicted persons during incarceration.

Residential Sex Offender Treatment Program

Residential treatment involves high intensity programming for a period of 12 to 18 months. The Bureau provides this program at USP Marion in Illinois and at FMC Devens in Massachusetts. Participants benefit from a therapeutic community on a residential housing unit where they work to reduce their risk of future offending. Offenders receive treatment five days per week. This treatment targets offenders with an elevated risk of reoffending.

Non-residential Sex Offender Treatment Program

Non-Residential treatment consists of outpatient groups meeting 2-3 times per week for several hours. Program completion takes 9-12 months. The Bureau offers this moderate intensity program at several institutions, listed below. Participants learn basic skills and concepts to help them understand their past offenses and to reduce risk of future offending. This treatment is offered to offenders evaluated to have low to moderate risk of reoffending.

Contact and references

https://www.bop.gov/inmates/custody_and_care/sex_offenders.jsp

International - Europe | ATSA

The initiative

The Association for the Treatment of Sexual Abusers (ATSA)'s mission is to make society safer by preventing sexual abuse. To achieve that, ATSA continues to support and promote sound research, effective practice, informed policy, and comprehensive prevention strategies.

Target

The ATSA Practice Guidelines are offered to ATSA members to assist them in performing their professional duties to help client's lead satisfying and law abiding lives and contribute to community safety. The guidelines will help practitioners protect their clients and the public against unethical, incompetent or unprofessional practices.

The ATSA Practice Guidelines <https://www.atsa.com/atsa-practice-guidelines> for adults and for adolescents and the companion document, the ATSA Code of Ethics, are available for purchase.

Contact and references

<https://www.atsa.com/>



APPENDIX III

INTERVENTION PROGRAMMES OR MEASURES AFTER CRIMINAL PROCEEDINGS

Belgium | CAW & COSA - Cirkels voor ondersteuning, samenwerking en aanspreekbaarheid

The initiative

The CAW & COSA - Cirkels voor ondersteuning, samenwerking en aanspreekbaarheid offers, as a centre for social well-being, differentiated services and assistance in Belgium. They help to promote social integration and participation, and to reinforce the social well-being. By offering an approachable access they try to reach every person whose chances are threatened or diminished, as a result of personal, relational, family related or social factors. CAW uses a community-orientated approach based on a pluralistic vision to give people the chance to get back on their feet in their own environment. This organisation communicates in Dutch. Herewith we report the translation into English of the message presented in Flemish through the website.

“Talking is the first step. You can tell your story, ask for advice or help. You always decide for yourself where you accept help. And because we know that it is sometimes very difficult to talk about certain themes, you can also call anonymously.

Are you looking for help? Call 078 150 300

The CAW can help you with information, advice, reception, practical help, crisis assistance and guidance. Call the central CAW number 078 150 300

- your call will always be answered by a reception employee in one of the CAWs
- the care provider will conduct a conversation with you in the same way as in a conversation in a CAW. When you contact us by telephone, e-mail, chat or in a personal conversation, we want you to be helped in an equal way.
- You can also always request an appointment for a personal meeting”

Target

The COSA project are targeting offenders to re-enter in society

Contacts

<http://www.cawantwerpen.be/>

<http://www.cawantwerpen.be/preventie>

<https://donorinfo.be/nl/organization/caw-brussel-vzw>

Bulgaria | IGA Regional Fund

The initiative

Crime Prevention Fund - IGA is an independent professional organization, engaged in lowering the crime rate and increasing social engagement rate. IGA is founded in 1998 in Pazardjik as a non-governmental organization.

For accomplishing its goals the organization:

- Develop and adopt experimental programs and models;
- Perform training, consulting, information-educational and publishing activities;

- ▶ Deepen dialog and interdepartmental relations;
- ▶ Monitor the institutions engaged in crime problems;
- ▶ Intercede in favour of the target groups, subject to its work;
- ▶ Through its framework, provide social services for juvenile and adult offenders;
- ▶ Develop national and international partnerships.

Target

People leaving the prison

Contacts

Ms Nadya RADKOVSKA

PC-CP Vice-Chair, Head, Department for International Relations and Training of Staff, General Directorate "Execution of Sentences", Ministry of Justice, Sofia

E-mail: nadya.radkovska@gdin.bg; nradkovska@yahoo.com

Mr Angel TOPKAROV, Head of Unit, International Co-operation, General Directorate "Execution of Sentences", Ministry of Justice, Sofia

E-mail: angel.topkarov@gdin.bg

Mr Ivaylo YORDANOV, Director General, General Directorate "Execution of Sentences", Ministry of Justice, Sofia

E-mail: Ivaylo.Yordanov@gdin.bg

http://www.iga-bg.org/index.php?option=com_content&view=article&id=2&Itemid=2&lang=en

http://iga-bg.org/?option=com_content&view=article&id=2&Itemid=2&lang=en

Finland | STOP

The initiative

The STOP programme in Finland is implemented by RISE (The Criminal Sanctions Agency). The task of RISE is to contribute to social security by maintaining a legal and secure system of enforcement of sanctions, and to contribute to the reduction of recidivism and the disruption of the development of exclusion that perpetuates crime. The STOP programme is based on cognitive-behavioural theory and on the 'Core' programme used in England and Wales and in Finland has been trialled by Kuopio prison and more recently in Riihimäki prison.

Laaksonen, T. and Tyni, S., 2015. Kognitiivis-behavioraalisen STOP-kuntoutusohjelman vaikuttavuudesta suomalaisilla seksuaalirikosvangeilla. *Sosiaalilääketieteellinen aikakauslehti*, 52(4).

Target

For men who have been convicted of sexual abuse-related crime, to prevent recidivism. For high and medium-risk offenders.

Contacts

Keskushallintoyksikkö Lintulahdenkatu 5 FI-00530 Helsinki, Finland viestinta.rise@om.fi

<https://ecsa.lucyfaithfull.org/stop-finland>

Germany | Neural Mechanisms underlying Pedophilia and CSA

The initiative

NeMUP – The Institute of Sexology and Sexual Medicine forms part in the nation wide research network NeMUP aiming at clarifying neural, endocrine, genetic and epigenetic mechanisms underlying pedophilia and child sexual abuse behaviors. The research network is funded by the German Federal Ministry of Education and Research (Bundesministerium für Bildung und Forschung). Brain imaging, psychometric, and physiological methods are applied in order to clarify mechanisms underlying pedophilia and child sexual offending. To this end the study compares for the first time non-offending pedophiles from the Dunkelfeld to child sexual offenders with and without pedophilia as well as community controls. Thus, over the three year funding period, a differentiation of sexual preference and sexual behaviors will be possible. The results seek to contribute to existing therapeutic and preventive strategies for child sexual abuse behaviors.

Methods: In addition to the recruitment of the participants, namely pedophilic and non-pedophilic sexual offenders, the research collaboration is characterized by a multimodal approach consisting of imaging, genetics, epigenetics, endocrinology, and psychology. The methods are composed of initially common trunk research questions and site-specific investigations.

The methods of the common trunk are:

- ▶ standardized clinical-diagnostic interviews
- ▶ structural MRI with high resolution T1-scans (MPRAGE) and measurements of the white matter (DTI)
- ▶ functional MRI-Scans regarding sexual preferences, resting-state activity and inhibition
- ▶ neuropsychological and psychometrical testing
- ▶ endocrinological and (epi-)genetic investigations •

Target

People leaving the prison

Contacts

Clinical Affective Neuroimaging Laboratory ZENIT-Gebäude Haus 65 Leipziger Str. 44
www.nemup.de http://www.nemup.de/Probanden_eng.html

Italy | CIPM – Centro Italiano per la Promozione della Mediazione

The initiative

The CIPM – Centro Italiano per la Promozione della Mediazione offers support to sex offenders after they leave the prison. The support is developed through the COSA re-entry program based on a successful international restorative justice model of assisting high level offenders reintegrate into their communities from incarceration. Trained COSA volunteers work in teams and meet weekly with the offender, or core member, and the Reintegration Specialist to support his/her return to the community and management of everyday living. The circle holds the core member accountable for adherence to post-release expectations and development of healthy relationships. The duration foreseen is 12 months and the circle is composed by the sex offender and three volunteers (not necessarily experts) that represent the society. The signature of a contract for subscription and participation is requested.

Target

For convicted offenders after they leave the prison

Contacts

Centro Italiano per la Promozione della Mediazione,
Via Correggio, 1 Milano
Tel: 800.66.77.33
Fax: 02 88.44.63.44
Email: info@cipm.it
<http://www.cipm.it/cosa-facciamo/circoli-di-sostegno-e-responsabilita/>

Latvia | State Probation Service Project No. LV08/1 "Increasing the Application of Alternatives to Imprisonment Including Possible Pilot Project on Electronic Surveillance"

The initiative

In January 2015 Project of the State Probation Service of Latvia Nr.LV08/1 Increasing the Application of Alternatives to Imprisonment (Including Possible Pilot Project on Electronic Surveillance) in order to develop re-socialization tools meant for juvenile offenders and to involve volunteers from the society to reach of goals of the service has set up a working group to work on theoretical and practical aspects of the volunteering work. The working group is intended to develop a pilot project of voluntary work which helps better to reach the objectives of the Service. It is planned that the Service involves about 60 confreres who will conduct common activities with young offenders (aged 14 to 25 years) to help them acquire useful skills and strengthen values and interests that support re-socialization.

Project partners:

- ▶ Prison Administration (Latvia);
- ▶ Court Administration (Latvia);
- ▶ Mediation Service (Norway);
- ▶ Ila Detention and Security Prison (Norway);
- ▶ Oslo Probation Service (Norway);
- ▶ Ministry of Justice (Estonia);
- ▶ Confederation of European Probation.

Target

Probation client, who is under supervision of the State Probation Service and has been convicted for intentional violent criminal offences or criminal offences against sexual inviolability and morality. The aim is the re-socialization tools meant for juvenile offenders and to involve volunteers from the society.

Contacts

Central Office of State Probation Service Address: Dzirnau str. 91, Riga, LV-1011 Phone: +371 67021138 Fax: +371 67021139E-mail: vpd@vpd.gov.lv
<http://www.probacija.lv/stateprobationservicelaw>

Lithuania | Mens 'Crisis Centre-Free services

The initiative

By implementing the initiative entitled "Better for all: working with male domestic abusers in order to support women and children, the victims of domestic violence", the Men's Crisis Centre of Kaunas County (MCCKC) sought to address the lack of support for male domestic abusers in Lithuania. The aim of the project to strengthen NGOs providing services to male domestic abusers, thus increasing support and protection for the victims of domestic abuse, i.e., women and children. Organised by NGOs, social workers, specialist, psychological counselling, the Men's Crisis Centre of Kaunas County (MCCKC) and EEA2009-2014 "It is better for all: the man, who are violent in the domestic environment"

Target

For convicted offenders after they leave the prison.

Contacts

<http://www.vyrukrc.lt/visiems-geriau/39-.html>

International - Europe-wide | CEP - Confederation of European Probation

The initiative

CEP is the Confederation of European Probation. It aims to promote the social inclusion of offenders through community sanctions and measures such as probation, community service, mediation and conciliation. CEP is committed to enhance the profile of probation and to improve professionalism in this field, on a national and a European level.

CEP therefore promotes pan-European cooperation by organising conferences on actual topics in probation. By making the reports of these events available, by publishing its digital newsletter and through this website, CEP stimulates the exchange of ideas on probation. In this way it makes an important contribution to the development of community sanctions and measures.

Its members are organisations working in the field of probation and interested individuals. CEP thus brings together practitioners, managers, academics, stakeholders and others working in the field of probation and criminal justice from all over Europe. Together they represent a unique network of expertise about positive ways of working with offenders in the community. Their common concern is how to protect society without resorting to the expense of prison.

To European bodies such as the European Union and the Council of Europe, CEP is the spokesperson for the sector of probation, providing expertise and comparative data. It is therefore the voice of probation in 'Brussels'.

CEP was founded in 1981 as the 'Conférence permanente Européenne de la Probation'. Since October 2013, CEP is an acronym of Confederation of European Probation. The reintegration of sex offenders usually causes a lot of commotion. They are unwelcome in every community. However, the recidivism rate of sex offenders in general is considerably lower than other types of offenders. The reaction of the criminal justice systems to sex offending in Europe varies greatly.

Target

CEP aims to share experiences between CEP-members and to produce an overview of the assessment tools, risk management, treatment and other interventions for sex offenders across the different probation organisations throughout Europe.

Contact and references

<https://www.cep-probation.org/>

Sex Offender Expert Group at CEP

<https://www.cep-probation.org/new-chair-sex-offender-expert-group-audrey-alards/>

International (US, Canada) | COSA**The initiative**

COSA – Circles of Support & Accountability started 15 years ago in Ontario, Canada, as an alternate means of social support to high-risk sexual offenders released at the end of their sentences without any community supervision. The pilot project in South-Central Ontario has since assisted almost 200 offenders. Projects based on this model are now in place in the United Kingdom, several jurisdictions in the United States, and throughout Canada.

Initial research into the efficacy of the COSA pilot project showed that participation reduced sexual recidivism by 70% or more in comparison with both matched controls and actuarial norms. The current study sought to replicate these findings using an independent Canadian national sample. A total of 44 high-risk sexual offenders, released at sentence completion and involved in COSA across Canada, were matched to a group of 44 similar offenders not involved in COSA.

The average follow-up time was 35 months. Recidivism was defined as having a charge or conviction for a new offense. Results show that offenders in COSA had an 83% reduction in sexual recidivism, a 73% reduction in all types of violent recidivism, and an overall reduction of 71% in all types of recidivism in comparison to the matched offenders.

These findings suggest that participation in COSA is not site-specific and provide further evidence for the position that trained and guided community volunteers can and do assist in markedly improving offenders' chances for successful reintegration.

Target

COSA (Circles of Support & Accountability) offers restorative re-entry services for sex-offenders through community support, jobs and housing.

Contacts

<http://cosa-fresno.org/>

In Canada:

<http://www.csc-scc.gc.ca/002/008/002008-3000-eng.shtml>

www.cosabc.ca

<http://cosaottawa.ca>

<http://alberta.mcc.org/programs/rjm/cosa>

International | The Good Lives Model

The initiative

The Good Lives Model of Offender Rehabilitation (GLM) has been systematically developed by Tony Ward and colleagues, and has been adopted by many different jurisdictions both locally and internationally. Its ethical core is that of human rights and it starts from the assumption that while offenders have obligations to respect other peoples' entitlements to well being and freedom, they are also entitled to the same considerations. This is particularly so when it comes to the implementation of punishment and reintegration initiatives. Two fundamental intervention aims follow from this ethical starting point, the enhancement of offenders' well-being and reduction of their risk of further offending. According to the GLM, these goals are inextricably linked and the best way to create a safer society is to assist offenders to adopt more fulfilling and socially integrated lifestyles.

Target

This site is designed to provide interested researchers, practitioners and policy makers with an up-to-date account of GLM publications, as well as information regarding GLM applications and programmes, current evaluations/research projects, key contacts and information on GLM consultancy and training services. To encourage and support development and application of the GLM, we invite you to contact us about the model and its operationalisation. We look forward to hearing from you.

Contacts

The GLM was first published in 2002 by Professor Tony Ward, who has continued to enhance and shape the model over the past decade. Since the original publications, several key scholars have also made significant contributions to the evolution of the model and its application. Some have contributed to the GLM's core theory, others to its general operationalisation and specific application to particular forensic populations. Although all profiled professionals work cross-jurisdictionally, they are presented according to their main work location (country) for ease of contact.

Although primarily based in New Zealand, Tony Ward travels internationally on a regular basis and can provide advice and consultancy on the GLM globally.

Contacts are available in Australia, Belgium, Canada, New Zealand, Singapore, UK, US
<https://www.goodlivesmodel.com/profiles.shtml>

International - Europe-wide | Europris

The initiative

Europris. The European Organisation of Prison and Correctional Services (EuroPris) is a non-political, non-governmental organisation founded in 2011. The initiative to establish EuroPris was taken during the Swedish EU Presidency in 2009 and was brought forward by the European countries of the International Roundtable for Correctional Excellence.

Membership of the Association is open to those European national Prison and Correctional Administrations which are able and willing to support the agreed aims and objectives of the Association. Public institutions or organisations in the Council of Europe region, which provide prison or correctional services on a legal or statutory basis can become members of EuroPris.

EuroPris brings together practitioners in the prisons' arena with the specific intention of promoting ethical and rights-based imprisonment, exchanging information and providing expert assistance to

support this agenda. The organisation exists to improve co-operation among European Prison and Correctional Services, with the aim of improving the lives of prisoners and their families, enhancing public safety and security; reducing re-offending; and advancing professionalism in the corrections' field.

Target

The specific goals of the organisation are to:

- ▶ advance the operational capabilities and professionalism of prison and correctional practitioners across Europe;
- ▶ act as an 'expert group' on prison matters within Europe;
- ▶ contribute to, and support the development of, European prison-related policy and legislation, within the framework of standards established by the European Union and the Council of Europe;
- ▶ be available to policy-makers in an advisory capacity on prison-related matters;
- ▶ generate relationships and exchange information with other organisations working in the prisons and criminal justice arena, both in Europe and beyond, with a view to developing best practice in the field; and
- ▶ advance the above agenda by, wherever possible, engaging in collaborative, funded, programmatic work.

Contact and references

<https://www.euopris.org/>

International (US, EU) | Sex Offenders Resources

The initiative

The Sex Offender Resources mission is to be a leader in providing up to date resources for those whom are registered sex offenders and their loved ones (family, friends, etc.). The website provides information on where to find counselling, employment resources, housing information, family support, as well as book recommendations. Each state listing provides information about sex offenders laws for that individual state.

The words "sex offender" on the website is referred to anyone who has been convicted of a sexual offense. This site does not judge anyone. Sex Offender Resource is here to provide information on where one can find the help and support they need. People deserve a second chance and information one can find here can help give a registered sex offender just that, a second chance in making correct decisions from this point forward.

Target

In general, for individuals registered as Sex Offenders and their loved ones, looking to support for re-entering into society. The Sex Offender Resource website is for those who are registered sex offenders looking for help in finding counselling, employment resources, understand how to develop a relapse prevention plan and other resources. Family members of registered sex offenders who are looking for information regarding laws and restrictions their loved one must follow can find that information here. The website is for the person who may be thinking of committing a sexual offense as well as a place for an individual looking for help in preventing himself/herself from committing a sexual offense.

Contacts

Detailed information are available at this link:

<http://www.sexoffenderresource.com>

European projects – Sex offenders:

A new European Network to exchange and transfer knowledge and expertise in the field of treatment programmes for perpetrators of sexual harassments and violence against children and young people. Prevention of and Fight against Crime Programme European Commission Directorate-General Justice, Freedom and Security has funded this network.

<http://www.sexoffenders-project.eu/> (Languages: IT-EN-BG-PL-EL)

International - Europe-wide | WWP - Work With Perpetrators

The initiative

WWP EN is an association of 64 members from 32 countries in Europe. Over the past 10 years WWP EN has developed networking strategies, standards for the work with perpetrators, research to enable evaluation and quality of programs, training, expert papers, guidelines on various topics and exchange of good practice throughout Europe and internationally. It is a quite well established network officially founded in 2014, but it has been active since 2009. Their main objective is to prevent and fight gender based violence but there are very keen on explore child (sexual) abuse field and see how the tools they have been developed so far can be re-used and re-adapted. They count on a broad offer of resources:

- ▶ awareness raising campaigns;
- ▶ resources such as toolkit, protocols of intervention, etc. that comply with European Standards;
- ▶ networking among partners and events (i.e. they organize visit between teams in different countries to know from each other, annual conference on specific theme, webinar);
- ▶ database to find experts on work with perpetrators, as well as countless work with perpetrator programmes throughout Europe, including child sexual abuse topic
- ▶ training
- ▶ research
- ▶ They have interesting projects ongoing. Among them ASAP (where partners do research on working models around services for victims and perpetrators); DESTALK (on cyber abuse and violence); ENGAGE (on change in behaviour); In particular, the Project IMPACT to gain an overview about evaluations of European perpetrator programmes. The project started with an online survey on evaluation and outcome monitoring of perpetrator programmes in Europe, continued with an in-depth literature review of published and unpublished evaluation studies and produced a toolkit for outcome measurement - the Impact Outcome Toolkit.

Target

Perpetrators.

Contacts

<https://www.work-with-perpetrators.eu/>



APPENDIX IV

PREVENTION INITIATIVES OFFERED TO MINORS

Albania | CLMB - Counseling Line for Men and Boys ✨

The initiative

CLMB - Counseling Line for Men and Boys - Albania

The main activities of the Counseling Line for Men and Boys are as follows:

- ▶ Offering counseling sessions for men and boys
- ▶ Trainings with young people, group formation
- ▶ Trainings in schools and youth centers
- ▶ Public campaigns in visual and auditory media
- ▶ Information and advocacy for young people
- ▶ Reducing domestic violence
- ▶ Awareness of domestic violence issues from a perspective where the focus is on the perpetrator
- ▶ Educated young people with an approach against domestic violence and beyond
- ▶ Advocacy and lobbying activities for the prevention of violence
- ▶ Research on the issue of violence with a focus on the perpetrator
- ▶ The individual to understand the origin and source of violence
- ▶ The individual should be aware of the action he has committed
- ▶ The individual assumes responsibility for his action

Please see also conference paper "Workshop 3, Bledar Zeneli & Iris Luarasi (CLMB, Albania) organised by the Work With Perpetrators Network: Journey towards our collaboration with courts, prisons, probation service and other stakeholders in Albania"

<https://www.dropbox.com/s/kiupx1y3g691on9/WWP-EN%20FINAL%20Programme.pdf?dl=0>

Target

Counseling Line for Men and Boys

Contacts

On the phone number (04) 2363712

Rr "Vllazë Huta" Feb 1, Floor 8, Apt 39 (palace next to the People's Advocate)

Our staff consists of psychologists, lawyers and social workers. prof IRIS LUARASI - Executive Director

MA BLEDAR ZENELI - Office Coordinator / Advisor bledar.zeneli@clmb.al

Homepage: <http://www.clmb.al/>

Australia | Griffith Youth Forensic Service ✨

The initiative

Griffith Youth Forensic Service aims to prevent youth sexual violence and abuse through state-of-the-art knowledge and the delivery of best-practice interventions, building capacity across communities to understand, prevent and respond to violence and abuse.

Target

Griffith Youth Forensic Service provides the following services to Queensland Department of Youth Justice.

- ▶ Clinical assessment of young people who have committed sexual offences
- ▶ Evidence-based pre-sentence and pre-treatment assessment reports to facilitate court decisions and treatment planning and

- A range of ecosystemic treatment approaches individually tailored to the individual needs of the young person and their family.

Contact

Griffith Criminology Institute
 Level 4, Social Sciences Building (M10)
 Griffith University, Mt Gravatt campus Nathan, Queensland, 4111
 gyfs@griffith.edu.au
<https://www.griffith.edu.au/criminology-institute/griffith-youth-forensic-service>
<https://ecsa.lucyfaithfull.org/griffith-youth-forensic-service-gyfs>

Australia | Therapeutic Treatment Orders

The initiative

Community based treatment programmes for young people with harmful sexual behaviour. Therapeutic Treatment Orders aims to reduce the risks of further sexually abusive behaviours through development of different ways of thinking and behaving. This is a community based program of treatment, which utilises a model based on "sanctuary-style" approaches (Bloom & Farragler, 2010), incorporating four pillars of trauma sensitivity.

Target

Male and female young people aged ten to 15 years who exhibit sexually abusive behaviours. Children up to ten years are also included as children exhibiting problem sexual behaviours. It is a combination of individual, group and family focused work and a therapy-based program.

Contact

Russ Pratt, D.Psych Tel: +61430530125.
 russell.pratt@dhs.vic.gov.au
<https://ecsa.lucyfaithfull.org/therapeutic-treatment-orders>

Belgium | EPCP – Kolor@do

The initiative

EPCP is a specialised health team recognized by the Justice / Health Cooperation Agreements concerning the guidance and treatment of perpetrators of Sexual Offenses of October 8, 1998. Support is outpatient; in the form of day hospitalization; in the form of full hospitalization. The care is integrative: the person is taken care of as a whole.

The approaches are diverse: medical, systemic, transactionalist, person-centered, psychoanalytic and cognitive-behavioral. After telephone contact with the secretary, a first meeting will be made with one of the team's workers, at the V. Van Gogh Hospital. Following this first contact, the person will begin a psychological evaluation. This assessment takes place over several weeks and consists of taking tests and questionnaires and exploring the personality and life history. Therapeutic possibilities are then considered and work objectives are established. The assessment can include couple or family interviews. Along with the evaluation, the patient will join the reception group which takes place on Tuesday. Thereafter, the patient is referred to a group that lasts for a day at the V. Van Gogh

Hospital. This day includes a social skills training session, sex education classes and work focused on the issue of abuse. Hospitalization can sometimes serve as a transition between incarceration and return to society. Hospitalization will only be possible if the person already has accommodation. The specific therapeutic follow-up starts from the start of hospitalization.

Kolor @ do: Therapeutic group for adolescents who have committed crimes of a sexual nature

Target

Sex offenders serving their sentence.

Contact

<https://www.cpascharleroi.be/fr/bottin-social/sante-mentale/evaluation-et-prise-en-charge-des-paraphilies>

Kolorado.EPCP@chu-charleroi.be

<https://www.isppc.be/chu-de-charleroi/nos-services-et-disciplines-medicales/psychiatrie/evaluation-et-prise-en-charge-des-paraphilies/>

Denmark | SISO ✨

The initiative

SISO Knowledge Center. On this page, <https://socialstyrelsen.dk/born/overgreb/hjaelp-til-indsats> you can read about the SISO Knowledge Center and the various options within counseling in cases of violence and sexual abuse against children and young people.

SISO - The Knowledge Center for Social Action in Violence and Sexual Abuse of Children - is the national knowledge center for combating violence and sexual abuse of children. The purpose of SISO is to collect, process and disseminate knowledge about social interventions against violence and sexual abuse of children, including participating in relevant national and international networks.

SISO offers consulting assistance both to municipalities via the Emergency Response Team and to placements. Both efforts aim to strengthen prevention, early detection and management of abuse against children and young people.

Target

Juveniles

Contact

National Board of Health and Welfare Edisonsvej 1

5000 Odense C

Tel .: 72 42 37 00

E-mail: info@socialstyrelsen.dk Phone hours

You. - Thursday: 09.00 - 15.30 Friday: 09.00 - 15.00

Secure mail. Confidential and sensitive information should always be sent as secure email. This applies, for example, to information about health conditions, social problems and CPR. numbers.

<https://socialstyrelsen.dk/born/overgreb/hjaelp-til-indsats>

Germany | Are you dreaming of them? Project

The initiative

The Are you dreaming of them? project aims at emotionally supporting adolescents that gravitate to younger children. Similar to the Don't become a perpetrator project, the Federal Ministry for Family Affairs, Senior Citizens, Women and Youth together with the Charité in Berlin has developed a new prevention project.

Target

Tailored for adolescents.

Contact

<https://www.du-traeumst-von-ihnen.de/>

Organised by: Information is provided via the website and by personal of the Charité Berlin and the Vivantes Clinic in Friedrichshafen.

Charité – Universitätsmedizin Berlin - Institute of Sexology and Sexual Medicine

Project „Primary Prevention of Sexual Child Abuse by Juveniles – PPJ“ represented by Prof. Klaus M. Beier, M.D., Ph.D., Director

Luisenstr. 57 - 10117 Berlin

Phone: +49 30 450 529 302

Fax: +49 30 450 529 992

E-Mail: madelaine.dimitrowa@charite.de

Ireland | Baseline Project

The initiative

The Baseline project comprises group interventions in three modules and allows responsive and flexible delivery of rehabilitation services which take account of individual risk, needs and capacity. The programme is provided by a team of psychologists who have developed specific expertise in clinical practice including assessment and therapeutic work with men convicted of sexual offences. The Baseline project is a joint initiative between the Northside Inter Agency Project (NIAP) and the IPS Psychology Service which has been providing group programmes for young offenders in St Patrick's Institution with a history of sexually harmful behaviour. It also continues work into the community for those with convictions for sexual offences. The programme comprises group interventions in three modules and allows responsive and flexible delivery of rehabilitation services which take account of individual risk, needs and capacity.

Target

Baseline Project opened to children that sexually offend, however are only accessible to convicted offenders inside the prison. It also continues work into the community for those with convictions for sexual offences.

Contact

http://www.irishprisons.ie/images/monthlyinfonote/sex_offenders_2013.pdf

<https://www.irishtimes.com/life-and-style/health-family/how-helping-child-abusers-can-keep-kids-safe-1.2910536>

Portugal | National Plan for Rehabilitation and Reintegration for Juvenile Justice

The initiative

A National Plan for Rehabilitation and Reintegration for Juvenile Justice was set out by the Ministry of Justice for the years 2013 to 2015 and provides for a programme of prevention of violent behaviours, especially with regard to sexual assaults. The measures set out in the National Plan are specifically aimed at the specific developmental needs of children who sexually offend.

Target

Such plan is addressed to young persons who have committed crimes, including crimes of sexual abuse.

Contact

The National Plan is available at:

http://www.igfse.pt/upload/docs/2013/RCM46_2013.pdf

Spain | PIT – The individualized Treatment Program

The initiative

PIT – The individualized Treatment Program organised by communities such as the Agency of Madrid for the re- education and reintegration of minor offenders. Execution of Judicial Measures of the Madrid region.

Target

Sex offenders and in particular minors that are not in prison but in special centres.

Contacts

PIT The Individualised Treatment Program

<http://www.institucionpenitenciaria.es/web/portal/Reeducacion/ProgramasEspecificos/agresoresSexuales.html>

http://www.madrid.org/cs/Satellite?c=CM_InfPractica_FA&cid=1142668925228&language=es&pagename=ComunidadMadrid%2FEstructura

In addition, below the website of the Agency of Madrid for the re-education and reintegration of the minor offender:

http://www.madrid.org/cs/Satellite?c=CM_InfPractica_FA&cid=1142547219102&idConsejeria=1109266187224&idListConsj=1109265444710&idOrganismo=1109167959659&language=es&pagename=ComunidadMadrid%2FEstructura&sm=1109266100977

Sweden | Programs for minors (ROS-BUP-ART)

The initiative

There are various possibilities depending on the age of the child and whether the child has been convicted or not. Boys between the age of 15 and 22 who are convicted of sexual crimes are placed

in a special youth home. In this home they get treatment in the form of Aggression Replacement Training (ART) which is a skill, anger management and moral training. They also get individual therapy and sexual and relationship education in addition to regular school education. For boys who are between 13 and 21 years old, who have not been convicted, but have been taken into custody by the social services, there is a special home where they attend a child adapted version of the ROS programme (Relations and coexistence programme). Children, both boys and girls, who are younger, between 3 and 17, who act in a sexual manner against other children get help through the child psychiatry (BUP) in a special unit in Stockholm, dealing with these issues. BUP provides the children with behavioural therapy, education or another type of treatment depending on their age and maturity.

Target

For children and young persons who commit sexual crimes or who behave in a sexual manner towards other children.

Contact

<http://www.socialstyrelsen.se/Lists/Artikelkatalog/Attachments/18211/2011-1-1.pdf>
<https://www.kriminalvarden.se/behandling-ochvard/behandlingsprogram/sexualbrott/ros>

Switzerland | Forensisches Institut Ostschweiz forio in Frauenfeld

The initiative

The Forensisches Institut Ostschweiz forio in Frauenfeld was founded in 2004. With the goal Prevent Abuse – Promote Change, it particularly campaigns for commensurate and effective treatment methods for delinquent youth and adults. Since 2009, forio has also offered advising sessions and therapies for men with a pedophilic preference. This offer is primarily directed at men who have not yet committed an offense and refers to, among others, the offers of the German Prevention Network Kein Täter werden, which has been successful over the years. Both individual and group therapy options are offered there.

Target

Youth and adults. Since 2009, forio has also offered advising sessions and therapies for men with a pedophilic preference.

Contact

www.keinmissbrauch.ch

UK | Be Safe ✨

The initiative

Be Safe is a multi-agency partnership service working with children and young people with problematic/harmful sexual behaviour in Bristol. Be Safe offers holistic assessment and therapeutic intervention services informed by strength based, systemic, cognitive behavioural therapy, resolutions, relapse prevention and attachment based approaches. These are structured, goal oriented and reviewed regularly. An emphasis is placed on collaborative working and a multi-agency approach. Therapeutic intervention services include one to one work, family work, and family therapy. Be Safe will consider

commissions from outside the area, for consultation, training and direct work. Please see our Be Safe Referral page for clinicians, where you will find a fee structure document for more information.

Target

The Be Safe Children's programme is a group programme which can be offered to children aged 8 – 12 years (up to 14 for young people with learning disabilities) with worrying sexual behaviour and their parents/carers. The programme is currently provided for children in Bristol and South Gloucestershire.

Contact

Be Safe, Reception Room No. 229 Barton Hill Settlement, Joan Johnson House
43 Ducie Road
Barton Hill Bristol BS5 0AX
Telephone: 0117 3408700
<https://cchp.nhs.uk/cchp/explore-cchp/be-safe>

UK | Inform Young People Programme **The Lucy Faithfull Foundation**

The initiative

Inform Young People Programme is a face to face educative course of 1 to 5 sessions for children and young people with concerning and/or illegal sexual behaviour on the internet, as well as their families.

Target

Children and young people aged approximately 13 to 21 years, with concerning and/or illegal sexual behaviour on the Internet. Examples include children and young people who are:

- ▶ Under criminal investigation as a result of their Internet use, e.g. possession or distribution of illegal sexual material
- ▶ Accessing adult pornography to excess or compulsively
- ▶ Engaged in risk-taking sexual activities online
- ▶ Involved in 'sexting' i.e. sharing sexually explicit images of themselves and others

Contact

This programme is delivered by child protection charity, The Lucy Faithfull Foundation, UK.
<https://ecsa.lucyfaithfull.org/inform-young-people-programme>

UK | Teen Boundaries Sexual Bullying

The initiative

Teen Boundaries Sexual Bullying is a programme for 10-18 year olds which aims to prevent sexual bullying, peer on peer sexual exploitation and promotes positive gender relationships by challenging attitudes and promoting tolerance, understanding and cohesion. Delivered in a school setting.

Target

Children and young people aged approximately 13 to 21 years, with concerning and/or illegal sexual behaviour on the Internet. Examples include children and young people who are:

- ▶ Under criminal investigation as a result of their Internet use, e.g. possession or distribution of illegal sexual material
- ▶ Accessing adult pornography to excess or compulsively
- ▶ Engaged in risk-taking sexual activities online
- ▶ Involved in 'sexting' i.e. sharing sexually explicit images of themselves and others

Contact

Shirley Parker, Head of Training and Development Telephone: 020 7553 3080

Email: shirleyp@familylives.org.uk

askus@familylives.org.uk

<https://www.familylives.org.uk/advice/teenagers/behaviour/how-do-you-discipline-teenagers>

<https://ecsa.lucyfaithfull.org/teen-boundaries-sexual-bullying-programme>

UK | Turn the page

The initiative

Turn the Page is a service for 12-18-year-old boys with harmful sexual behaviour (HSB), which is delivered at 12 NSPCC sites across the UK. It uses the Change for Good manual to look at the social and emotional challenges a young person is facing, help them change their behaviour and improve their wellbeing. The programme is being evaluated by the NSPCC Evaluation Department with advice from Richard Beckett, consultant clinical and forensic psychologist. The evaluation has both quantitative and qualitative elements. A range of standardised measures are administered pre and post programme with young people and parents/carers to measure change on the main treatment components of the manual. The qualitative evaluation takes a case study approach and involves in-depth interviews with young people, their parents/carers, the referring social worker or youth justice worker and the NSPCC practitioner delivering the work to understand the barriers and facilitators to young people engaging with and making progress on the programme. Evaluation findings will be published on the NSPCC website.

Target

Turn the Page is a service for 12-18-year-old boys with harmful sexual behaviour (HSB), which is delivered at 12 NSPCC sites across the UK. For boys and young men aged 12-18 years: a guided and structured treatment programme which is described in detail in a manual as the 'Change for Good' programme. For girls, younger boys and for children with learning disabilities: it is adapted and delivered as individualised treatment programme, based on assessed needs. It is important to keep in mind the 'Change for Good' manual's overarching goals of "Building a positive therapeutic alliance" and "Building systemic support" as essential guiding principles (McCrory, 2011: 56-57).

Contact

Emma Belton

<https://www.nspcc.org.uk/>

<https://learning.nspcc.org.uk/research-resources/2017/turn-the-page-final-evaluation>

US | Before You Act

The initiative

B4U-ACT –Before You Act assembled a list of over 30 credentialed practitioners in Maryland who agreed to its Principles and Perspectives of Practice, and who were willing to provide caring and inviting services to clients, who are sexually attracted to minors. Lay volunteers were sought, who would be trained to operate a hotline for the purpose of referring minor-attracted individuals to these professionals. Due to the tremendous barriers to communication among minor-attracted adults, mental health professionals, and the public, recruiting these volunteers proved to be unworkable. As a result, B4U-ACT chose to direct its efforts at working to eliminate these barriers.

To do this, it organised a small working group of mental health professionals and minor-attracted adults to identify these barriers, discuss how their elimination would benefit both parties and society in general, and develop plans for interventions to overcome them. This working group compiled a report of its findings and future plans for B4U-ACT.

The report suggested holding workshops for mental health professionals and minor-attracted people in order to promote dialog and understanding between the two groups. As a result, in March 2008, B4U-ACT began offering its series of semi-annual workshops.

Target

B4U-ACT was established in 2003 as a 501(c)(3) organisation with the following purposes:

- ▶ To publicly promote services and resources for self-identified individuals (adults and adolescents) who are sexually attracted to children and seek such assistance;
- ▶ To educate mental health providers regarding the approaches helpful for such individuals;
- ▶ To develop a pool of providers who agree to serve these individuals and abide by B4U-ACT's Principles and Perspectives of Practice;
- ▶ To educate the public regarding issues faced by these individuals.

Contact

B4U-ACT, Inc. P.O. Box 1754 Westminster, MD 21158

Phone: (410) 871-8156

General Inquiries: b4uact@b4uact.org Research Inquiries: science@b4uact.org

<http://www.b4uact.org/>

US | Sexual Behavior Problems Treatment (Adolescents) The California Evidence-Based Clearinghouse (CEBC)

The initiative

Sexual Behavior Problems Treatment (Adolescents) is defined by the CEBC as the treatment of sexual behavior problems in adolescents regardless of the adolescents' involvement in the legal system or the presence of specific case characteristics (e.g., violence/aggression). Many labels have been used to capture some youth in this population, including "adolescent sex offenders," "sexually aggressive youth," and "juvenile sex offenders" to name a few of the most common labels. These labels were considered too narrow for this topic area. For example, not all youth who engage in sexually aggressive behaviors are "offenders" in the legal sense and not all juvenile sexual offenders have engaged in aggressive or nonconsensual sexual behaviors (e.g., many are so-called status offenders

who engaged in consensual sexual activities with peers). Moreover, these labels have the unfortunate and unnecessary effect of labeling the youth, rather than the behavior. Adolescents with sexual behavior problems comprise a heterogeneous group of youth, none of whom should be characterized primarily by his or her sexual acts.

Target

Adolescents ages 12 to 18 years who have engaged in one or more instances of inappropriate (including, but not limited to, illegal) sexual behaviors.

Contact

Elizabeth J. Letourneau, PhD, Associate Professor
Department of Mental Health, Bloomberg School of Public Health Johns Hopkins University
<https://www.cebc4cw.org/topic/sexual-behavior-problems-in-adolescents-treatment-of/>

US | Sexual Behavior Problems Treatment (Children) ✨ The California Evidence-Based Clearinghouse (CEBC)

The initiative

Sexual Behavior Problems Treatment (Children) is defined by the CEBC as the treatment of behaviors involving sexual body parts that are developmentally inappropriate or potentially harmful to themselves or others initiated by children ages 12 and younger. Sexual behavior problems may range from problematic self-stimulation (such that it causes physical harm or damage) to nonintrusive behaviors (such as preoccupation with nudity, looking at others) to sexual interactions with other children that include more explicit behaviors than sex play (such as intercourse) to coercive or aggressive sexual behaviors, with the latter behavior being of most concern, particularly when paired with large age differences between children. When sexual behavior problems appear to be trauma-related symptoms that originate from sexual abuse the child has experienced, the behavior may be termed "sexually reactive."

It should be noted that although the term "sexual" is used, the reasons for engaging in such behavior vary and are rarely related to sexual gratification or stimulation. Instead, these behaviors tend to be related to other factors, such as curiosity, impulsivity, anxiety, trauma-related symptoms (e.g., re-experiencing symptoms of post-traumatic stress disorder), and attention-seeking. Interventions for sexual behavior problems that have been systematically evaluated predominately fall in one of two categories: (a) treatments targeting sexual behavior problems and (b) treatments targeting the effects of child sexual abuse including sexual behavior problems.

Target

Children ages 12 and younger who demonstrate behaviors involving sexual body parts that are developmentally inappropriate or potentially harmful.

Contact

Jane F. Silovsky, PhD, Associate Professor
Center on Child Abuse and Neglect, Developmental and Behavioral Pediatrics Department of Pediatrics, University of Oklahoma Health Sciences Center
<https://www.cebc4cw.org/topic/sexual-behavior-problems-in-children-treatment-of/>

International - Europe-wide | ATSA

The initiative

The Association for the Treatment of Sexual Abusers (ATSA)'s mission is to make society safer by preventing sexual abuse. To achieve that, ATSA continues to support and promote sound research, effective practice, informed policy, and comprehensive prevention strategies.

Target

The ATSA Practice Guidelines are offered to ATSA members to assist them in performing their professional duties to help client's lead satisfying and law bidding lives and contribute to community safety. The guidelines will help practitioners protect their clients and the public against unethical, incompetent or unprofessional practices.

The ATSA Practice Guidelines <https://www.atsa.com/atsa-practice-guidelines> for adults and for adolescents and the companion document, the ATSA Code of Ethics, are available for purchase. For juveniles there are curated resources for such topics as understanding and responding to adolescent sexual behavior, our recommendations for evidence-based reform for registration and community notification of children and adolescents, and an informational brief on the use of the polygraph with juveniles who have engaged in sexually abusive behavior. Please review our resources and if you have questions or feedback please leave the ATSA Juvenile Practice Committee a message. Children and adolescents who engage in problematic sexual behaviors have different motivations, risks, and protective factors as they face different risks, they have different histories, and therefore their need for support systems will be different. A one size fits all intervention will not work for every child and teen. Our responses and support must be individualized for each child.

Contact

<https://www.atsa.com/> <https://www.atsa.com/learn/adolescents>
<https://www.atsa.com/learn/children>

International | Barnahus

The initiative

Barnahus originates in the Child Advocacy Model adopted in the US in the 1980s. It was firstly implemented in 1998 by Iceland followed by other Nordic countries (Sweden in 2005, Norway in 2007, Greenland in 2011, Denmark in 2013) under the name 'Barnahus,' or 'Children's House.' Europe: the adoption of the model by additional European countries has since accelerated, with approximately 20 countries being at least in the early stages of running a Barnahus

Target

Barnahus is a child-friendly, interdisciplinary, and multi-agency centre for child victims and witnesses where children could be interviewed and medically examined for forensic purposes, comprehensively assessed and receive all relevant therapeutic services from appropriate professionals.

Contact

PROMISE Barnahus Network. "Greater network map"
<https://www.barnahus.eu/en/greater-network-map/> www.barnahus.eu

International Europe-wide | CONSENT ✨

Combating ONline early access to Sexually explicit material and ENhancing Tools to foster youngsters' healthy intimate relationships

The initiative

The CONSENT project (Combating ONline early access to Sexually explicit material and ENhancing Tools to foster youngsters' healthy intimate relationships) aims to:

- ▶ Inform parents and caregivers about the easy access to sexually explicit material by kids, and enable them to hinder early contact and to foster healthy sexual and emotional development in youth,
- ▶ Improve the knowledge of teachers and educators on online abuse and use of pornography, and their capability to detect and tackle them with youth, to improve their affective development and protect their health,
- ▶ Raise youngsters' awareness on gender roles and stereotypes, consent, and the implications of pornography on intimate relationships, in order to empower them to become critical agents,
- ▶ Improve the engagement of institutions, key stakeholders and IT experts, to safeguard online security of children and healthy development of youth, through developing actions, tools and policies.

Target

The CONSENT programmes and tools for parents, teachers and youngsters will be delivered in 5 languages (English, Italian, Spanish, Catalan and Swedish) and disseminated all over Europe for replication. Moreover, CONSENT will develop a campaign for youth to become critical agents and an adult readiness campaign to multiply the impact on gender equality and child safeguarding all over Europe.

Contact

Berta Vall - FPCEE Blanquerna, Ramon Llull University - bertavc(at)blanquerna.url.edu
Dimitra Mintsidis - WWP European Network - d.mintsidis(at)work-with-perpetrators.eu
<https://www.work-with-perpetrators.eu/consent>

International | Thorn - Safer ✨

The initiative

Thorn, a nonprofit that builds technology to combat child sexual exploitation, launched a tool on Wednesday to help small- and medium-size companies find, remove and report child sexual abuse material. The tool, called Safer, is designed for companies that lack the resources to build their own systems. Safer's Matching Service identifies existing CSAM by hash matching against our CSAM database that includes 32M+ hashes. Our Video and Image Classifiers use machine learning to predict whether new content is likely to be CSAM and flags it for further review.

A coordinated approach

Transforming the internet by enabling companies worldwide to remove CSAM from their platforms and collaborate to prevent its viral spread.

Centered on wellness

Focus on mental wellbeing—within our own team and in Safer's features—ensures content moderators can avoid burnout and safeguard their resilience

Industry expertise

Top tech companies lean on our industry expertise, partnerships, and cross-platform intelligence to deliver a robust CSAM elimination solution.

Target

Safer is a commercial product and service, built by Thorn, a technology non-profit dedicated to eliminating child sexual abuse from the internet.

Contact

THORN - 222 N. Pacific Coast Highway, 10th Floor El Segundo, California 90245

<https://safer.io/about/>

International (US and UK) | What's OK? ✨

The initiative

In 2021, Stop It Now! developed and piloted a groundbreaking and unique new resource for young people with the goal of deterring sexually harmful behaviors. WhatsOK is a website and a helpline that offers free, confidential support and resources to youth and young adults (ages 14-21) with concerns about their own or a friend's sexual thoughts, feelings, and behaviors. The goals are to provide safe, relevant, engaging content for young people, and to raise awareness and accessibility of resources and information to support, inform, and engage young people. Funded by the World Childhood Foundation for both its pilot in 2021 and its official launch in 2022, this program continues to develop and reach teens and young adults across the U.S. and around the globe.

Target

For young people, and to raise awareness and accessibility of resources and information to support, inform, and engage young people. Funded by the World Childhood Foundation (<https://www.childhood-usa.org/> (link is external)) for both its pilot in 2021 and its official launch in 2022, this program continues to develop and reach teens and young adults across the U.S. and around the globe.

Contact

<https://www.stopitnow.org/about-us/our-approach/whatsok-help-for-teens-and-young-adults>

<https://www.whatsok.org/>

ANNEX I:

BRIEF DESCRIPTION OF CLASSIFICATION CRITERIA



TARGET identifies to whom the initiative is addressed:

- ▶ People who fear they may offend
- ▶ Persons undergoing criminal proceedings or after criminal proceedings, including convicted offenders in prisons
- ▶ Convicted offenders after they leave the prison to fight against recidivism



CONTEXT refers to the environment in which the intervention is given such as:

- ▶ In-person
- ▶ At distance
- ▶ Mixed offline and online



METHODS refers to the tools, treatments, support opportunities and programmes proposed to the targets. The following options have been identified:

- ▶ Pharmacological and medical intervention
- ▶ Psychological support
- ▶ Helpline and Online Support and guidance
- ▶ Social support



INITIATIVE PROVIDER refers to the nature and main activities of the entity, the initiative provider, which is offering the programme and/or treatment as well as the one that, implemented it



FUNDINGS refers to the money allocated to the program and/or treatment. It can also include information/ instructions on possibilities to access specific funding to set up and run the programme



With **COSTS** we refer both to the following options:

- ▶ The costs that would be sustained by the entity proposing/setting up the program



We refer to the four **PREVENTION STAGES**:

- ▶ Primary
- ▶ Secondary
- ▶ Tertiary
- ▶ Quaternary



EVALUATION aims to capture the material evaluating the initiative that can take many forms including:

- ▶ Outcomes of scientific research studies carried out on the initiative
- ▶ Mid-way and end of initiative documentation/reports
- ▶ Documentation on self-reporting and satisfaction/self-assessment questionnaires filled by participants of the initiatives



ACCOUNTABILITY of the programmes refers to the processes and mechanisms put in place by

- ▶ the initiative provider to appraise the programme at different stages to ensure that the programme
- ▶ remains accountable and it is working towards the goals, it has set out to achieve on the agreed upon
- ▶ plans/proposals



LEGISLATION refers in the first instant to the legal national framework under which the specific programme/intervention is being deployed



COLLABORATION refers to the synergies and complementarities that can be established with different entities involved in the prevention of CSA



DISSEMINATION refers to the actions taken in order to raise awareness about the prevention initiative among (potential) stakeholders



TARGETS' RIGHTS are explored in terms of privacy, anonymity, and safety to preserve and assure

- ▶ confidentiality on help seeking and treatment. It also considers informed treatment and care,
- ▶ assurance of empathy, etc.



ACCESSIBILITY refers to several elements of the preventive programme that can be related to:

- ▶ The language of the resources provided
- ▶ The availability of complementary tools to the traditional text-based ones
- ▶ The standardisation of tools provided
- ▶ The cultural responsiveness factors

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LIST OF ABBREVIATIONS AND DEFINITIONS

ADEB	Associação de Apoio aos Doentes Depressivos e Bipolares
AIUS	Association Interdisciplinaire post Universitaire de Sexologie
ART	Aggression Replacement Training
ARTAAS	Association pour la Recherche et le Traitement des Auteurs d'Agressions Sexuelles
BARNHAUS	Children's House
BBL	Building Better Lives
BRYD	Behandlingsmuligheder Region Hovedstadens Psykiatri
CAW & COSA	Cirkels voor ondersteuning, samenwerking en aanspreekbaarheid
CBT	Cognitive Behaviour Therapy
CEBC	California Evidence-Based Clearinghouse
CEP	Confederation of European Probation
ČEPEK	Institute of Criminology and Social Prevention Peers from the Czech paedophile community
Circles	Circles of Support & Accountability
CIPM	Centro Italiano per la Promozione della Mediazione
CLMB	Counseling Line for Men and Boys
CONSENT	Combating ONLINE early access to Sexually explicit material and ENhancing Tools to foster youngsters' healthy intimate relationships
CoSA	Circles of Support & Accountability
CRIAVS	Centres Ressources pour les Intervenants auprès des Auteurs de Violences Sexuelles
CRIAVS IdF	Centres Ressources pour les Intervenants auprès des Auteurs de Violences Sexuelles Île-de-France
CSA	Child Sexual Abuse
CSAE	Child Sexual Abuse and Exploitation
CSAM	Child Sexual Abuse Material
DG	Directorate General
EC	European Commission
ECPS	Center of Sexual Health and Intervention
ECSA	Eradicating Child Sexual Abuse

ELB	Exploring Better Lives
EPCP	Evaluation et Prise en Charge des Paraphilies
EU	European Union
EUOPRIS	European Organisation of Prison and Correctional Services
FAQ	Frequently Asked Questions
FFCROAVS	Fédération Française des Centres Ressources pour les Intervenants auprès des Auteurs de Violences Sexuelles
HOME	Directorate General for Home Affairs and Migration
ID	Identification Document
IGA	Crime Prevention Fund, Bulgaria
INHOPE	Internet Hotline Providers in Europe Initiative
ITER ance	Impuls control, Tackling re-offending, Empathy awareness, Responsibility accept-
IWF	Internet Watch Fundation
JRC	Joint Research Centre
MBL	Maintaining Better Lives
NeMUP	Neurobiologische Grundlagen von Pädophilie und sexuellem Missbrauchsverhalten gegen Kinder
NGO	Non Governmental Organisation
NPS	National Probation Service
NSPCC	National Society for the Prevention of Cruelty to Children
PCAS	Programa de Control de la Agresión Sexual
PIT	Individualises Treatment Program
PPL	Practicing Better Lives
PRIKIP	Program Prevention of Recidivism and Impulsive Behaviour Control
PS ČLS JEP	Czech Psychiatric Society
PSI	Problematic Sexual Interests
RELIVE	Relazioni Libere dalla Violenza
RISE	Criminal Sanctions Agency Finland
ROS	Relations and coexistence programme

SAA	Sex Addicts Anonymous
SAPROF	Strucured Assessment of Protective Factors
SeNat	Sex Offender Therapy Program
SéOS	Specialised Listening and Guidance Service
SFSC	Société Française de Sexologie Clinique
SISO	Social Action in Violence and Sexual Abuse of Children
SNSC	Syndicat National des Sexologues Cliniciens
SS ČLS JEP	Czech Society of Sexology
STOP	Service Téléphonique d'Orientation et de Prévention
SVR	Sexual Violence Response
TAG	Ke word used by browsers, translation systems and search-engines
UNICEF	United Nations International Children's Emergency Fund
UPPL	Unité de Psychopathologie Légale
WWP	Work With Perpetrators

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GETTING IN TOUCH WITH THE EU

In person

All over the European Union there are hundreds of Europe Direct information centres. You can find the address of the centre nearest you at: https://europa.eu/european-union/contact_en

On the phone or by email

Europe Direct is a service that answers your questions about the European Union. You can contact this service:

- by freephone: 00 800 6 7 8 9 10 11 (certain operators may charge for these calls),
- at the following standard number: +32 22999696, or
- by electronic mail via: https://europa.eu/european-union/contact_en

FINDING INFORMATION ABOUT THE EU

Online

Information about the European Union in all the official languages of the EU is available on the Europa website at: https://europa.eu/european-union/index_en

EU publications

You can download or order free and priced EU publications from EU Bookshop at: <https://publications.europa.eu/en/publications>. Multiple copies of free publications may be obtained by contacting Europe Direct or your local information centre (see https://europa.eu/european-union/contact_en).

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